

<b>Written By</b>	<b>Eloisa Lytton-Hitchins</b>
<b>Location Written</b>	<b>Kentucky, New South Wales, Australia</b>
<b>Date/Time</b>	<b>18 September 2014</b>
<b>Title</b>	<b>Decision to Share Family Interactions Publicly</b>

### **Eloisa's Comment**

*I have made a decision to have no more contact with my parents after they have consistently conveyed their anger towards me and others and treated me and others in an attacking and abusive manner. I am estranged from the rest of my family and have been for some years.*

*I have tried very hard to have a relationship and mend the issues between my parents and I. I feel that they are heavily invested in me being as they want me to be - meeting all their addictions - rather than how I am. When I do not do as they think I should, they get angry and abusive as can be read in the email correspondence below.*

*I feel my decision is reasonable.*

### **A little bit of Background:**

*Only a couple of years ago I would have told you that I had an idyllic childhood with the 'best parents' and 'best, most supportive family' in the world. I would have told you that they loved me unconditionally and were supportive and 'there for me' through everything. I would have told you that I only had 'good' memories, and those that were not so 'good' were my fault because my parents 'did the best they could'. In fact I would have tried to convince you of this if you had even thought to disagree with me.*

*This I have seen first hand is not the case and that the family structure that I held so dear and as so 'loving' is actually, in many areas, the opposite.*

*Unfortunately and sadly the world has been mis-educated about love and about a whole heap of things. Families end up like cults, if you agree you are accepted, approved of and 'loved' (I have put 'loved' in inverted comma's because it doesn't actually feel like love, it is more an emotional barter system for approval, in an addictive environment to continue to support the family belief systems, avoid feeling emotions that are painful and raw and uphold what has been put in place to 'keep the peace', 'keep it nice'.)*

*I used to think I was close to my family and that I knew them well, that no matter what happened we would always be close. I have found the opposite to be true. What I used to think my family were like, I have realized is how I desperately wanted it to be. I was hoping for it, but it was an ideal, not the reality. I dreamt of it being as I made it up in romanticised stories for myself. My memories and feelings don't match up to the stories I wanted to tell myself. I created a facade, a false image to keep me in denial and away from the real feelings of my childhood.*

*When I began a process of self discovery (three years ago doing it in a more sincere way and dabbling in it for two years before that), memories began to come back to me that I had kept squashed down low and out of sight in order to maintain the self deception that I had a loving caring family. I began to say how I felt to my family, say what it felt like for me as a child growing up in 'our' family, share memories of how I was treated by my parents, 'close friends of the family' and my siblings with them personally, and with other family members, all the things I had 'hoped' were true were proven not to be.*

*I was sexually abused by my brother when I was under 7 years of age. I had not spoken about this to anyone in detail, in fact I had told myself it was nothing. I had spoken to a friend about it when I 19 after my sister had spoken about it at my mum's third wedding ceremony, but when my friend said that a similar thing had happened to her with her brother and she seemed totally okay about it I figured there must be something wrong with me. The shame when I mentioned it, the terrible feelings in me and the feeling that what had happened was somehow 'wrong' and 'off' I told myself must just be because there was something wrong with me and I was 'bad' in some way. I chose to pretend it hadn't happened, to deny it and not talk about it again, so I just stuffed all the terrible feelings down again, told myself what my parents believed 'it was child's play' and didn't mention it again until I was thirty.*

*Then there was a turning point.*

*I had married and had three children within 3 years and for various reasons everything in my life was getting turned upside down. I had discovered God's Truth - through the teachings of Jesus and Mary Magdalene - and various teachings that made me question the stories and facades I had built around myself as 'protection' (it was an illusion of protection because I never actually felt protected by what I had created). I had been living in fear for years and finally things just got too much. I had vivid memories and feelings of things that had happened to me as a child, I began to actually feel parts of them again and the pain and memories were real. As I have felt little pieces of traumatic experiences from my past, my life has improved and the Truth is setting me free, Truth truly is the antidote to fear. Every time I face another part of how my life was as a child and sincerely feel it, life gets 'lighter', it feels 'easier' less energy spent trying to avoid and deny it and I feel better about myself personally. My sense of self is growing and I feel like I am not the 'bad', 'wrong', 'terrible' person who is to blame for every bad thing that happened to myself and those around me (I still have more to go to feel as God feels about me - that I am the pinnacle of God's Creation).*

*At the very beginning of my soul searching I wanted a lot from my parents and family, I wanted them to love me no matter what, to be interested in my new and exciting discoveries, to want to investigate **with** me. I felt afraid to 'lose' them and didn't know what I would do without them. I got angry at them at times when they didn't listen to me or hear me, and angry that they were treating me harshly, when all I wanted to do was speak about my feelings.*

*Over the past two years my fears have been exposed and the emotions I feared have come up for me to feel. I now don't have the same desire for my family to agree with me, what they choose to do is up to them. I have been on the receiving end of so much attack now that I actually prefer to not engage with my parents at this time and feel that until something changes we will not have a relationship. This took me years to get to this point of feeling sincere about it. I said it right at the beginning but it took me a long time to actually truly mean it emotionally and it be more than just words.*

*I have wanted to give opportunities for mum and dad to show me they love me over and over again but it has not happened and now it is time for me to let that expectation go and allow the deep sadness to flow. What I am wanting to convey here is that I have not been 'perfect' with how I have dealt with the situation with my parents. I am not 'right' and though I have often wanted to make 'a point' that hasn't worked either. I have had to discover the truth through a process of being honest and through this I have learnt more about Love and about the feelings that are really within me along the way. It has been a growing process that has been painful and also brought more joy to my life.*

*I am able to see more clearly that I was mis-educated about love, I was taught to self punish in order for my parents to avoid their feelings, I was taught that parents are right and I (the child) was wrong. I was taught many things that created a lot of pain and now I am realising they are not the Truth from God's perspective and they are just false beliefs I have harboured and I can release and change those through a simple emotional process, I feel that my life is getting better, I feel that I have even had fleeting moments of real joy and excitement and it feels good, grows my faith in God's Way and that I can change for real and lasting!*

*When I began this personal discovery process, I wanted to know who I really am, what is inside me, where I am engaging in untruthful and sinful actions and how I can grow towards love and change my soul. I also wanted to speak with my parents and siblings about things that they had done to me and find out about their side of the story. I wanted to be truthful about my experiences, acknowledge that they had happened and that they were wrong in a lot of cases. This did not go down too well in the family.*

*The issue that has caused the most reactive response was when I spoke up about being sexually abused by my brother when I was a small child. This is the issue for me which is unresolved and I feel the most important to be resolved before a relationship can grow again.*

*At the moment my parents tacitly agree with my brother and the abuse. They support my brother over me and would rather ostracize and ignore me than deal with their part in this issue. My brother cannot remember what happened and we rarely communicate. They see it as my problem and nothing to do with them. They blame me for the family 'break down' and cannot see that they have done anything to contribute to how our relationship is at this time. In regards to the sexual abuse, because it happened 'so long ago' I get the feeling from my family that I should 'forget about it' and 'leave it in the past'.*

*I sincerely feel that it is important for me to work through the issue of sexual abuse and not live in it for the next hundred years or more, I also see it as a process of releasing emotions which from what I have heard results in forgiveness. I have not done this myself yet so I am not sure about how it works or what the results will be.*

*When I talked to my brother and my parents about being sexually abused their responses were as follows:*

*My brother cannot remember the abuse at all.*

*My sister didn't want to talk about it at all as she feels she has come to terms with it. (She has not spoken to me for years now bar a few superficial conversations every now and again.)*

*My Mum said she didn't know about it, she just thought it was child's play and only when I got very distressed had she considered it to be anything more. She didn't speak or communicate with me in any way for months after that and if we did converse it was me making the contact and if we spoke about 'sweet nothings' all was okay and if we spoke about anything else it was not okay at all. I did not speak with my mother for about 18 months, I called her wanting to give her another chance to love me and the conversation consisted of her being condescending, angry at me, measured in tone, twisting everything to blame me and ended with no resolution and her not seeing any way forward in our relationship.*

*My Dad condescended to me, raged at me, sent me angry emails, letters, and raged more over the phone. We didn't talk for about 8 months, he dropped by un-announced when he thought he was going to die, to drop some letters off to me but didn't want to talk to me about anything at that time, even though I gave him the opportunity to stay and speak with me. I didn't hear from him for months after that and when I did again and said that the whole reason for my lack of contact was that he didn't believe me about being sexually abused he told me that he would need all the evidence before he believed me and that he couldn't speak with me over the telephone about it but had to have face to face contact. I had told him 18 months previously that I had been sexually abused and he had not mentioned it or spoken with me about it during that time. I felt off about this and ended up telling him over the phone. He was quiet and I think shocked and couldn't disagree that it was abusive. I have not properly heard from him since. He has called when I have been away and sent letters telling me he loves me and blaming me for how the relationship is at the same time. I now return all of his correspondence.*

*My Dad's wife, stepmother, has attacked me, Peter and Peter's family for years always wanting the last word. I have been manipulated through my hope that she actually sees my point of view but I feel that she has no idea about what I am speaking to her about. She believes she does, but her actions demonstrate otherwise.*

*My siblings don't speak with me for reasons unknown to myself but it always feels awkward and that much goes unsaid.*

*Each of my parents feels that they can rage, condescend, and abuse me in some way one moment, tell me they love me the next, and the next have conversations about 'the wether' and that somehow I ought to forget and not speak about how they treated me the time before. That I should accept this and be totally okay with it because they are 'my' parents and they 'love' me and I ought to 'understand' that abusing me is them just trying to 'help' me and show me they 'love me'. For my whole life I absorbed this and agreed with them. Now I cannot agree with this anymore. It is confusing, feels terrible, twisted and manipulative and I want to grow relationships based on real love & truth, not facade, approval, or fakery any longer.*

*I have been subjected to this my entire life and absorbed it. I agreed with the family until very recently. Now I feel that it is abusive. Though I still am open to accepting abusive behaviour towards my own person I would not accept this behaviour towards the children in our care, and I would notice it much more acutely if it was anyone other than family members, I also feel I would have taken stronger, quicker actions if it had been towards another rather than myself. I feel there is a problem with this and as my sense of self grows so does the feeling that what is happening between me and my family is very, very*

*wrong especially based on the grounds that they say they 'love' me. I cannot agree that love acts in the way they are acting any more.*

*I have made a choice to not have my parents in my life at this time. I see in myself wanting to give opportunity after opportunity to them to love me for real and in a real way and I end up being abused over and over again. I need to feel the sadness I am so afraid of and allow myself to heal. To educate 'little Eloisa' about love and how loving parents would act, to teach myself about love and to release all the hurt and pain and feelings I have so that I can truly forgive for real and have different, truly loving relationships with the kids that I have desired into the world.*

*I feel my decision to stop all contact with my parents is reasonable.*

*There is part of me wondering what the use of sharing this with others is, partially due to my fear that they will continue or increase their anger and attack of me and Pete and my friends. I have a growing feeling that being transparent is important. Thus I have attached the email transcripts of our 'conversations' so people have the opportunity to see and read for themselves the interactions between my family and I.*

*I feel that families need to get real about what they are and are not and the only way to do that is to be truthful, transparent and self responsible. Stop blaming others - both parents and children and start feeling and making personal choices to love in a real way. Stop the lies, stop 'brushing stuff under the carpet' or not mentioning 'the elephant in the room'. Yes it is confronting - at first. Yes it is painful - for a time, because everything that has been stuffed down deep to hide it, all the shame, guilt, fear, anger, all the feelings that we fear and are 'messy' are exposed and there is a process to go through to sort these out, but it can be done and when it is, wow, that will be a thing to celebrate. I have only begun this process, dabbled in it and my life is the best it has been yet and it is not even great - yet.*

*The anecdote to fear is Truth. Fear destroys. I know this for certain. Truth and Love allow the opportunity to grow in an infinitely positive direction. There is so much to be gained, so much to be discovered and found and healed in truly wanting to love in a real way!*

*I firmly believe, based on my personal experience, that until we are honest with what is really going on in 'our' families, and we want to make the choice to change for ourselves, we cannot change. There is so much abuse and pain created in children by the childhood environment - including family.*

*I feel that it is possible to have a loving family environment on earth and I am passionate about being honest about this in order to change and grow in a positive direction. To encourage families to be truthful, self responsible, and to love in a real way, as God loves.*

*The following is the correspondence and interactions with my family over the last years. There are things that my parents and siblings have said to me that are true and I have taken into consideration, and felt, continue to feel about and examine about myself, there is also a lot that is harsh, condescending, dismissive and attacking and completely untrue in what they feel and accuse me and others of.*

*I feel the attack towards myself, Pete and others can be clearly seen in the following correspondence. Other interactions with my parents have occurred by phone and letter.*

*My parents, particularly Jackie and Dad have also chosen to attack my friends Jesus and Mary, making false claims & accusations and blaming and involving them in many things that they have nothing to do with. Jackie has misrepresented the teachings of Divine Truth and has openly slandered, attacked, condescended and been out right nasty to these beautiful souls who teach about God, Love and Forgiveness. Jackie and Dad in particular have chosen to attack and blame Jesus and Mary rather than deal with the issues between them and I. They would rather attack and say that it is the fault of people they do not know and who's teachings they have not investigated extensively nor applied to their own lives than deal with the issues that are outstanding between them and I. I feel this is nasty, unwarranted, unloving and out of line.*

*My parents have told me that they love me consistently while at the same time abusing me and others (getting angry, manipulating me, ostracizing me etc.) I feel that my parents concept of love is grossly distorted and their actions demonstrate to me that what they want to maintain as 'loving' behaviour, I wish to never accept as a real concept of love again!*

\* \* \* \* \*

## **Emails From ALAN - DAD**

### **Eloisa's Comment**

***My intention with my interactions with my parents was to be open, honest and discuss my childhood as it had felt to me. I didn't intend to blame or hurt them in anyway, just tell them what my childhood experience in their presence had been like. I really wanted to have open, honest, truthful and loving relationships with my family and I felt that by talking about all the 'unsaid' things and beginning with all the pain would be a good place to start.***

***I envisaged a healing dialogue where we spoke, went off felt our stuff and then came back and continued talking. This did not happen. Instead I was attacked in various ways (different approaches used by different parents) including both overt and passive aggressive rage, being ignored, 'told off', and many other forms of attack. All of them reacted with various degrees and strengths of attack, Dad overtly raging often spirit induced rages in some cases, and mum & Jackie, overtly, passively aggressively angry & attacking or using more manipulative ways such as turning everything I said around and blaming me, to mum totally ignoring me.***

***At no time have any of my parents said they were wrong, that what I am saying may hold some truth or have actually happened. They see it as 'my truth' and 'my experience' which is subjective and doesn't match their experience so it cannot possibly be true. They also claim because they 'love' me that what they did was justifiable. I cannot agree with them on this issue.***

***Many of these emails followed phone conversations or are in regards to letters sent via post, thus not all the details are included and there are references to things not included within the emails.***

***As with my mum I continuously wanted to give dad the opportunity to love me. I felt like 'little Eloisa' just wanted to give one more chance with the hope that they would have changed and would be nice this time, or be open to seeing where they were attacking me. This never happened and the emails became more and more attacking over time, especially whenever I said what I really thought or felt.***

***I could have started earlier with other emails and letters but I have begun after Dad drove past our place and wanted to drop in at the last moment. I had a previous engagement and had also asked that Jackie not visit our home due to her overt attack of both Pete, his family and myself (can be read in 'Emails From Jackie' following these ones).***

***Once again I feel that the emails speak for themselves and any reasonable person will be able to see that this is not a parent treating their child with love, kindness or compassion rather it is an example of a self absorbed, narcissistic parent who is more concerned about themselves with the desire to blame their child for their own personal pain. Though words such as 'I love you' are sometimes mentioned, I feel the feelings and actions taken towards me do not match up.***

> From: [eloisalh@gmail.com](mailto:eloisalh@gmail.com)

> Subject: thanks

> Date: Wed, 26 Sep 2012 16:52:54 +1000

> To: [alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)

>

> Hi Dad

>

> Thank you for hand delivered post.

