

<b>Written By</b>	<b>Eloisa Lytton-Hitchins</b>
<b>Location Written</b>	<b>Kentucky, New South Wales, Australia</b>
<b>Date/Time</b>	<b>18 September 2014</b>
<b>Title</b>	<b>Decision to Share Family Interactions Publicly</b>

### **Eloisa's Comment**

*I have made a decision to have no more contact with my parents after they have consistently conveyed their anger towards me and others and treated me and others in an attacking and abusive manner. I am estranged from the rest of my family and have been for some years.*

*I have tried very hard to have a relationship and mend the issues between my parents and I. I feel that they are heavily invested in me being as they want me to be - meeting all their addictions - rather than how I am. When I do not do as they think I should, they get angry and abusive as can be read in the email correspondence below.*

*I feel my decision is reasonable.*

### **A little bit of Background:**

*Only a couple of years ago I would have told you that I had an idyllic childhood with the 'best parents' and 'best, most supportive family' in the world. I would have told you that they loved me unconditionally and were supportive and 'there for me' through everything. I would have told you that I only had 'good' memories, and those that were not so 'good' were my fault because my parents 'did the best they could'. In fact I would have tried to convince you of this if you had even thought to disagree with me.*

*This I have seen first hand is not the case and that the family structure that I held so dear and as so 'loving' is actually, in many areas, the opposite.*

*Unfortunately and sadly the world has been mis-educated about love and about a whole heap of things. Families end up like cults, if you agree you are accepted, approved of and 'loved' (I have put 'loved' in inverted comma's because it doesn't actually feel like love, it is more an emotional barter system for approval, in an addictive environment to continue to support the family belief systems, avoid feeling emotions that are painful and raw and uphold what has been put in place to 'keep the peace', 'keep it nice'.)*

*I used to think I was close to my family and that I knew them well, that no matter what happened we would always be close. I have found the opposite to be true. What I used to think my family were like, I have realized is how I desperately wanted it to be. I was hoping for it, but it was an ideal, not the reality. I dreamt of it being as I made it up in romanticised stories for myself. My memories and feelings don't match up to the stories I wanted to tell myself. I created a facade, a false image to keep me in denial and away from the real feelings of my childhood.*

*When I began a process of self discovery (three years ago doing it in a more sincere way and dabbling in it