>

> Did you write the poems? some lovely imagery.

>

> I can obviously read a lot into what the words and meaning are in the poems.

> I would prefer to know what your intention was and what your meaning was clearly without making those assumptions.

>

> If you are willing to share your feelings on that I would like to know how you actually feel about what is going on and how you feel.

>

> I think Pete would also like to have a decoded version of your meaning also in his card.

>

> Thanks for the poems though. I still love poetry. smile.

>

> Sorry that I didn't see you today.

>

> As I emailed Jackie

>

> 'I am sure you knew some days before that you were coming down this way and if you had really wanted to we could have organised something en-route or return with Me\_\_\_\_. For what ever reasons that did not happen. and this time it did not work out impromptu.'

>

> It would have been nice to see you too dad. I do not have much desire to spend time with Jackie at the moment due to the way she has treated Pete and myself and the feelings that are coming from her towards myself and family at this time. I am happy to see her when she actually wants to work through these things.

>

> hope you have a really great rest of your holiday.

>

> From

>

> Eloisa

**Alan Drysdale <[alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)>**

**To: Eloisa Drysdale <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>**

**RE: thanks**

**30 September 2012 1:31PM**

Dear Eloisa,

As you well know, poetry is there to be interpreted by the beholder, it is an artistic experience for whomsoever beholds it. To paraphrase is to kill poetry and I don't intend to do that. If you enjoyed the poetry well and good and it can then be left at that level; if you didn't, the same goes.

It is a pity that we couldn't see you the other day, we don't pass that way very often these days. But, 'Such is Life', I believe Ned Kelly said before his execution.

With Love,

From your Father,

Alan.

**Alan Drysdale <[alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)>**

**To: Eloisa Drysdale <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>**

**Love**

**2 October 2012 8:25PM**

Dearest Eloisa,

I really love you, I always have and I always will. This is **my** feeling; please hear this. This is **my** feeling!!!!. You may feel something completely different to this - that is legitimate; but please recognise that that is **your** feeling and that we may well differ in our feeling perspectives; you don't have a monopoly on the understanding of feelings and neither do I. I am interested to hear what you feel; but I am not prepared to have you tell me how I

feel or should feel. Just recognize that we may have different feelings toward the same event. If you feel you don't love, or can't love me, that is **your** perspective and I can accept that, I find that an honest experience, but don't tell me if I love you or not; listen to my feelings; listen to my experience, **for me**, for myself; I then can, and will, listen to your feelings and your experiences - it just takes a little bit of mutual respect and acceptance of different feeling perspectives. I don't expect you to see events in the same way that I do or feel the same way towards them and it would be good if you could do the same. I find this a reasonable line to follow but I don't know whether you do or not - that is up to you.

I am interested to hear what your feelings are in relation to events from the past. The story of the Osh goshes and the stairs; as I say I don't remember and it does not register as a significant event for me. Obviously it is very significant for you. I hear that, I'm not judging it or trying to diminish its impact on you; I am interested in it as an objective fact and its significance for you. I am interested to hear of other such events and the feelings you experienced in relation to them. If you wish to send me a list of these events or wish to speak to me about them I am willing to listen, however as much as I respect the feelings you experienced, I would ask that you respect my feelings, in that they may well differ from yours.

With Love,

From Your Father,

Alan.

**Alan Drysdale <[alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)>**  
**To: Eloisa Drysdale <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>**  
**Love and the past**  
**7 October 2012 9:15PM**

Dear Eloisa,

I have been thinking about our conversations from this past week. I didn't catch clearly what you were saying at the very end of our last conversation as I was trying to listen and talk to Me\_\_\_ at the same time; I thought it was something about how you are tied up with me and that you hope you can free yourself from me one day - was that the gist, or did I get that wrong? I would be interested to know whether that was your drift.

What I did consider was the events we discussed, e.g. the osh gosh incident and I do remember you speaking of a potty incident in the past; a slap on the thigh, and as I said in a previous E-mail, I would like to hear of as many of these specific incidents as you can re-call. The reason being that they are events in which you perceive I was angry with you and put anger into you. I say I can't remember the events and when I look back to those times and re-call what I do remember it is that I don't remember any specific incidents when I was angry with you in particular. My recollection of you is such that you didn't do things that particularly angered me. I didn't find you an oppositional child, you weren't cheeky, rude or precocious, your personality didn't annoy me or aggravate me. My memories are of telling you bedtime stories, singing you songs, saying prayers with you at

bedtime. Telling you stories which you requested, on the way to school; walking on the forest, collecting flowers and leaves and blackberries out of hedges. Eating meals with candles burning, sharing birthdays [the wool to follow around the house until the present was found] and festivals - Christmas, Easter, Whitsun [dressing in white] etc. And much more - I remember these with joy - as joyous, rich and deeply moving times. I am not saying there were not times when I felt angry about something, but I don't recall this being because of you. Really and truly from my perspective the other events, the less palatable ones, have paled into insignificance for me and are meagre compared to the overwhelming joy and happiness those times hold for me in relationship to you. It is so much out of these memories that my love for you is so strong; you were an absolute joy in my life; a veritable gift from heaven and I thanked God for your presence in my life.

Given that this is my recollections, I also pay credence to the fact that there are memories of events for you that are disturbing and lodged deeply in you feelings.. I don't wish to ignore those or try to cover them up - they are very real for you. But can you also consider how I view that time [above], the painful time for me starts after my severance from you at, and after, divorce time.

Also in discussing matters with Me\_\_\_\_, we decided that a little girl might find an adult a strong personality, but given the opportunity to live around that parent into adolescence allows both the child and adult to adapt to each other as the child grows more competent in expressing their own personality and experiences and the adult learns to adjust their attitude and behaviour in response to the growing young person. You and I never had that opportunity and i believe it impacts on our relationship to this day. As you and I discussed, it may well be that the painful and awkward feelings from the divorce time which you may well have suppressed then, could very well be re-surfacing at the moment [ possibly with three pregnancies and three births in quick succession loosening your atsral and etheric and releasing locked up feelings]. There can be a tendency to want to project those awkward feelings onto others - I know this has been done to me, and by me, in regard to other people in the past.

Really working at love, especially the very difficult aspect of forgiveness [the most difficult aspect of love] is probably the best way for all of us to deal with this. If we can expand our understanding and living of love to this level is the greatest achievement we could attain, but it is a hard and difficult quest. It requires a profound interaction with Christ to work with love at this level. I hope and pray we can all find a way.

With Love

From your Father,

Alan.

**Eloisa Lytton-Hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>**  
**To: Alan Drysdale <[alandry29@hotmail.com](mailto:alandry29@hotmail.com)>**  
**reply**  
**8 October 2012 1:57PM**

hi Dad

I have the intention to reply to your email, but it might be a few days.

Love  
Eloisa

**Eloisa Lytton-Hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>**  
**To: Alan Drysdale <[alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)>**  
**lots of thoughts attached**  
**22 October 2012 10:18PM**

Hi Dad

I feel you are right about forgiveness being the best way to deal with this. I also feel forgiveness is a process of feeling everything that has happened to me, emotionally feeling and releasing it so that I no longer hold and guard all the hurt, fear, anger and pain anymore. (more on this in the attachment)

Quite frankly at the moment I have anger, sadness, fear about what has happened to me in my life. often I still choose to live in these states rather than releasing them.

I feel forgiveness will come. I feel at the moment I am at the stage of recognising what has actually happened to me and how damaging and wrong that has been and how little I have felt love in my life.

I am also putting the 'blame' where it belongs, with you and mum.

You and mum created many of the core or causal emotions within me, Just as your parents did the same to you.

I do not disregard the kindness, moments of love, and care you have taken of me during my life.

I want a full version of myself and my life and many of these things were painful, hurtful, harmful, wrong and I am now facing up to what it really felt like to be me and the full experience of my life so far.

You don't have to agree with me, you actually don't have to do anything.

I would often like you to, but you don't have to. You have free will just as I have free will and I am sharing my feelings and thoughts about what has happened to me. You may not agree and you may not like it. it is how I feel and felt and how I see our relationship at this time.

I feel that things can change and change rapidly and if in future you sincerely desire to address the issues that you created and need to be repaired by you, then I feel we may have a relationship again. And I would be happy to engage with you.

While you choose to be condescending, justify, minimise, dismiss, ignore, get angry, etc about what I am saying I feel, a relationship seems quite difficult.

I also think when I get to a point of true forgiveness it will be very different also and you may feel more love from me than you do at the moment. It might not mean I want to spend much time with you still though, I will wait and see because I don't know yet.

Attached is a letter of my thoughts and feelings that I have had since our last correspondence, and which I have finally had the courage to send to you.

Eloisa

### **Attachment Letter:**

Hi Dad

I am writing in response to our recent conversations and your emails to me.

In our conversation and the emails it felt to me that you still want to push your feelings onto me and ignore what I say or express. This doesn't seem to be the basis for any sort of relationship to me and it does not feel to me like you love me when you ignore my thoughts and feelings. The fact that you feel you have no responsibility or part in how your personal actions have affected me I do not understand. That you feel it is my stuff and it wasn't a 'big deal' demonstrates your lack of connection and concern for me. The fact that you justify your anger for example and even say some people 'need' anger I do not agree with and do not understand, especially with children. In my experience love, understanding, kindness is far more powerful than anger and control, if it is real love.

Based on your behaviour I don't really believe you are sincere about having an honest, loving relationship with me, if in the future you wish to, the following is an expression of my feelings and of the issues that would need to be repaired by you if we were to have interactions in the future.

In the past year you have been angry at me, blamed me for hurting you, been condescending, judgmental, critical, demanding that I validate and listen to you and I have felt much disapproval from you and/or Jackie and that I am 'wrong' for doing what I am doing, or don't understand what I am doing and am being influenced by others.

When I have expressed a different viewpoint to yours, or I do something you don't approve of I have felt these things. Through this I have come to feel that even though you insist that you love me, your (and Jackie's) actions demonstrate not love, but someone who is seriously and unhealthily invested in me as a person and has strong demands about how I live my life. I do not feel that love would not act in these ways. I suspect that if you were to observe your own behaviour displayed by someone else towards their child you would have far more clarity about what is loving, patient and kind and be able to see clearly that this type of behaviour is not loving and merely attempts to control the will of others and avoid responsibility for your own feelings. Although perhaps you feel that all fathers have the right to judge, criticise and yell at their children under certain circumstances. I cannot agree with this.

I do not feel you wish me a life of my choice, or freedom. I do not feel you are accepting of my choices when they do not align with your own viewpoints. I feel skeptical about you truly wanting to hear about my experience due to the fact that neither you nor Jackie have taken responsibility for the fact that for the past year (or how long we have not talked) through your anger, judgement, criticism, disapproval and rejection of me personally you have both tried to have me change my life to one that suited your own ideas. (Jackie has come to see us but that was for your benefit and to attempt to keep a 'bridge' open between you and I. As I said to her a number of times she cannot do

that because it doesn't work). Since you don't even want to apologise for your behaviour, and feel you have nothing to even apologise for, this indicates to me that you don't see anything wrong with what you have done and are therefore perfectly capable of treating me in the same way again and again and justifying it to me and to you.

I don't know how you feel about Pete, but Jackie has made it very clear that she thinks very little of him and that she feels he controls me totally. She has made no attempt to apologize and I suspect she feels she no need to do so and has done nothing that warrants an apology. This also indicates that she thinks her behaviour towards him is acceptable. The way that you have treated me and Jackie has treated me and Pete is unacceptable to me and I am beginning to realise I can choose to

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exclude people from my life who wish to treat me badly and then continue to justify it to themselves.

I often feel you don't actually listen or 'feel' me. I feel your 'shock' at our conversations about a year ago were much to do with this. I don't feel you really want to know me and though you have felt you have known me, I suggest you have known parts of me but not who I actually am fully. I feel like you feel you have 'lost' something with me when I wasn't even 'yours' in the first place. This 'loss' to me indicates that there are unhealed feelings in you from your childhood to do with this and it is not due to me personally that you feel these things (though often I have taken it personally and still find it hard not too do so).

I felt you knew your version of me, and some of that is true but I never felt you really wanted to know me and everything about me. I am still a bit skeptical about it. You have said you want to know about what has happened to me and a 'list' of incidents and my experiences from when I was a child. I am wondering why you want me to do that? I don't see what this is going to achieve for you or how a 'list' is going to help. I am interested to know your intention and why you think this will be beneficial. I suggest If you wanted to remember you would. In my experience when I want to know I 'remember' very fast. This goes for what has happened to me and also what I have done to others.

I feel that beliefs and emotions that are within me come from somewhere. From what I have learnt about myself recently these came from my environment mostly from when I was very small and many of these things have their causes with you and mum. Granted the reason many of them are within you and mum are to do with your parents and your own harmful childhood. Not everything 'negative' came from you and if I wanted to put it in percentages I could say much more came from mum due to spending more time with her. But there are things that were caused by you that now I am facing.

I feel that the origins of many of my beliefs and feelings I have had to have been created due to various events and things that happened to me. In fact I feel quite certain of this as I remember many of them vividly. I am aware of many things now that I had previously been in deep denial about thinking that it was 'best that way' but I have found that each thing that I leave un-examined and un-felt affects my life negatively and so I am looking at all the things that happened to me and seeing how they are affecting me now. I find it difficult mostly to actually work through and release them but I feel that will be a process and that I can do it but it may take longer than I first expected.

I was a child in your care. I was totally dependent on you and mum when I first came into the world and I was deeply affected by the environment I was born into. I felt everything from that time, you and mum controlled my environment and the emotions you directed towards me I absorbed. I suppose what I have been trying to tell you is that feelings inside me did not come from no where, or from past lives, they have a cause and many of those causes originated from actions you and

mum took when I was small. I absorbed everything without questions. I also gravitated to you more than mum when we lived with you as to me it felt like you needed me more. It also felt like you liked me more than mum did.

I do feel you and mum were directly responsible for things that happened to me due to your unhealed emotions. If you had worked through some of the emotions and beliefs then I feel some of the events would not have happened. They happened to bring up stuff within you as I feel children reflect their parent's unhealed emotions. And I have experimented with this and see a direct correlation.

An example of this is being sexually abused by M\_\_\_\_. I feel that both you and mum created this event and we acted it out. You both have denied sexual injuries, beliefs and feelings around sex and

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sexuality and this caused M\_\_\_\_ to act out these things with us girls. This has not been talked about bar once as far as I know in the family. M\_\_\_\_ does not remember it at all, I have asked him and he has no recollection of it. And S\_\_\_\_ does not want to talk about it. It has come up strongly for me as I\_\_\_\_ has also been sexually abused and I would really like to deal with the issue so that it does not have to span another generation. I can see how what has happened to me has affected I\_\_\_\_. I feel it is possible to stop this cycle by releasing the feelings in me. I do not feel it is easy and I am resistant to truly allowing all the pain, anger, fear and grief to come up but I do feel if I can release the feelings in me then I\_\_\_\_ will be able to grieve and hopefully not repeat things I have done and decisions I have made because of this event. It has had a very negative impact on me and my relationships and I am seeing the effects it has on my relationship with Pete and I would like to actually be able to have a relationship with him that is not affected by these things. At the moment our relationship is totally affected by this - negatively. (I do have to deal with it no-one else can do that for me now, but what you could do if you wanted to is look at what in you created it in the first place and the role you had in it due to the perpetrator being your son).

I find it often difficult to talk with you as I feel that you totally don't agree with me and want to persuade me to think otherwise, caution me against what I think or feel or tell me what you think and feel rather than actually genuinely listen to me and engage with me. Though I do not feel anger is justifiable I do have anger in me at how I was treated and what happened to me, that could have been prevented and was not. And I do find it hard to not blame you for some of it as I know that it didn't 'need' to happen and you did create emotions, beliefs within me that I am now attempting to extract and release. I find this challenging and often prefer to be angry rather than feel the terrors and deep grief I have locked up in me around these things. I have also chosen to direct anger at others including you. That you feel you have no responsibility for what has happened to me just makes it harder.

Funnily enough it is fine that you don't agree with me and that you don't believe what I do ( A year ago I wanted your agreement, I do not want that now.) What I find challenging is when I speak about how I felt about my experience and I feel you want to justify your behaviour (if you remember the incident) even when you don't you are not listening to my experience rather you are telling me how you saw it. I appreciate your perspective and I feel most of my life bar recently I have listened to and absorbed your opinions and thoughts very readily.

I have felt over the past while that when I have said how I have felt I have been met with anger, criticism, condescension, irritation, and justification amongst a whole lot of other things. I don't feel children are born 'bad' 'wrong' with emotional injuries that are individual to them, and I don't feel I brought these in from 'another life' as I remember them happening this life. I feel they were created in me by the environment I grew up in, a big part of which were yours and mums

unhealed emotions and beliefs. I can see correlations between parents and children and I can see clearly what I create in the children in our care through unhealed emotions and denying and projecting my emotions rather than owning them. I also am figuring out why I choose to behave in certain ways and it all links back to when I was a child and things that happened to me. Though you cannot change these things in me you did create them (not all of them or everything, but many things you personally did emotionally create in me.)

I hold a lot of fear within me due to the way I was treated when I was small. I also hold a lot of anger and pain with various events that happened to me.

Due to the fact that growing up I was so caught up in what you and mum thought and felt, your attitude and demands on me, and taking on your beliefs as my own, I never learnt to feel my own self and I had no good sense of myself as an individual. I felt so terrible about myself without your constant approval.

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I am the one who has to feel through this (as I said above) and I suppose the thing is that I have wanted you and mum to recognise the role you have played in these things. I have wanted to feel supported and loved through the process, both of which I have not felt. It is a demand and expectation coming from me that I recognise and realise is something that can only be gifted if someone else wants to do that. I am sad that you have not wanted to. At the same time I do not want it to be a fake thing to 'make it better'. I just have been interested and shocked at some of the responses I have received when I have voiced my opinions and my feelings and how people - you included- have chosen to act towards me.

I have been met with when I say what has happened to me and how I felt about it - feelings of anger, rage, dismissal, trying to convince me I am wrong, 'what's the big deal' I should obey the 4th commandment.

I have been made liable for your feelings, blamed for making you upset, told 'why can't you be nice like the other kids, the same things have happened to them and they don't treat me like you do.' I have found it interesting the reactions and feelings that have come towards me.

Most of my life I have chosen to remember the good things and there were some lovely things that happened in my childhood including acts of love from you that I also remember. I acknowledge your care of me and many kindnesses and moments of love from you dad. These are the things until recently I have clung to in order to avoid the pain of all the other times and it is the other times I am talking about in this email.

Unfortunately, as mentioned above, it was not all 'lovely', and often even in the 'good times' the feelings did not feel 'good' for me. I have never felt safe to express my emotions openly in our family and often when I have I have been shut down, ignored, dismissed or it has been attempted to explain it away, intellectualise it, justify it, met with defensiveness or barraged with beliefs of emotions being 'dangerous' to 'wallow' in which instilled a fear that emotions are 'bad' and 'wrong' rather than just being allowed to feel what I felt as it was, when it came up. I have especially never felt you have allowed me to feel sad about an action either you or mum have taken. you have either ignored it, been dismissive, defensive or condescending.

I feel there has been a lot of demands, expectations, neediness from you towards me as I was growing up. I feel that I had a 'job' of making you feel good. I did this without even thinking about it. I have done so many things in my life for your approval, for you to like me, think I am great. but inside it has not always felt great because I am doing them to get something often not because I really just love doing it or want to do it. I felt like I was your 'surrogate wife without the sex'. It

created feelings of being 'special'. I became 'addicted' to these 'special' feelings, but they came at the price of absorbing and sympathizing with your painful emotions and I became the person who would defend you and never criticize you. This was a huge burden that I carried without realizing it a lot of the time. It also created it to be difficult for me to have a relationship with any other man because of the ties that I had and actually still do have with you emotionally even now. I feel this was something you created as I fulfilled feelings in you that mum did not or would not and I feel this is wrong. Mum was your wife the things that you shared with me and actions you took with me I feel were things that should have taken place between you and your wife. I feel that for both you and mum you preferred that I had the role I had.

The thing is, I feel that you substituted a healthy father-daughter relationship for a more intimate one. I was not born to be your 'wife' or the 'special' female in your life. I was born to be myself, make my own choices and discover who I am and come to have a healthy relationship with a man of my own without always needing approval from you as a parent. I feel that the relationship you

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created with me was wrong as it didn't allow me to develop a healthy sense of myself, I feel a huge sense of shame and self-doubt due to your choice to use me as an emotional 'wife substitute'.

It has been difficult for me to do this due to the relationship I have had with you and the beliefs I have absorbed. You may or may not remember telling me when I was 12 that astrologically I would always have difficulties with men and never have a long term lifetime relationship with one man. You even suggested I may have children with different men. There were other comments that you made like this also during my childhood that have deeply affected me and created a lot of fear, doubt, and beliefs within myself that I am wrong, bad, flawed, in some way. I feel it is wrong Dad to create a relationship with your daughter/child that is to meet your emotional needs. I don't think it is uncommon, but I do feel it is wrong and has a lasting negative affect until that person disengages the emotional links which I am not finding an easy task.

The relationships with men I have had have been seriously affected by the experiences I have had with you. I have either sought out men who treat me similarly to you and done what they wanted to gain their approval or found emotionally distant men in order to avoid the fear of being consumed and made responsible for not only your emotions by theirs as well.

Due to the relationship we had I felt a lot from you, at times I feel you would be unaware of this, but I seem to have always known what is going on or had very strong feelings about it that I have found out later have been correct. For example I have been included in your affairs either intentionally or unintentionally since I was very young. I have known about these for what feels like my whole life. you sent pictures, postcards, videos, I read poems in journals you left laying about, you even took me to K\_\_\_'s place and were openly involved with her in front of me. I found this really difficult especially when Jackie also talked to me about her suspicions and feelings about affairs and I felt to be loyal to you I needed to openly lie to her though that brought me a lot of physical pain due to not being truthful and knowing what was going on in my heart was wrong. I don't hold 'moral ground' around this, it is not the affairs that are painful for me or that you wanted other woman than the ones you were with, it is the fact you were dishonest and actually lied about them and wanted me to collude with you and do this for you. Emotionally that has caused a lot of issues for me.

I have often felt completely overwhelmed and consumed by your and mum's emotions. My own feelings have not been 'as important' or have been set aside to make you feel 'good' or 'better'. Often as you have said to me your feelings were not about us, but your moodiness, anger, withdrawal have all left me feeling afraid, burdened and responsible. I feel both you and mum let

me down when it comes to helping me to have a healthy sense of myself, self esteem and creating healthy boundaries in our family.

I feel I have often been made liable for your feelings. That I have been your confidant. The person who is called to 'cheer you up' when you are feeling down. When have you just listened to me without demanding I listen back to you or hear you out also? I have played that role and liked it because it made me feel special, but what I have realised is that it was wrong to have been made to do that. I was not born to make you feel good, or to make things 'better' or okay. It has happened for as long as I can remember and when I was younger I had no idea of how to keep a distance between your and my feelings, I only knew that it seemed like I was 'good' and 'loving' when I agreed and commiserated with you. I had no sense of what was healthy and what was not. I feel now I was not made by God to be someone to cheer their parent/s up. That is not my 'duty' or my role. It has been my role because you and mum created it that way and I feel that is wrong. I don't feel you gave any thought of what this may have been/be like for me emotionally. As a child I was defenseless to know that you were setting up this dynamic with me. I knew only to seek love and I didn't understand

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until recently how flawed your version of love was and how much it has inhibited my growth personally and in relationships with others.

I want to address this issue of anger and love existing at the same time in one person, (I agree that someone can love while another is angry), But I do not agree that the same person can love and be angry at the same time. When I am angry there is no love coming from me at that moment. this applies to fear also. Love and fear, love and anger cannot exist in the same person in the same moment. And as a child every time you were angry I did not feel loved in those moments. What I felt was that I was not lovable, that I was not loved, that I had personally done something wrong. I didn't understand why you were angry, I didn't understand a lot of things intellectually, but I *felt* everything. I learnt how to avoid your anger how to please you so you would not get angry. I don't feel you put anger into me, I do feel that you created fear within me due to the anger that was projected out of you. And that is one of the reasons I am terrified of angry men.

We are all feeling beings and we interact at a soul level all the time. I am wanting to understand this more and understand what I am feeling and where it comes from.

This is not an intellectual exercise for me, this is about learning how to feel. Feeling is something I have denied for a long time and now I am 're-learning' how to do this.

I was wondering what you mean by 'forgiveness is the best way for all of us to deal with this?' I agree forgiveness is something that I need to do in order to move forward and from what I have heard in its pure form it is hugely powerful! For me I feel that forgiveness comes when I have allowed the full experience of what has happened to me and released that and then when I no longer have the emotions of that (though the memory will be there without it's emotional pain) then forgiveness comes automatically. I feel that until I actually acknowledge the truth of my experience and allow myself to feel it for what it was then it will be difficult for me to truly forgive. I can pay lip service to forgiveness but I would rather truly forgive than just say the words. (I haven't tried this personally yet, so I don't know for sure. What I do know for sure is the 'forgiveness' I have practiced in the past has not been real, it was a lie to myself to feel 'better' and it didn't work for me).

The thing is dad that for the first time probably ever it doesn't matter that you do not agree with me, it does not matter to me that we think different things, I don't want to engage long conversations about the differences at the moment but I do not feel the need for you to agree or 'come along with

me' on this journey. In fact even when you get upset and angry it does not affect me as it used to, though I do not want to continue talking to you while you are projecting that at me. I appreciate you for who you are dad, but I also want a different relationship with people now. I want to be True and honest and open and grow in my desire to love. I do not claim to be good at it or to be loving all the time but I am learning and finding a new way for me.

To me it feels painful but also like finally I have found a way I can actually know myself and God that is practical, do-able and works. It is about love. That is it, it is that simple. Do I truly want to grow in love for God, myself and others or do I choose not to love. It is a choice I make each moment. Often I choose fear over God and Love or anger over loving myself and others - these are all things i need to examine and feel emotionally as to why I want to do these instead of love. As I reflect and become more self aware I realise things that are not loving within me that I did not recognise before, it is a process. It does not excuse my behaviour when I am not loving to someone ever. I am beginning to trust God's laws and find out about how they work and they are an immediate feedback system.

The thing is Dad that the issues in our relationship have been played out in my relationships with other men. Due to the dynamic you set up between us. I have always remained emotionally

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'married' to you. Each of my partners has come a distant second to you in terms of closeness, respect and value in my life. I know that , not only is this true but that each of my partners felt this dynamic between us as well. I feel Jackie felt it too with some of the comments she has recently made to me and how she has treated me in the past also. This has been one of the most damaging of your creations. You invested in me in such a 'special' way to the extent that I now find it hard to connect to another man as my partner/mate, since emotionally you hold that position inside of me.

I find it really difficult when you are emotionally overbearing with me and are completely *lacking in recognition* for all that you have said and done in the past. When I confront these things in you and you get angry and defensive, as you have done numerous times and I find it hard to continue talking to you.

I feel you want the following things from me:

- 1 - That I never speak up about how your actions and emotions have impacted on my life and my feelings about myself, that I accept them, understand you and FORGET.
- 2 - Acceptance, approval and validation as a parent
- 3 - feelings from me that you are more special to me than other man i.e validation as a man
- 4 - That I live a life you approve of and have a partner you can feel superior to
- 5 - That I squash my true nature in favour of a character and personality that closely resembles your own and that you approve of
- 6 - That I absorb your rage, judgement and criticisms of myself without comment or protest of any kind.

I feel that until you address these things, especially the issue of your part in M\_\_\_ sexually abusing me that it is going to be very difficult to have a relationship with you.

I feel in future when we do speak, or if I see or hear from you, I feel these issues should be the first

that I speak with you about. If it is clear at that time you don't want to address these issues, I feel it is best to stop speaking with you until you do.

I feel that though you insist that you 'love' me, your actions towards me over the last year have proven otherwise. I feel you want me to go back to how I used to be so you can feel 'better'. I feel you and Jackie have been angry, dismissive, condescending, abusive, manipulating, controlling and dishonest. I do not believe these are aspects of love and it either indicates you have no idea about love or that you are lying when you have said you love me.

I feel that some of the time due to your and Jackie's own harmful childhoods, you actually seem to believe that you are justified in treating me this way and your desire to control me *is* love. The rest of the time I feel you just lie to yourselves or try and skip over the fact that you want my life to go 'badly' so I'll 'come back' to you.

I don't feel this is *real* love. Real love is allowing of others to follow the path they desire. It never attacks, judges or threatens as you have done. Real love doesn't use fear as an excuse to bully, real love doesn't use the people it supposedly loves in order to avoid their own pain. Real love listens, desires to right wrongs, it is humble enough to admit mistakes. You don't really love me and your actions at this time prove that you don't desire to grow enough in order to really love.

I want to be involved in relationships with people who love and want to love in a real way. Relationships that are based on truth with people who want to find out more about themselves and actually know me for who I am, not what they want, expect, demand or need from me.

Eloisa

**Alan Drysdale <[alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)>**

**To: Eloisa Drysdale <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>**

**thoughts**

**25 October 2012 9:05AM**

Dear Eloisa,

Thank you for your E-mail. I appreciate you trying to express your feelings and perceptions of your life. I find some aspects very interesting; some very contentious and I shall pass comment on these at a later date.

With Love,

From your Father,

Alan.

**Eloisa Lytton-Hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>**

**To: Alan Drysdale <[alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)>**

**reply and feelings on forgiveness**

**9 November 2012 4:19AM**

Hi Dad

I was thinking more about forgiveness recently and thought it worth replying more clearly. I also made comment in pink on some of the other things you wrote in the same email.

Given that this is my recollections, I also pay credence to the fact that there are memories of events for you that are disturbing and lodged deeply in you feelings.. I don't wish to ignore those or try to cover them up - they are very real for you. But can you also consider how I view that time [above], the painful time for me starts after my severance from you at, and after, divorce time. Here Dad you want me to consider how you felt and you don't really care how I felt which is how it has always been. it feels like 'yes eloisa you have pain, but look at me..' what you don't seem to be getting dad is that I have felt your pain most of my life more than my own because that is what you wanted from me, I know your pain (around certain issues). I felt your feelings and commiserated and tried so hard to make you better. it was tiring and exhausting and wrong. I was not made to feel your emotions.

Also in discussing matters with Me\_\_\_\_, we decided that a little girl might find an adult a strong personality, but given the opportunity to live around that parent into adolescence allows both the child and adult to adapt to each other in my experience what happens is the child learns how to make their parents feel 'good' and do what they want enough to get some 'love and approval' and really what is happening is the child is giving up their true nature in favour of being what their parents feel is 'right' and 'good' as the child grows more competent in expressing their own personality this I feel is condescending and belittling of children. A child already has a personality and expresses it naturally. They express themselves very clearly and beautifully when they are small and it is only as the environment pushes in on them that they then 'give up' their true personality, feelings and experiences and modify themselves into something 'acceptable' to their parents and or the environment they live within. and experiences and the adult learns to adjust their attitude and behaviour in response to the growing young person. You and I never had that opportunity and i believe it impacts on our relationship to this day.

. As you and I discussed, it may well be that the painful and awkward feelings from the divorce time which you may well have suppressed then, it is not only from the divorce dad, it began at conception. could very well be re-surfacing at the moment [ possibly with three pregnancies and three births in quick succession loosening your atsral and etheric and releasing locked up feelings]. it is not due to pregnancy, it is due to my desire to know everything about myself and remember what has actually happened to me and what I have done in my life and my desire to know WHY I am as I am and do what I do, rather than the fabricated lies that I have woven and the denial I have lived in for so long. There can be a tendency to want to project those awkward feelings onto others yes at times I do do this and I do not justify my behaviour. Like when I get angry at you, I know that is not okay and I know that it is not a demonstration of love in any way. I need to feel it myself and look under the anger. Often I just want to be angry rather than feel how horrid it feels underneath that so i project it instead. This is something that I will need to repent about as I have treated you poorly at times. I am also beginning to see the people who have perpetuated harm towards me and how their actions have affected me. One of those people was you. I am also owning more of what is mine and looking at that too. - I know this has been done to me, and by me, in regard to other people in the past.

Really working at love, especially the very difficult aspect of forgiveness [the most difficult aspect of love] is probably the best way for all of us to deal with this. If we can expand

our understanding and living of love to this level is the greatest achievement we could attain, but it is a hard and difficult quest. It requires a profound interaction with Christ to work with love at this level. I hope and pray we can all find a way. I agree that forgiveness is the way forward and the way to dealing with these and many other issues, and forgiveness will allow real love to be present. But before I can forgive I have to see the person who perpetuated this harm towards me, which was you. Once I see the full extent of the harm you have done to me, which I am starting to see, then I have the capacity to forgive you. I also have the capacity to forgive you even when you are not repentant, like you are not at this time for the things you have done. The thing is that at this time you are more than willing to perpetuate the same actions towards me and justify them time and time again and you will continue to do this until you actually do repent the harm you have done to me, which as I said before you do not want to do at this time.

From  
Eloisa

**Eloisa Lytton-Hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>**  
**To: Alan Drysdale <[alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)>**  
hi  
**28 December 2012 11:23AM**

Hi Dad

Thanks for the phone call at Christmas. It was nice to hear your voice. I still feel that there is a feeling that you want everything to be okay and nice between us but for me there are still many things that I feel are as yet unresolved between us.

I realise that I didn't talk to you at Christmas and only got a message and you may well have been willing to discuss the issues that I presented in my letter some time ago. Though I have my doubts as I feel if you had have wanted to really talk about these things you would have rung me over the last while since receiving the letter. Which you have not done.

I find it challenging at this time and confusing when I feel that people want to skip over issues and make things okay when I don't feel it is okay. It is like 'not talking about the elephant in the room' as I heard it expressed the other day.

Enjoy your travels.

Eloisa

### **Eloisa's Comment**

***Dad called me by telephone, he yelled at me on and off through out the entire conversation trying to get me to agree with him by using rage. He ended up yelling at me down the phone so loudly and so consistently that I hung up the phone, the following is the email I received later that evening.***

Alan Drysdale <[alandry29@hotmail.com](mailto:alandry29@hotmail.com)>  
To: Eloisa Drysdale <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>  
the hung up conversation  
18 January 2013 7:39PM

My Dearest Eloisa,

I am very concerned about the end of our conversation today - it needed to continue for me to gain more clarity on what you were trying to say; All I can comment upon is what I think you were trying to say. If I have it wrong please write and advise me otherwise. What I believed you were trying to say at the end was that I had sexual feelings towards you or that I projected sexual feelings towards you when you were a child. When I denied this you insisted that this is what **I had felt** and that I somehow imposed this upon you. At this point I became angry. Yes, I became angry; not because it is true but because of the imposition of you ideas, thoughts and feelings upon me, without really listening to what **my actual feelings were and are.**

For someone who wants her feelings listened to and respected your imposed feelings upon me which was hypocritical in the least.

This was one very, very important lesson Jacqueline challenged me with and taught me when I first met her: "Don't tell me what my feelings are, rather have the grace and respect to listen to what my feelings are." She was absolutely correct. Otherwise it smacks of pure audacity, presumption and arrogance.

So I hope you will have the respect to listen to my thoughts, feelings and perspectives on this.

As you well know I have had a number of sexual relationships in my life. I have also had many, many professional relationships with women; my line of work burgeons with female personell. Every relationship [ whether sexual, professional, friendship, family] is a separate entity; between the two individuals involved, and one relationship should never be compared or evaluated in regard to another.

In this area I am very well versed in the realm of feelings and I know from **my perspective** when my sexual feelings are aroused [highly, slightly or not at all].

One thing that is absolutely certain is that on no occasion, not even in the slightest iota have I ever had any sexual feelings towards any of my three living daughters. This is of the utmost clarity to me and before God. One of the great and beautiful things to me, is that I could have a relationship of pure love and female companionship with my daughters without the complications that sexual desire can so often bring to male/female relationships.

What **you experienced** sexually in regard to our relationship I cannot say; but I am absolutely sure about my feelings. You must be very careful in regard to projection in this area and I WON'T HAVE SUCH THINGS PROJECTED ON TO ME BY YOU OR ANYONE ELSE. I WILL VEHEMENTLY OPPOSE IT, AND IF I NEED TO GET ANGRY TO GET THE MESSAGE ACROSS LOUD AND CLEAR I WILL GET ANGRY.

It doesn't mean I want to close down the conversation on the topic, I am interested to listen to your feelings and perspectives, but please pay me the same respect and give a little credence to my emotional and feeling intelligence, I have developed it over a long period of time in association with God and insight from the spiritual worlds. It is not a glib or naive understanding.

The other issues in your previous letters will be addressed in due course. The events of today needed absolute and immediate clarification.

With Love,

From your Father,

Alan.

**Alan Drysdale** <[alandry29@hotmail.com](mailto:alandry29@hotmail.com)>

To: Eloisa Drysdale <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

Feelings

21 January 2013 12:44AM

My Dear Eloisa,

You have said much in your two previous E-mails. I will respond to a few points. Taking events in your childhood, you state: 'Just because you don't remember, or you don't agree with me doesn't mean they didn't happen or I didn't feel them.' I totally agree with you and at no time have I denied that this is what you experienced. I guess I am taken aback and surprised and even shocked that you carry such negative pictures and that you dwell on them so much. I guess I am incredulous. But I am trying to accept how you related to events.

The thing I do object to is when you try to impose your picture on me or your interpretation of what I was feeling and the source of my feelings. This is what disturbed me so much the other day. This whole thing about the **surrogate wife**. Please get this clear, this is your idea and your perspective only. And rather than discuss it with me and how I see or saw the situation, you attempt to impose your idea and feelings on me as though it were the truth of events [this is the very antithesis of what you ask of me: to respect your recollection of events and the feelings you experienced in relation to them]. The reality is that to get to the truth of events we would have to ask every person present as to their feeling reactions, then and only then, when we have accumulated the totality of every person's reactions would we be getting near the truth. One person's perspective is not the truth of the matter, seldom do any of us move from our subjective view and attempt such an all-embracing objective point of view.

So to give another perspective on some of the events you recall with regard to this **surrogate wife** bit:

- kissing on the lips - I have kissed all my children on the lips, as did my father and my mother before me. This is a perfectly natural show of loving affection between parent and child; to believe that there is something wrong with it I believe is a perverse perspective. I hope and pray that you kiss your children on the lips. If you don't I believe that this is very detrimental to their emotional well-being. From my parents Eloisa I really learnt what love was and is. My parents loved me with every last essence of their beings; I was a gift in their lives and they thanked God every day for my existence with them. They were not shy or afraid to show their affection and love. I am forever grateful to them for that revelation of love. Because I valued it so highly I wanted to pass on to my children the same calibre of love I had received; it was a high ideal to strive towards. I have obviously fallen far, far short. For this is probably the thing that shocks me most in your view of me is that to you

this love is not apparent and has gone unnoticed; all you you see is darkness and negativity; you choose to blame, condemn and belittle things that I held in such esteem and valued so highly. It is hard to swallow that you missed all the positives, and it is hard for me to accept such negativity [ i am try ing to teach the children in my care a much more optimistic outlook on life]; however I have to learn to accept that this is the way you view the events of your life. I am shocked and saddened by it, but I shall have to learn to accept it.

- Bay of Islands - I remember going to the Bay of Islands, Doug's house, dolphins, Russell flagpole, Cape Reinga; but no I don't remember the incident of my legs between yours; but as I said previously I have never had any sexual feelings of intent towards you at any time, so please accept that from my perspective I was not projecting anything sexually towards you. Obviously you have had a different interpretation. We will have to accept there are different perspectives.
- Talked about detailed sexual issues with me as your confidant - the only relationship that I discussed with you was K\_\_\_\_, and how old were you then, 20? I figured and you presented yourself as old enough and mature enough to be able to discuss such issues by that age. Obviously I miscalculated and so i am remiss here. As to discussing inner feelings in relation to life events, my mother and i sat down every afternoon with a cup of tea and talked through the joys and jublations, the concerns, fears, angers, sadnesses, humorous and intriguing personalities and events we met each day. It was avery intimate and personal expression of feelings. I am forever grateful for those dialogues. Time was given every day, nothing else was more important, no emotions or feelings were denied; it was a clearing ground each day. This level of conversation I have valued highly and tried to bring into all my relationships with people I valued or felt could handle relating at a deeper level of feeling. This is what i tried to bring to the relationship with my own children [ i still do with J\_\_\_\_\_ and M\_\_\_\_\_, and they both value it]. I also tried to bring to you what i feel is a perfectly natural and profound level of conversation totally appropriate between father and daughter or any parent and child. I am concerned that you put such a perverted twist on this and have missed the value of it.
- '...the emotional feelings that came at me felt wanting of me to satisfy feelings in you that I feel should have been satisfied by your wife not your daughter.'" Who are you assuming was the unsatisfying wife here, your mother or Jacqueline? Eloisa, this surrogate wife thing is a contrivance of your imagination. You may have felt uncomfortable feelings; that's your prerogative, but the explanation of it [this surrogate wife bit] is not your feelings from that time it is an intellectual overlay you have put upon it at some later date and which you now try to impose upon me and my relationships without ever asking me my perspectives. Please don't confuse the two things. I can accept your feelings, but I won't accept someone telling me what mine were when I am fully aware and conscious of my intentions.

Quite simply I loved my daughter, I tried to share my love and my being [light/dark; joyful/angry; exhilarated/depressed] in an uninhibited fashion with the belief that goodness and love triumph in the end - it has continued to be my belief and continues to manifest in such a way in my life. The only area it doesn't is with you.

I wish all the best on your path - I personally have severe reservations about it as i see it manifesting,{ I mean the eastern seaboard still exists, there were no volcanic eruptions, tsunamis, floods or tempests in Dec 2012, as we had been so insistently told would occur by Pete on our last visit to the farm in Sept. 2011. What happened? What excuse is being bandied about for the failure of the fire and brimstone? My picture is we don't live under a vindictive God as in the Old Testament [the Jehovah's Witnesses still adhere to this and 'the end of days' - it is totally fear based.] Christ, not Jesus, and the New

Testament provide more love for humanity as a whole than that] but I don't want to pursue that any further now.

I am going away early tomorrow morning on inservice and won't be back or reading E-mails until Thursday.

Take care and happy soul searching,

With Love

From your Father,

Alan.

**Eloisa Lytton-Hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>**

**To: Alan Drysdale <[alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)>**

**Re: Feelings**

**25 January 2013 12:06PM**

Hi Dad

I have answered your letter below in pink.

**On 21/01/2013, at 12:44 AM, Alan Drysdale wrote:**

My Dear Eloisa,

You have said much in your two previous E-mails. I will respond to a few points. Taking events in your childhood, you state: 'Just because you don't remember, or you don't agree with me doesn't mean they didn't happen or I didn't feel them.' I totally agree with you and at no time have I denied that this is what you experienced. This is not true dad as you state below about one comment that I make about what I felt, that it was a 'contrivance of [my] imagination'. So though you are saying that you agree with me here, you are not actually accepting my feelings as my feelings. You want to tell me that I am wrong and that I did not feel what I felt. You don't have to agree with me, which you plainly don't and I accept that dad. I feel sad too, that you want to convince me that what I feel was not true. For me dad what I have said is how I felt. I see that this shocks you and you cannot understand it and that is also fine. I also know what and how I felt and I trust my own feelings more than I ever have at this time.

I guess I am taken aback and surprised and even shocked that you carry such negative pictures and that you dwell on them so much. I guess I am incredulous. But I am trying to accept how you related to events. It is interesting that you perceive that I 'dwell' on the negative so much (yes I have and still do for small periods at a time, I am getting better at not doing so).

I feel though for me it is actually the fact of realising the feelings, feeling them and releasing them (this is the bit that is not complete yet) so I am still in them at this time. I have faith though that this will not always be the case. (this does not mean 24/7, it just means they come up from time to time and there is more to feel through at those times and in those moments, then other feelings come up and I have the opportunity to feel those the next moment, if I want to). I also find it interesting that you are unwilling and or unable to believe me about what has been created within me.

The thing I do object to is when you try to impose your picture on me or your interpretation of what I was feeling and the source of my feelings. Interesting that you feel me saying how I felt is me 'imposing' my picture on you. I am owning that it is how I felt. This is what disturbed me so much the other day. This whole thing about the **surrogate wife**. Please get this clear, this is your idea and your perspective only I feel you are telling me that I am making it up. And rather than discuss it with me and how I see or saw the situation you have told me that you think it is 'a load of crap' and that you never did this or felt this. You have said that to me when I first suggested it to you and in this email., you attempt to impose your idea and feelings on me as though it were the truth of events [ this is the very antithesis of what you ask of me: to respect your recollection of events and the feelings you experienced in relation to them yes that is what I would like, but it doesn't seem like you want to do this, and that is fine with me now (I used to want you to listen and hear me so much, now I just feel deeply sad).

It feels more that you want to tell me where I am wrong and what actually happened. That is okay, but I don't really want to be told that what I feel was wrong or didn't happen anymore. I would rather trust myself and my own process and find out what my life has felt like for myself from now on rather than taking on what everyone else thinks, feels and how they see it.]. The reality is is that to get to the truth The 'reality' as you see it 'To get [to] the truth' i feel is of use, but I feel somewhat differently about truth. I feel that there IS absolute Truth and that is God's Truth and how God feels about things. That is certain, and definite and that is The Truth if you will. Obviously I do not personally know a lot of things that God thinks or feels and I am on an adventure to find out. I base this investigation on the premise that God is Good, loving, and beautiful and loves me unconditionally no matter what I do or do not do. (If you want to know more about how to do this I am happy to share with you what I have found out).

I then feel that there is personal truth, this is my or your or someone else's experiences and feelings etc. This truth is not always the truth as in God's truth, but it is the truth of my experience (which could easily be in error). When you say that I have to get everyone's thoughts, feelings recollection of the events etc, that is fine and good in some circumstances but actually I would rather ask 'what is God's Truth about this? Is mine the same? if no okay something is out of harmony here what is it? and then emotionally find that out and heal it. Also my feelings are the truth of MY experiences. I realise that many times my feelings are in error and come from emotional injuries in the past, but it is still my truth (which may or may not need to be healed). You nor anyone else has to agree with it or have felt it and in the same situation I suspect others would feel very different due to their own experiences etc. But it is the truth of how I felt. I don't feel I need to know how you felt to know how I felt. It is useful to know how others feel about things and find out what others feel about me and being around me, that can at times be very helpful and interesting.

I suppose for me personally I have been so invested in others thoughts and feelings and approval that I have neglected how I have felt, what I have wanted and finding out who I actually am rather than others definitions of me. It has caused much confusion, fear and pain on my part which I am beginning to work through and discover what I feel and think and desire.

of events we would have to ask every person present as to their feeling reactions, then and only then, when we have accumulated their totality of every person's reactions would we be getting near the truth. One person's perspective is not the truth of the matter, It is the truth of my experience. And it might not be what everyone else felt, but it is what I

felt so it is true for me. (Also in some of mentioned situations I was not the only one who felt it was uncomfortable and inappropriate) seldom do any of us move from our subjective view and attempt such an all embracing objective point of view. I feel when I fully feel the feelings (that i did not feel at the time) that I will not need to hold on to them any more I will understand a lot more than i do at this time.

So to give another perspective on some of the events you recall with regard to this **surrogate wife** bit: I feel that below you have missed the point entirely that I was trying to get across to you and that is that it was the FEELINGS that accompanied your actions that felt inappropriate and uncomfortable. The same actions with different feelings feel very different and do not hold the same emotions.

- kissing on the lips - I have kissed all my children on the lips, as did my father and my mother before me. This is a perfectly natural show of loving affection between parent and child; to believe that there is something wrong with it I believe is a perverse perspective. I hope and pray that you kiss your children on the lips. If you don't i believe that this is very detrimental to their emotional well-being. From my parents Eloisa I really learnt what love was and is. My parents loved me with every last essence of their beings; I was a gift in their lives and they thanked God every day for my existence with them. They were not shy or afraid to show their affection and love. I am forever grateful to them for that revelation of love. Because i valued it so highly I wanted to pass on to my children the same calibre of love i had received; it was a high ideal to strive towards. I have obviously fallen far, far short not sure what you are implying with this last comment. I do not doubt that your parents had many good qualities and gave you many gifts dad but what you describe above feels to me like putting them on a pedestal about how great they were. I didn't know Grandpa so I cannot comment on him but my brief experience of Grandma Drysdale didn't feel like she was an all loving, accepting, open woman. Also i feel you are trying to live up to some sort of 'parental ideal' which I don't really understand, though I do feel, as I have said before, that you do have some major investments in being a 'good' parent which don't feel nice on the receiving end for me being a child.
- For this is probably the thing that shocks me most in your view of me is that to you this love is not apparent and has gone unnoticed; all you you see is darkness and negativity; you choose to blame, condemn and belittle things that I held in such esteem and valued so highly It feels to me you are really sad about this dad, and I can understand that. I feel it is sad, I suppose you have never actually asked any of us what our childhood experience was like for us as children in your company. It is hard to swallow that you missed all the positives I didn't miss all the positives dad. In the very first letter I wrote to you months ago I actually said this. I feel there were times when you were kind and caring and that you gave me a lot of wonderful experiences of which I cherish and value. There are also a whole heap of painful memories and experiences that i also had and both are part of me. I suppose that the positives I have always looked at and it seems fine when I do. But as soon as I mention the other parts of my feelings and childhoods you 'can't believe it happened'. Maybe you had a lack of self awareness about your actions, or you just didn't really feel others or think about the effect of your actions on others? I don't know. You have a demand and an expectation to be treated well, respected and listened to dad but you don't always do that with others - or at least it doesn't feel that you do., and it is hard for me to accept such negativity [ i am try ing to teach the children in my care a much more optimistic I don't recall using the word 'optimistic' and so am not sure about what you are suggesting with this comment outlook on life]; however I have to learn to accept that this is the way

you view the events of your life. I am shocked and saddened by it, but I shall have to learn to accept it.

- Bay of Islands - I remember going to the Bay of Islands, Doug's house, dolphins, Russell flagpole, Cape Reinga; but no I don't remember the incident of my legs between yours; but as I said previously I have never had any sexual feelings of intent towards you at any time, so please accept that from my perspective I was not projecting anything sexually towards you. Obviously you have had a different interpretation. We will have to accept there are different perspectives. **it is the feeling dad and I am not the only one who felt uncomfortable with it. S\_\_\_ did too. Once again it is the FEELINGS that accompanied these actions.**
- Talked about detailed sexual issues with me as your confidant - the only relationship that I discussed with you was K\_\_\_, and how old were you then, 20? I figured and you presented yourself as old enough and mature enough to be able to discuss such issues by that age **I feel some condescension in this comment towards me. I felt I was dad. I discussed similar topics with other people and I didn't have the same feelings as I did with you. It was not the subject matter that was discussed dad, it was the feelings that came from you towards me. With K\_\_\_ also there was as previously mentioned a lot of feelings about me keeping it a 'secret' as you had not actually been honest with Jackie and told her and she was talking to me also about her suspicions and feelings etc.. The feelings are what concerned me and made me uncomfortable, not the subject matter.** Obviously I miscalculated and so I am remiss here. As to discussing inner feelings in relation to life events, my mother and I sat down every afternoon with a cup of tea and talked through the joys and jubinations, the concerns, fears, angers, sadnesses, humorous and intriguing personalities and events we met each day. It was a very intimate and personal expression of feelings. I am forever grateful for those dialogues. Time was given every day, nothing else was more important, no emotions or feelings were denied; it was a clearing ground each day. This level of conversation I have valued highly and tried to bring into all my relationships with people I valued or felt could handle relating at a deeper level of feeling. This is what I tried to bring to the relationship with my own children [I still do with J\_\_\_ and M\_\_\_, and they both value it]. I also tried to bring to you what I feel is a perfectly natural and profound level of conversation totally appropriate between father and daughter or any parent and child. I am concerned that you put such a perverted twist on this and have missed the value of it. **Once again here it feels like you feel I am making all this up. I feel that you feel (and you have said) that none of this relates to you and has nothing to do with you. Why would I make things up and say things that about distressing experiences I have had if they were not real? I get you feel I have put a 'perverted twist' on things and that once again you feel that I am making it up and it was not real. I suppose there are a couple of options, it is true, parts of it are true, or I am making it all up. At this point we had very different feelings about some of the same situations.**
- '...the emotional feelings that came at me felt wanting of me to satisfy feelings in you that I feel should have been satisfied by your wife not your daughter.' Who are you assuming was the unsatisfying wife here, your mother or Jacqueline? Eloisa, this surrogate wife thing is a contrivance of your imagination. **it feels like you are angry here dad** You may have felt uncomfortable feelings; that's your prerogative, but the explanation of it [this surrogate wife bit] is not your feelings from that time it is an intellectual overlay **I don't feel you can say this dad as you didn't know what I felt at the time. And I suggest that you don't know what I feel now.** you have put upon it at some later date and which you now try to impose upon me and my relationships without ever asking me my perspectives. Please don't confuse the

two things. I can accept your feelings, but I won't accept someone telling me what mine were when I am fully aware and conscious of my intentions.

All these things dad it is not the actual actions (as said above). I have talked to other people about the similar subjects in different contexts the same things that you have talked to me about and though, at times, some of I have heard of what they have experienced has daunted me, I didn't feel as I did with you. It is not the actions dad it is the feelings that accompanied them.

Quite simply I loved my daughter, I tried to share my love and my being [light/dark; joyful/angry; exhilarated/depressed] in an uninhibited fashion with the belief that goodness and love triumph in the end - it has continued to be my belief and continues to manifest in such a way in my life. The only area it doesn't is with you. I am not sure what you are exactly saying by this. That I am the issue and it has nothing to do with you?

I wish all the best on your path - I personally have severe reservations about it as I see it manifesting, { I mean the eastern seaboard still exists, there were no volcanic eruptions, tsunamis, floods or tempests in Dec 2012, as we had been so insistently told would occur by Pete on our last visit to the farm in Sept. 2011. What happened? I feel like you are mocking me dad. I see how you feel this as when we told you about it I was in a lot of fear around it (which is still there). There is no excuse and never has been, Pete and I thought it may have happened by now to a greater degree. I actually feel that it will happen, it has already begun, but I also feel there are various factors influencing when it will happen. I also do not think it will be armageddon, or what ever, it is just a change coming to the earth (in a big way) and scientists are also predicating it as are various other cultures, there is no date that it will happen, but I feel it will. What excuse is being bandied about for the failure of the fire and brimstone? I feel you are angry maybe at AJ and Mary with this comment but not saying so?. And that you blame them for much of what I believe, think or feel? Am I correct or not with this assumption?. My picture is we don't live under a vindictive God as in the Old Testament I agree, God is not as in the old testament and never was. The bible has it wrong in order to support man's ideals and desire for punishment and hurt, to justify the actions they took which I feel were not loving at all. god is all loving and all Good. So I agree with you here. [the Jehovah's Witnesses still adhere to this and 'the end of days' - it is totally fear based I don't know much about 'the end of days' or Jahovah's Witnesses so I cannot comment.] Christ, not Jesus, and the New Testament provide more love for humanity as a whole than that] but I don't want to pursue that any further now I feel like you may be blaming AJ and Mary in your above comments for decisions and choices I am making and for how I am feeling. I feel your comments are quite angry and mocking and I don't get why you would blame others for things I am saying, thinking and feeling. What I have discussed with you or said, are my feelings and thoughts that come from those feelings. I feel like you have some issues with AJ and I am not sure about why or how you feel about that as you have not told me for a while, other than your disbelief that he is actually Jesus. (You can find out all about him on the internet if you want to under [www.divinetruth.com](http://www.divinetruth.com), or Youtube the divine truth channel, he is very open about his experiences).

For the record, In my experience AJ and Mary have no desire to manipulate people or get people to do anything. They are here to give a gift of their experiences in the spirit world and teach about, what they know about God and 'The Way' to God - creating a personal relationship with God and teaching that it is possible to be at-one-with- God or Christed for any person and that it is possible to do this while on Earth and not just in the spirit world. I feel what they teach resonates with my soul and I want to find out more and have a relationship with God (i do not need Aj and Mary to do this ( I like them and they are my friends), I am quite capable of doing it on my own and in fact it is a totally personal journey, not one that any other person can 'help' me with). (The talk they give

on 'The Way' is really interesting.) The teachings are not about Jesus or christ, they are about the way to a relationship with God, it is all about God.

I am going away early tomorrow morning on inservice and won't be back or reading E-mails until Thursday.

Take care and happy soul searching,

With Love

From your Father,

Alan.

Dad I find it really difficult to actually discuss these things often as I don't feel you believe me. And that is fine, but due to the fact that you feel what you feel is 'right' and that I am wrong it is not really a discussion. this is what I feel dad and though I see you are trying to make an effort intellectually to 'hear' me, I don't feel you really want to know my experiences and hear me. This is fine, but I feel quite exhausted and sad about talking to you about any more of it and feel it would be much better for me to just continue working on forgiveness, on letting my 'family' go and feeling how tremendously deeply sad I feel that both my parents do not really want to know and love me.

You have clearly stated that you are 'incredulous' and that what I have felt is a 'contrivance of [my] imagination', and that I am 'imposing' my feelings upon you. Dad I am not imposing, I was just trying to be honest for the first time in my life about how I felt about what has happened to me. It is now obvious you do not want to listen to me and you do not want to hear that. that is okay with me dad. I wont contact you again unless you make contact with me.

It feels like you are still angry with what I am saying Dad, and you feel it is perfectly okay to be angry at me. I don't feel you would be angry if there were not fears or grief or some truth in what I am saying. I don't presume to know which of these it is, but that is how I feel. I also do not think you would be angry with a stranger saying the exact same things to you as I am. In fact I feel you would probably treat a stranger better than you are currently treating me and believe them more than you do me at this time.

I hope your school year goes really well dad and that preparing for the year is exciting.

Eloisa

> **From:** [eloisalh@gmail.com](mailto:eloisalh@gmail.com)  
> **Subject:** false accusation  
> **Date:** Thu, 11 Apr 2013 09:42:46 +1000  
> **To:** [alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)

> Hi Dad

>

> I wanted to tell you that I made a false accusation towards you when I said that you slapped me on the thigh when I was little.

> I have been reflecting on that a lot as you were so adamant that you never hit me. I feel uncertain as to if you did hit me or not and feel that in the conversation we had that I said it

and that I am not certain that it is true in this instance. I realise that i may have caused you a lot of worry and pain over this particular accusation and that it is not fair to actually say something that I am not certain about. It just came out and I said it and in reflecting on it I feel I made a false statement.

>

> I feel yucky that I made this accusation and will look into the reasons as to why I wanted to do so.

>

> I am sorry Dad, no-one deserves to be falsely accused.

>

> Love

> Eloisa

**Alan Drysdale <[alandry29@hotmail.com](mailto:alandry29@hotmail.com)>**

**To: Eloisa Drysdale <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>**

**RE: false accusation**

**11 April 2013 6:22PM**

Dear Eloisa,

Thank you for your E-mail.

You say you are uncertain as to the circumstances of the event of which you speak. I don't remember the event at all or the specific circumstances.

There may have been times when I was harsh with you but as I have said in the past you were not a child who upset me or disturbed me on a regular basis. There are virtually no times that I can recall when your behaviour caused me sufficient disturbance of feeling for it to have remained a negative feeling memory for me. It is only the joyous occasions with you that have made sufficient impact to remain in my memory.

I realise you have a contrary view to me on this, however this is my reality.

I hope you are well.

With Love,

From your Father,

Alan.

**Alan Drysdale <[alandry29@hotmail.com](mailto:alandry29@hotmail.com)>**

**To: Eloisa Drysdale <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>**

**Desiderata**

**1 May 2013 10:37PM**

Dera Eloisa,

Class 7 recited this poem at a school assembly that we had this morning [Tuesday]. As they were reciting it, you came very clearly to mind and I felt compelled to send it to you. I'm sure you are familiar with this text, but great poetry like great stories are eternal and can and need to be brought to our consciousness for a fresh look at many different stages in life. Anyway, here's the text.

## Desiderata

Go placidly amidst the noise and haste, and remember what peace there may be in silence. As far as possible without surrender be on good terms with all persons. Speak your truth quietly and clearly; and listen to others, even the dull and ignorant; they too have their story.

Avoid loud and aggressive persons, they are vexatious to the spirit. If you compare your self with others, you may become vain or bitter; for always there will be greater and lesser persons than yourself.

Enjoy your achievements as well as your plans. Keep interested in your own career, however humble; it is a real possession in the changing fortunes of time.

Exercise caution in your business affairs; for the world is full of trickery. But let not this blind you to what virtue there is; many persons strive for high ideals; and everywhere life is full of heroism.

Be yourself. Especially, do not feign affection. Neither be cynical about love; for in the face of all aridity and disenchantment it is as perennial as the grass.

Take kindly the counsel of the years, gracefully surrendering the things of youth. Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with dark imaginings. Many fears are born of fatigue and loneliness.

Beyond a wholesome discipline, be gentle with yourself. You are a child of the universe, no less than the trees and the stars; you have a right to be here.

And whether or not it is clear to you, no doubt the universe is unfolding as it should. Therefore be at peace with God, whatever you conceive Him to be, and whatever your labours and aspirations, in the noisy confusion of life keep peace with your soul. With all its shams, drudgery, and broken dreams, it is still a beautiful world. Be cheerful.

Strive to be happy.

Max Ehrmann.

With Love,

From your Father,

Alan.

**Eloisa Lytton-Hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>**  
**To: Alan Drysdale <[alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)>**  
**Subject: thanks**  
**2 May 2013 7:23AM**

Thanks Dad for the poem.  
I hope things are going well with your 'new' class.

I heard from Jackie you have a full and busy year with lots of adventures! Sounds fun!

Love  
Eloisa

### **Eloisa's Comment**

***I was listening to one of Jesus' interviews on Abortion and had really strong feelings about some of my siblings in the spirit world. I thought my parents might be interested in listening to them as they have all lost children to miscarriage or death very soon after birth. I also feel it was about me wanting to make contact with them and still hoping that we could have some kind of real relationship.***

**Alan Drysdale <[alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)>**  
**To: Eloisa Drysdale <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>**  
**RE: miscarriage**  
**30 August 2013 10:49PM**

Dear Eloisa,

Nice to hear from you. I hope the title of the E-mail, 'miscarriage' doesn't reflect the on going conversation that will arise between us. [Joke!]  
I see you have attached a video that involves Alan Miller and I expect your questions arise out of something[s] he has said. I have only just perused your E-mail and haven't viewed the video. I believe I should do this first so that I have the context out of which you make your enquiries. After I have done that I will give your questions some seriously considered thought taking into account the deeper spiritual aspects that such questions require and then try to make an informed response. I will try to do that over the next few days, however I have a busy weekend ahead of me with 25th birthday celebrations of our school occurring this weekend.

I hope all is well with you.

With Love,

From you Father,

Alan.

**Alan Drysdale <[alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)>**

**To: Eloisa Drysdale <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>**

**RE: miscarriage**

**9 September 2013 10:25**

Dear Eloisa,

I have listened tonight to the video you sent me. I have also re-read the enquiries that you pose. Obviously there are deep spiritual aspects involved with these issues both at a public and personal level and I have considered both over the years, my experience in life deepening my understanding at both levels. I have worked through much of it, some things are more obscure to me. These things could be discussed in face to face conversations possibly -telephones and E-mails are not the ideal media for such interactions. But also our divergent understandings of human existence as an eternal alternation between the physical earthly plane and the supersensible spiritual worlds which involves individual spiritual responsibility on every human being's part, both physically and spiritually, makes it difficult to discuss with a sense of unbiased listening. You, of course, are free to make your own investigations into this area, pursuing these human beings. I've made, and continue to make, mine.

Warmest Regards,

Your Father,

Alan.

P.s. I hope the visit from M\_\_\_\_\_ went well.

### **Eloisa's Comment**

***Dad dropped by unexpectedly and unannounced at our home on his way to Victoria. He didn't want to stay and talk, even though I invited him to stay for lunch, hoping we could work out some of the issues between us. He chose not too.***

***The two handwritten letters (not included in these emails) when I read them felt like he was going to die or commit suicide. I later found out he had thought he was going to die, though he refused to speak with me about it via telephone. It was the first time I had actually seen my dad in approximately a year.***

**Eloisa Lytton-Hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>**

**To: Alan Drysdale <[alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)>**

**Reply to letters 1&2**

**28 September 2013 8:15 AM**

Hi Dad,

Attached is a letter in reply to the two letters you dropped by earlier this week. I hope you had/are having a good time in Victoria.

Love  
Eloisa

Tuesday, 24th September, 2013

Hi Dad,

I was surprised to see you at our door yesterday. It was good to see you though very brief. The Children thank you guys for their gifts.

Contrary to what you think I feel very, very, sad at how the family is at this time and what has happened between us. I feel really, really sad about the feeling of loss of what I so badly have wanted to be my family and I know I need to grieve the loss of the 'ideal of the family' I have so badly wanted. I have loved you so much dad and unfortunately when I have begun a journey of self discovery and just often expressing myself and how I feel I have been met with a lot of blame, ostracism, anger, various means to make me feel guilty and all I have done is say how I feel. I haven't wanted to remain engaged in being 'beaten' emotionally or verbally, thus the distance. I grant it has not always been 'pretty' but it has been more real and I find it fascinating that when I have been real with what I experienced as a child my 'family' has totally ignored me and or attacked me often overtly and then blamed me.

I feel that everyones actions have demonstrated where they are truly at, how they actually feel and what I have felt for a long time has been proved by the actions taken towards me. I don't feel your unconditional love of me. In your letter you still condescended to me, you don't accept me for actually being myself, you don't want to know the real me, you blame me for your own feelings blatantly and make me liable for your unhappiness when I am not responsible for your feelings Dad. You have not actually listened to me about many things and I don't feel you want to and that is totally okay with me.

I feel you imposing your beliefs upon me and I suppose much of what you accuse me of I feel you doing to me, it is funny how that ends up happening, smile.

Due to not actually spending any time with me over the last two years and various comments in your letters to me demonstrate *your* feelings and worries not the reality of who I am or what I do. Example: I have never 'thrown in the bin' or 'burnt to ashes' any of your correspondence though you seem to feel I would do this - Robin or Jackie may do this, I have never done this to anyone. I have always felt I have answered you as honestly as I can with where I am at and I have actually spent a lot of time and thought replying to you as honestly as I can at the time which I actually feel is an act of love not disdain or rejection towards yourself.

I have made a lot of decisions that have not been from a loving place. I would like to clarify that there are things I have blamed you for and then there are things I have said to you that you FEEL blamed about but which I wasn't blaming you for, I was just stating that they happened to me and you did them to me, you got really defensive about them even though I wasn't blaming you about

them. There are still things I 'want' from you and mum and others and I am examining these as I am beginning to see it is unloving of me to expect or want anything from you.

I don't feel angry at you at the moment, in fact I don't feel that I demonstrated any horribleness towards you yesterday at all. I was concerned for you and can feel how sad and distressed you are. I feel you feel that I don't like you etc. I genuinely wanted to know how you were doing.

I felt sad and some fears were exposed and I got some clarity on various issues within myself that I still need to work through in order to get to a true place of happiness and forgiveness. I feel forgiveness is a process and I will get there. I still have various areas to heal from when I was small and how I have been treated and you did create some of them, that is just the fact of it. I feel you don't want to actually see your part in the creation. That is okay but it doesn't mean you didn't willfully take the actions you took.

I felt from your letter that you are saying goodbye, I am not sure if that is because you want to die soon, or because you have given up on me as your daughter, or you don't have any desire for a relationship anymore (all these things went through my thoughts). You write about me in the past tense, say this is your 'final' thoughts, and write about your love etc for me in the past tense which feels to me like you no longer hold those feelings for me. It felt like I am 'dead' to you now. It also felt like you were saying goodbye for some reason.

I realise that you have a lot of pain dad and that the interactions between us have highlighted and brought to the fore these feelings, it is not my fault you feel as you do. It is not my fault and I am not responsible for your feelings. I don't know if you can feel it, but in both letters you are making me liable for your pain.

To address some of the statements you make in your letters:

#### Re Love

Yes I have had a very distorted view of love (which originally came from family), still do on many subjects. I am growing a desire to change this and actually love in a real way.

I am beginning to actually see where and how distorted it is and has been.

I feel much clearer on this now and understand some things much better than I did two years ago when we saw you last.

#### Re talking about Earth's Changes and 'brow beating' you.

I appreciate that is how you felt. On my part I am terrified about potential anarchy, personal violence and the results of major earth events. At the time of talking to you I was afraid for you and losing you and all sorts of other things. I still feel Earth's changes will happen and what we talked to you about will happen but I have no idea when it will happen. I agree that I was coming from a place of fear and not love talking to you about these things two years ago. If it was now I would probably not engage in that conversation as I realise in myself where there are areas I need to feel about before I am going to be able to have an opinion or feelings that are not tainted by fear. From what you have said you feel it is all over reacting and has no element of truth in it and that is your opinion and I am okay with that you don't ever have to agree with me.

#### Re Alan John Miller and the Divine Love Path

From my own personal experience I cannot agree with any of the accusations and statements that you make about AJ or the Divine Love Path.

What I feel, say and do are MY decisions and actions. I do not 'follow' AJ, I value his and Mary's friendship and all their knowledge about God and 'how to' become at one with God. I agree that many people on the so called 'path' are totally about blame and are very unloving to others. I feel

they treat others very badly. I too at times have taken damaging actions towards others and I own that and am accountable for the choices I made and make.

I feel I lived in fear for two years after hearing about the Divine Love Path and that it has been only recently that I have understood some basic principles about Love and God. I am conducting an experiment, for myself and finding out about this for me, so what I share

with you is what I feel, not what I have been told or am 'blindly' believing. I feel in the past I have often been 'blindly' led - often by my family - and for the first time in my life I am actually exploring something for myself and by myself well actually with God and myself.

The Divine Love Path is about growing a relationship with God, Love & Truth. I don't think what you are hearing are the actual principles or teachings of the Divine Love Path.

I feel you are wanting to blame AJ and the Divine Love Path for *my* behaviour and 'breaking up our family' rather than seeing that it is OUR, the families (your) and my actions and decisions (in this instance) and Our/your and MY understanding or lack of understanding about Love and God's way that created what has been created. It is our own personal choices, actions, intentions etc that create how we feel and where we are at this time. How our relationship is now is a combination of both your and my actions, it is not because of someone else, it is because of us and our decisions.

I find it interesting that you want to blame AJ rather than see that it is due to Our choices: my own fears, choices and actions and your own personal actions, feelings, choices etc that our relationship is as it is. For anyone who 'blames' and chooses to rage or take unloving actions towards another is their own personal decision, and not because of the teachings of Divine Truth.

From what I have heard and understand about the teachings of the Divine Love Path, they actually promote truthful, loving family relationships, healing the unloving aspects within families in order for a family to be as God designed a family to be - truly loving (God's way) with each other. Unfortunately we (the entire world) have a distorted view of love and family and so this makes it challenging and there is going to be some shake ups and disturbances within families as they become more in line with God's version of love. I know it is very challenging when emotional addictions don't get met and how easy it is to get angry and have a 'tantrum' about it to try and get the other person to meet the addictions again rather than feel the fears and grief underneath, it feels 'easier' to blame.

To me personally the principles and teachings of Divine Truth are so beautiful, They are about a loving God who truly cares about every one of her children and are a way in which the whole world could be ruled by Love not fear, anger, hatred, violence etc anymore. Love can change the world and we can be at one with God (we will never be God) but we can understand love as God loves and love as God loves if we desire to do so. I personally think this is one of the most exciting things I have ever discovered and am now experimenting with it to find out if it is true and how it works. No one else can do this for me, I can only do this for myself and I actually want to.

You will need to explore and discover for yourself about these things Dad (if you want to), I am not here to convince you or to persuade you in any way. I respect your differing beliefs, thoughts and feelings and I hope you will respect mine and see this as it is, about me and my relationship with God, I mention the above so you have an idea 'about where I am at with Love' at this time. I hear the fears in your concern and encourage you to look at why you feel so afraid about this, why you are so challenged by AJ and the Divine Love Path and why you want to put so much of the blame on someone (Jesus) you don't know anything about and who you don't actually want to even investigate about.

I can see that you may not want to and you don't have to. I know for myself that it is always best to find out and make my own informed choices based on first person experiences rather than second hand - often fear based - information or personal opinion.

You refer to me coming from fear and blame not love, in regards to my 'explanations, and behaviour towards [my] family members; [my]mother, [my] brother, [my] sister, [my] grandmothers and grandfathers is one of blame and retribution. It is not experienced or proffered as one of forgiveness based in love.' I was wondering if you can give me some specific examples of who and what you are alluding to here with each of the named above as you were not clear and I cannot comment on a very general and sweeping statement. Which Brother, Which sister, what exact incidents/actions etc etc.

You also say that I have 'alienated and damaged relationships with many people who loved [me] dearly and deeply. That [I] have foisted a lot of blame and not seemed to have given much time or consideration to understanding, forgiveness or love towards them.'

I find this comment interesting. I feel from your letters you are blaming me entirely for how it is between us. I would be interested in who the 'many' are and what exactly you are referring to. I suggest if these 'many' really loved me 'dearly and deeply' as you claim they do, that their actions towards me would have been quite different.

I feel that the first time (somewhat clumsily at times) I have been honest with my feelings, thoughts, and memories of what happened to me as a child. In just exposing these things and sharing them with you and other family members I have been met with harsh, defensive, attacking reactions. Your own reactions towards me stating my feelings have demonstrated these things. I suggest if you feel your actions towards me have been loving and demonstrated love towards me that your version of love is pretty off, I don't feel that unconditional love would treat me as I have been treated by 'the family'. I feel that if someone really loves they would offer compassion and kindness and a desire to know what was going on, rather than anger, defense, harshness, punishment, ignoring me and try and truly find out what was going on and what was happening? No-one 'has' to do any of these things, but to be honest they were reactions I had hoped were part of a 'loving family' and found them lacking in ours.

I feel what actually happened is that what I said brought up a whole heap of feelings in everyone and no-one actually wanted to feel what was coming up and own it for themselves so they found it easier to dump it back on me, ignore and actually blame and attack me to try and get me back to the old ways and so I would make it all better.

An example of this is me being sexually abused by M\_\_\_\_. Not once have you, mum or others, actually asked about it, been concerned about it or even seem worried about it Dad. Just because no one 'remembers' it doesn't mean it didn't happen. But in our family it seems that, that is the case around sexual abuse. Imagine if M\_\_\_\_ got raped now, what would you do? How would you feel? What actions would you take? Would you blame her? It is no different to what happened to me and yet everyone by their reactions seems to feel this is not a 'big deal', 'it's in the past' and is not very important, the only explanation I can find in myself is that everyone feels because it didn't happen to them or they didn't know about it it is not their problem. I feel any abuse is a family affair. I feel it is fascinating that this issue no one wants anything to do with what-so-ever. I find it really hard to believe you when you say you love me and are concerned for me and not once have you actually asked me about what actually happened. I suppose Dad your claims and words seem cheap in contrast to your actions.

You speak of forgiveness quite a bit in your letter and my lack of love towards people. I feel that I have not come to a point of forgiveness yet. I feel I will as I work through all that has

happened to me and as I grieve and release the fear of these things I will also come to forgiveness. I don't feel forgiveness is an intellectual decision (though it does start with my intention). Also my lack of love towards people, I figure you are referring to family here. I agree at times I have not loved you. I also feel at times I have actually acted in the most loving way I have ever done in my life. I have definitely loved myself more than I ever have previously. I also feel that you feel I have no love for you at all, I am a child who all I ever wanted was my mum and dad's unconditional love and I felt you were the centre of my universe to the extent of being my 'god's' emotionally. Imagine how distressing and devastating it is to find that this is all an illusion and nothing more than that.

You say in your letter that you don't know if 'the will exists to heal the frayed and raw nerve endings'. Are you referring to yourself here or to others and myself also? If you are referring to me, you actually haven't asked. and if you are referring to others I would be interested to know what this is about and why they feel this way. I felt on seeing you that you have given up on me and have 'resigned' yourself.

I feel that you don't feel I have changed, that I am still as I was when you last saw me. I feel different to then Dad and I feel that I will forever be changing and as I release false beliefs and old trauma, realise new Truths and grow in love I will change again, and again, and again, until I am perfected as God made me and then I will still grow even more and develop, discover and experiment. I have no idea of the possibilities.

You said as you left that you feel, that I feel, until you accept my experience we can't have a relationship. To an extent yes that is true. until you accept my version of me - which IS me at this time, rather than your version of me and what you want from me or want me to be. At the moment you don't believe anything I say to you because it challenges your feelings and beliefs. Due to that it is hard for you truly see and feel me as I am Dad. so that makes a relationship hard for me as I don't feel accepted or that you are even interested in me. I feel you are more invested in how I have hurt you and how you feel. I feel that you feel your feelings are more important than mine and that what I feel is of little consequence and is wrong because it doesn't match up to your experience. You do not have to believe me, you do not have to accept what happened to me, but it is part of me at this time, it did happen to me, it did hurt me and damage me and create a lot of terror in me and it is difficult to have a relationship with someone who doesn't accept my experience as valid and true. I am sincerely looking at those things now and I believe in time I will work through them and they will no longer have emotional holds on me and I will come to a point of forgiveness. I don't think that will mean I will back down on how I feel. I suspect I will be able to love you unconditionally at that point without any of the associated pain I have at this time. This is a process, and it's up to me to choose to engage it IF I want to.

I feel really, really sad about the loss of my dad, mum and family, but I am also noticing that God has made the universe quite different to what I have believed and as I let go of more and more false beliefs the world is a much more fun and exciting place. I didn't choose you Dad, you attracted me into your life because I could help your soul grow the most and you have the potential to heal things inside of yourself that are out of harmony with love due to knowing me (as it is with each soul we interact with, but especially the children we attract into our lives). God has made a totally perfect system that is completely based around love and if we go with God's process I have an inkling that life will eventually be more beautiful and amazing than we can imagine.

I hope you had/have a good time in Victoria.

Love

Eloisa

**Alan Drysdale <[alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)>**  
**To: Eloisa Drysdale <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>**  
**RE: Reply to letters 1&2**  
**13 October 2013 10:44PM**

Thank you Eloisa for your reply to my letters. I wasn't expecting a response. Yes I do need to respect your feelings and what you feel and your perspectives - that is your freedom and your prerogative, but I don't have to believe them as the one and only truth - they are *your* truth. You also need to equally respect my right to feelings and my perspectives, they are as equally valid as yours, but they are vastly different in many respects. We need to agree to differ. As to the law of attraction, it is mutual, if I attracted you, you attracted me and we both have to live with that reality. If it isn't seen as mutual well someone is living a lie. I hope you are well. You looked well when I saw you, that was good to see.

With Love,  
From your Father,

Alan.

**Alan Drysdale <[alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)>**  
**To: Eloisa Drysdale <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>**  
**M\_\_\_\_\_**  
**20 October 2013 1:26 PM**

Dear Eloisa,

I am writing re your accusations towards M\_\_\_\_\_ and your recent correspondence to M\_\_\_\_\_ regarding these accusations. Firstly it is an issue between you and M\_\_\_\_\_, you need to discuss it with him. Secondly you should discuss it with me next. But there are problems concerning this. In your recent letter to me you say: *'....not once have you actually asked me about what actually happened.'* There are a number of things I wish to say about that. No, I don't know what happened. Given the nature of the allegations, this is a very sensitive matter; it needs close discussion and close scrutiny. As a result such discussions should not be conducted by E-mail or telephone [these are totally inappropriate forms of communication for such matters]; it requires face to face discussion where questions and answers and different perspectives can be explored in depth and detail, over time. But given that I am banned from face to face meetings with you until I come contritely, cap-in-hand guiltily accepting your perspectives and version of past events as crimes I have committed against you, you have determined that there can be no dialogue between us. You have only raised this issue since you have prohibited me from visiting you. So rather than me being 'disinterested', or 'unconcerned', you need to realize that you are the one who has effectively blocked the appropriate form of communication. I really object to being accused of things that are untrue; look to the mote in your own eye before you accuse others.

As to your airing the issue with M\_\_\_\_, I also find this inappropriate and hypocritical. I do remember being castigated by you for having discussed my relationship with K\_\_\_\_ with you when you considered yourself of an inappropriate age or maturity to engage in such matters. Given that you were 20 years of age at the time and had had a number of sexual relationships, I find it hypocritical that you discuss such sensitive issues with M\_\_\_\_, who is 3-4 years younger than you were, has far less sexual experience and when you haven't explored the issue with those of us who are of sufficiently mature disposition to engage it. It is insensitive in the least and completely lacks wisdom or tact and I would ask that until you have discussed this matter with me, so that I can give M\_\_\_\_ some guidance, that you desist in discussing the matter with her any further - she has no-where to go with it and so she is left bearing a unfathomable burden which is really none of her business at this stage.

When I made my brief visit with you the other week, you began discussing sexual abuse in front of I\_\_\_\_. You may consider this 'kosher' Eloisa, and I know you have very little respect for experience, but I am going to make this point, I have been a teacher of children for the past 40 years, it is my vocation with hundreds of children on a day to day basis, so I do know what is appropriate and what is inappropriate, or the approach that is needed for sensitive issues to be discussed with children of differing ages. I deemed the issue as inappropriate at that time, place and its mode. You may be I\_\_\_\_'s mother and have your opinion regarding this, but I am her grandfather, and given my experience I considered it totally inappropriate and so was unwilling to discuss in front of the children. Further, either you have abandoned your own previous values of the appropriateness of issues to discuss in the presence of a young child or this smacks of worse hypocrisy given your objections re K\_\_\_\_ when you were 20 - at least you were an adult not a child of 6] . You have a lot of criticisms of other people's behaviour Eloisa, but it seems that it is OK for you to do as you like and totally defy the values you espouse to others when it suits you. There's no consistency.

Coming back to the issue with M\_\_\_\_, I don't know anything about it beyond the very brief outline you have given me. I respect that you have your perspective and feelings about the matter, I have no desire to deny you that. But as to my opinion on the matter, I will reserve my judgement until I hear all perspectives, ask many searching questions, think and meditate deeply and then deliberate over a long period of time trying to weigh all the factors and circumstances involved. I would want to form as objective and unbiased judgement as I could make. At the moment I completely lack any substantial information to make a critical judgement. And as I said I am only prepared to discuss this sensitive issue with you face to face, but as I have had severely restrictive sanctions placed upon me we are left in an impossible situation. You have created a Catch 22 [you want to discuss the issue, but you have placed a ban on discussion by prohibiting visits to you where the matter could be discussed]. It's impossible! Inconsistency, again, unstitches!

I hope life proceeds well for you, your marriage and your children.

With Love,

From Your Father,

Alan.

Eloisa Lytton-Hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

To: Alan Drysdale <[alandry29@hotmail.com](mailto:alandry29@hotmail.com)>

**Re: M\_\_\_\_**  
**24 October 2013 4:03PM**

Hi Dad

I received your email.

I felt you (and quite a band of abusive male spirits) were furious at me, wanted to control, manipulate and blackmail me emotionally to do what you want me to do. (I suspect this is covering a lot of sadness and fear, that you don't want to feel and would rather rage and blame me than feel about.)

I notice that it doesn't seem like you have taken much notice of anything I say or have said in previous letters due to the actions you continue to take towards me.

You use words such as 'accusations and allegations' 'I will reserve judgement' 'meditate & deliberate' in regards to me being sexually abused. (I can clearly see why I didn't talk to you about it when I was a child as you would have probably acted in the same manner and I knew that in my heart. Your words, actions and reactions are not surprising to me dad as in my heart I knew this would be how you would react, I just had hoped that it would be different). I don't feel you believe I was sexually abused, I feel you feel I am making it up and lying. To be honest there are very few people who make up they have been abused. There are many parents who don't believe their children have been abused even when they are told and the parents project on the child/ren that somehow it is their fault they have been abused especially between siblings, I feel this is how you and mum feel at this time.

I have discussed the sexual abuse with M\_\_\_\_.

I have mentioned the sexual abuse to you and discussed it once with mum (both of you have not spoken to me about it since). Your actions spoke loudly as you have not actually mentioned it until now and when I tried to bring it up with you when you dropped by you didn't want to speak about it. It has been over a year or more since I mentioned it, that is quite some time to create an opportunity to discuss it with me had you truly desired to do so.

I invited you to lunch when you dropped by recently and we had a chance for the face to face conversation you have so desired and we could have discussed all of the 'sensitive' issues you wanted to and I would have been happy to do so. You didn't want to join us for lunch and chose not to take the beautiful opportunity that was presented. I was sad about this but totally respected your decision. I even tried to talk with you about some things before you got in the car and you didn't say a word about any of them, nor did you voice your concerns at the time.

You were upset that I mentioned the words 'sexual abuse' in front of I\_\_\_\_, I did not discuss details and you didn't ask so the conversation didn't go any further. You could have mentioned you felt it was inappropriate and I am sure Pete would have looked after the children so we could have discussed anything you liked alone further. At the time you didn't want to do this.

The issue of sexual abuse is an intergenerational injury in our family now spanning at least three generations and I suspect more. Issues of abuse (physical and emotional - I suspect

has happened in every generation) are also intergenerational and accepted in our family as 'normal' and these along with unhealed sexual issues created a perfect environment for sexual abuse to happen within our family.

I feel you are angry and pissed off at me about a lot of things including that I haven't wanted you to visit me. I feel you blame me and that I am just being 'unreasonable'. I actually feel it is due to your very rigid ideas on 'appropriate' forms of communication that have not enabled discussion on this matter. Though you don't like using phone or email, you could have, but you chose not to. Your actions dad were to not mention the abuse since I wrote to you about it. Your actions speak to me much louder than your words.

You use a very emotive picture, quite angry and vicious in the feeling it carries (cap in hand) which I don't feel is what I actually said. For reference: I said I didn't want to have face to face contact with you while you continued to rage at me (feel the latest email you sent me) and were not sincere or willing to actually look at the issues that are outstanding between us and your part in them. Your actions have demonstrated that you are unwilling to act in a loving manner, you continue to desire to project rage at me, blame and 'force' your opinions onto me - this is more a barrage than a conversation. Thus I don't particularly want you to come to my home and do that to me. I am quite happy to discuss the issue of sexual abuse on the phone but I wonder if there is much point with your current attitude and judgements on the issue as this time. I am willing to discuss any issue you would like to, but I don't feel like arguing with you or justifying what I know to be true. So if you are truly interested and want to know I am happy to communicate with you.

I am wondering if you actually read the e-mail I sent to Me\_\_\_\_? Or if you are going on what Me\_\_\_\_\_ told Jackie and then Jackie told you? If you have actually read my email to Me\_\_\_\_ I am at a loss as to why you feel I have discussed 'sexual issues' or my sexual experiences with her as I have not. I merely mentioned that M\_\_\_\_ sexually abused me when I was small and that you and Mum have ignored that issue and not talked to me about it since I told you about it.

I wrote how I feel about the situation. I was very clear with Me\_\_\_\_ that none of what I said in the email I sent to her was secret, she was more than welcome to discuss it with you and Jackie (which she did) and my mum if she wished as I have actually talked with you and mum about it previously so I have no problem in her discussing it with you or reading the email if she wished to show it too you, that is up to her. I am over secrets dad and control and it all being totally kept under covers. Things happen in families and if someone asks me I will be honest. If I am not honest I will sincerely look at the reason why I was not. I believe honesty is the only way to heal. In our family there has been incest/sexual abuse, It happened to me, I know and vividly remember it.

In the email I was stating a truth that happened to me when I was much smaller than Me\_\_\_\_. I am not sure why age is such an issue for you. Me\_\_\_\_ knows abuse happens and all sorts of other things, she is much more 'mature' than you give her credit for. She is caring, thoughtful and reflective and I trust if she needed help she would get it. I also feel you may not know her as you think you do. I feel Me\_\_\_\_ wishes all this hadn't happened in her family but it has. Why would I not say it if it comes up? If I am asked I will be as truthful as I can be at the time.

The issues of sexual abuse and engaging in sexual affairs are totally different in nature and context. The sexual abuse happened to me and was done to me by my brother, I was a child under 7 years old, I am not asking anyone to keep it a secret and as previously

said, you are all welcome to discuss and share the letters I have sent all of you if you so desire.

I feel that what you are getting upset about with my talking to Me\_\_\_\_\_ is actually quite a different issue to your affair with K\_\_\_\_\_. Me\_\_\_\_\_ asked me what was going on and why the relationship between You, Jackie and I is as it is. I asked her if she wanted to know the reasons why and she said she did, so I told her.

My issue with you and K\_\_\_\_\_ was not the sexual nature of the relationship you were having. My issue and what I felt was inappropriate was that you were asking me to lie about you having an affair to Jackie and the kids. Jackie was questioning me about your relationship with K\_\_\_\_\_ and due to your lack of honesty, truthfulness, ethics and integrity about the whole thing I felt I had to lie for you in order to remain 'your good daughter and honour my father'. K\_\_\_\_\_ and you both wanted me to collude with you and be 'part' of the affair and this was what I felt to be difficult and inappropriate. I wish I had just told Jackie the truth when she asked because I knew it was wrong at the time. If you had been honest with Jackie that you were having sex with another woman then that is between you and her, but when you chose to keep it secret and asked me to lie, it felt terrible and inappropriate.

I feel you have little faith in your daughters emotional intelligence and her ability to feel and work through tough issues. I feel that you are wanting to make me feel guilty and also that you want to control me and Me\_\_\_\_\_ with what we can and cannot say to each other. I will say what I would like to say to Me\_\_\_\_\_ and as I have said to her I will always answer her questions as honestly as I can with what I know. Me\_\_\_\_\_ and I have spoken quite openly about a lot of things since she was quite a bit younger, she has wanted to be treated with respect and to know what is going on. I feel Me\_\_\_\_\_ feels all sorts of things and often gets confused due to not being told what is actually going on. I suggest you are honest with her and how you feel, how much rage you feel towards me at the moment and stop faking that it is any other way. The sexual abuse is the major issue that is the source of the distance and upheaval of our family so in a way it is her business as it seems to be affecting everyone.

Me\_\_\_\_\_ is upset, angry and hurting with what is happening at the moment and I feel she deserves the truth so she can understand better what is going on. I will always be truthful with how I feel, and if I am not I will look at the reasons why. I have in the past encouraged her to talk to you and Jackie about how you feel and what is going on for you as I feel that is important too. I also encourage her to feel for herself, be herself and be honest and trust her feelings, she is quite astute and I admire her desire to be honest, know what is going on and make her own decisions.

I am sure you and Jackie are censoring what you tell her and don't tell her, I will be very honest with where I am at and what I feel is going on, as that is how I would like to be treated. I would also be this way with any other person who asked me outright. Me\_\_\_\_\_ is just trying to figure out why the family is not as it was and to me she feels distressed about all the 'unsaid things' that are hanging in the air. I understand this, as kids we feel what is going on and when our parents lie to us about the truth I feel that it is very damaging. I feel it is better to know the truth than not know it. (I don't mean with all the emotional projections or always graphically with all the details - unless they actually specifically ask about those things.)

You said:

*'Coming back to the issue with M\_\_\_\_, I don't know anything about it beyond the very brief outline you have given me. I respect that you have your perspective and feelings about the matter, I have no desire to deny you that. But as to my opinion on the matter, I will reserve my judgement until I hear all perspectives, ask many searching questions, think and meditate deeply and then deliberate over a long period of time trying to weigh all the factors and circumstances involved.*

I found it pretty condescending and dismissive that only your 'opinion' seems to matter on whether I have been sexually abused or not. Your actions & words demonstrate your lack of love, compassion and care of me, and once again you basically say in the above paragraph you don't believe I was sexually abused and I am lying. Why you wouldn't believe a 32 year old women on such a serious and emotionally, spiritually, mentally, physically, behaviorally etc damaging matter baffles me. I have not often lied to you Dad in my life and to be honest why would I suddenly make up a 'memory' of abuse. Nobody who has been abused wants to have had it happen to them. Believe me I WISH it hadn't happened to me!! But it did. I can now begin to heal and part of the healing is being open and honest about what happened, this is part of the process of healing and breaking the abuse cycle.

This statement feels like you are the decider of what did and did not happen to me. It makes me feel that you don't believe me that it happened, that you are skeptical that it is sexual abuse and that really your judgement and opinion matters more than mine, so really dad I don't see how any of the above is helpful. What you are saying in this email is you don't believe me and that I am lying, that this is my perspective and not necessarily true. I ask you dad is it only sexual abuse if everyone 'agrees?' It seems to me in our family that when a child is sexually abused or something happens to a child it is negotiable and less valid than if it happens to an adult. It feels in our family that there is this belief that children make up how they feel and what they experience. Children are not believed, unless it matches with the parents viewpoint, experiences and decisions. I also suggest that judgement is something where someone else passes sentence rather than accepting someone else's experience. It suggests your interpretation and feelings are more important and valid than my experiences and feelings.

I find your reactions towards me violent, controlling, manipulative and at times blackmailing. I feel in the past your anger has often gotten you what you want, including getting me back 'into line' by the mere threat of violence (in this case rage). Though it still affects me Dad I can see that it is not okay to act in this manner towards another person. I doubt you would talk to a stranger in the manner you do to me (I suspect you would treat them better than you do me - yet you claim to love me more). You claim to love me when you treat me badly dad. I don't feel love coming from you towards me very much and I feel you have quite a flawed concept of love to claim you love me when you choose to attack me.

Eloisa

**Alan Drysdale <[alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)>**

**To: Undisclosed recipients & Eloisa Drysdale**

**Great Aunt Win**

**24 February 2014 9:06 AM**

Dear Children,

I just wanted to inform you of the death of your Great Aunt Win, who died in Warragul in Victoria last Thursday. Her funeral is tomorrow [Tuesday] and I am going down for the funeral.

I mention her to you for two reasons

1. You all met her when you came over to Australia and stayed with my mother that summer, and
2. She is the last of the living relatives of that generation to pass over.

She was married to my uncle Wilfred Vickerman [Whom we all called Vicky], he was my mothers younger brother. I have stayed in touch with their son J\_\_ [Wilfrid J\_\_] who is my first cousin. M\_\_ you have met D\_\_ V\_\_ and this old lady is his grandmother.

Anyway, I just wanted to let you know of a relative from my side of the family. She was an important figure in my early life.

With Love,

Dad.

Eloisa Lytton-Hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>  
To: Alan Drysdale <[alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)>  
Re: Great Aunt Win  
24 February 2014 6:21PM

Hi Dad

Thanks for letting me know Aunty Win died.  
Hope it goes well in Victoria.

Love  
Eloisa

### **Eloisa's Comment**

***Dad contacted me some time after this unexpectedly, having woken one morning with a very strong desire to come and see me and speak with me about the sexual abuse with my brother. I was excited as this was what I had waited so long for. I agreed in the moment but there were a number of things he said in the conversation that felt ikky and off and I reflected and felt about them overnight and called him the next morning asking what his real motivations and intentions for coming to see me were.***

***I didn't actually feel it was okay to come and see me as it felt like he wanted something and that nothing had actually changed. As we discussed this he vehemently disagreed with me. I spoke frankly, openly and truthfully to dad and brought up the sexual abuse and all the unanswered questions from previous emails.***

***Dad said he didn't want to speak about it over the phone. It ended up that I actually told him over the phone, it just poured out of me. Dad was shocked, I think he couldn't dispute what I said, but interestingly enough he has not spoken to me about it since. He has some issues with speaking over the phone. I agree that face to face is the best way to deal with issues, but that is not always possible and if the phone is the next best option I am happy to use it.***

***I got a couple of handwritten cards after this phone call and didn't hear much more afterwards.***

***The following email re 'gifts' was the last email contact I had with any of my parents and again my motivation was wanting to give them another opportunity to 'love me' and make amends. Once again it didn't work and couldn't because as long as the feelings in me remain unhealed and the issues between my family and I unresolved the same outcome is guaranteed and the same issues will continuously arise until they are truly dealt with.***

***After the responses to the email below and (some valuable council from some friends) I could see that all my 'hoping' is never going to change anything. I have been trying the same thing for two years with the same results over and over again. I feel this is proof that it is not working.***

***I learnt some valuable information and have a bit of a 'roadmap' now on how the process of forgiveness works and how to re-educate Little Eloisa about real love so she can give up 'hoping' and trying to convince others to approve of her. I feel it is up to me to re-educate little me and to love her for real, to face up to the deep grief and the fact that I would rather receive more abuse than feel that. This indicates I have a large fear of feeling my sadness and less fear about being abused - that seems to my logical mind to be pretty amiss, but that is how I emotionally have been acting and re-acting. It is amazing how illogical I am on many issues and subjects, particularly when I honour and live by the fears I hold onto so tightly.***

**Eloisa Lytton-Hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>**

**To: Eloisa Lytton-Hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>**

**Cc: Alan Drysdale <[alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)>, Robin Owens <[robinowens@me.com](mailto:robinowens@me.com)>, [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)**

**'gifts'**

**27 June 2014 5:33PM**

Hi Mum, Dad, and Jackie,

The children received the gifts you sent for I\_\_\_\_'s birthday this year.

I don't feel comfortable receiving 'gifts' from you guys for the kids (or me) at this time. They don't feel like real gifts, they feel like they have strings attached (emotionally).

I feel you have a lot of emotional 'hooks' & investment into I\_\_\_\_, C\_\_\_\_ and A\_\_\_\_ as 'your' grandchildren (as you have with me as 'your' daughter) and that part of the reason for sending them things is to reinforce these attachment with them.

It feels ikky to me.

Your actions demonstrate that you don't really want to have anything to do with me, you don't contact the kids or us in any way except at birthday's or sometimes Christmas, and I question your intentions and motives. Your actions towards me demonstrate you don't want to deal with the issues that are still unresolved between us and the gifts often feel like a bribe with the kids.

I feel to return any gifts you send to any of us at this time.  
Just wanted to let you to know so you don't waste time, money or effort in the future.

Best Wishes

Eloisa

**Alan Drysdale <[alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)>**

**To: Eloisa Drysdale <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>, [robinowens@me.com](mailto:robinowens@me.com), jacqueline cox-taylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>, [mahedrysdale@googlemail.com](mailto:mahedrysdale@googlemail.com)**

**Childrens' Gifts**

**3 July 2014 6:41PM**

My Dear Daughter Eloisa,

I have considered well your 'gifts' E-mail and I don't believe I can let this go unanswered, I find it very concerning.

I've looked up '*ikky*' in the dictionary but find no reference, however from the tone of the letter I'm assuming it means something negative. I like to deal in real feelings and this is where my concern really lies.

The gifts to the children from Jackie and I [I can't speak for Robin] were sent for I\_\_\_\_'s seventh birthday [a very important one in child development] out of love and goodwill, but as so often happens in recent times with you, when something is offered to you that is of a positive feeling nature you taint that positive offering by twisting it into something negative. The only '*strings attached*' to the gifts are the negative ones that you have superimposed, in your E-mail, after the gifts have arrived with you.

You '*question intentions and motives*', then automatically assume they are negative and then accuse and castigate us based on your assumptions. If you are unsure, or have doubts, the usual civilised thing to do is to ask, to check, to verify, and to hopefully allay unwarranted fears. To not do so is to assume and act and accuse out of ignorance and fear; this smacks of arrogance arising from, and steeped in paranoia. Human dignity and respect and the love of God for all human beings calls for this verification of another's feelings. You expect us to honour your feelings in regards to events and issues [which is fair enough], but please have the common courtesy and grace to honour the feelings of others and to be aware that they may not agree or comply with yours. It doesn't mean their feelings are wrong, they are just different to yours.

Your accusation that '*your actions demonstrate that you don't really want to have anything to do with me, you don't contact the kids or us in any way except at birthdays or sometimes Christmas*', to perpetrate that is a gross fallacy. The reason we have not visited you or the children recently is that you banned us from visiting you two

years ago; you are the one who has created this situation. It is hypocrisy to suggest otherwise. Also, last Easter I contacted you, prepared to make a 14 hour journey [7 there; 7 back] to Uralla to meet with you face to face to discuss your issues with M\_\_\_\_, but it was you, again, who cancelled the meeting. So I find it petty rich to have to bear the accusations that you so blithely sling at us, when if we look at the truth of matters, you are the perpetrator. There appears to be a lot of negative projection on your part, which may be better dealt with by a closer examination of your own motivations. As the biblical tenet states: **'And why beholdest thou the mote that is in thy brother's eye, but considerest not the beam [or log] that is in thine own eye.'** [Matthew 7:3-5].

There are no emotional **'hooks'** or investment, as you suggest, on our part towards the children except for those of your own construction.

Yes I do consider them as **my grandchildren** and you as **my daughter**. We are beings of both a heavenly/spiritual essence and an earthly nature and all primitive and civilised cultures have always, and still do, recognise this and pay due credence to such a view of the human being and honour these two, sometimes conflicting natures. As Christ once said: **'Render to Caesar the things that are Caesar's; and to God the things that are God's. And they marvelled at him.'** [Mark 12:17]

And so with children and grandchildren and all of us for that matter. Yes they and we do belong to God, but as all cultures have also always recognised that through family connections the earthly nature of the growing, developing human being is fostered with the family acting as God's agents in the up-bringing of children [ both parents and grandparents have a role to play in this process - that is why God created both parents and grandparents]. It is out of this considered view that we wish to have contact with our grandchildren. This is a pure and natural motivation and perspective. Your 'hooks' idea, is another taint which you inflict on pure feelings of love and goodwill and you create the ulterior motive out of; I know not what motivation!

Rather than accuse, please be civil enough to ask if you are in doubt about ours, or other people's feelings, Eloisa.

Have an enjoyable Winter holiday Eloisa. I hope the children enjoy their break from school.

With Love and Warmth,

From

Your Father,

Alan.

P.S. This epistle is offered out of complete equanimity of feeling i.e. a very positive, inner-centred 'peace'. Please don't have the audacity to suggest I am coming out of 'rage' or 'anger' or some other negative feeling. I'm pre-empting such a charge.

I have blocked Dad's emails after this one and have not received any since. I have missed a number of his calls, chosen not to return them, and he now sends cards which I am returning as I feel the issues are unresolved between us and it feels off to me to talk about the 'weather' when the issues between us are not resolved.

I also feel that I need to work on my feelings and allow the process in order to forgive my parents. While I choose not to the pain is still in me and continues.

**Eloisa's Comment:**

***I did not reply to the above email and I have not had contact with my parents since this last email.***

***I have blocked their emails, choose not to return their phone calls (Dad has tried to contact me a number of times soon after he sent the above email) and return any letters that arrive by post. I accepted a couple of letters the first written with pretty much word for word what I wanted to hear from my dad. The second re-iterating how much he loved me but with the feeling that it was my fault and I am to blame for where the relationship is at. Since then I have recieved a number of other cards that I have chosen to return unopened.***

***I feel that it is time that I gave up hoping. I have also noticed that I feel much better about myself and that my relationships are improving the less contact I have with my abusive parents. I feel happier and my opinion of myself - though fragile still - is growing. I have a growing faith in myself and God's Laws are always good. I have been choosing to meet the demands of angry, demanding and abusive people and I feel that I need to take actions to stop that. So I have - no more interactions with my parents at this time.***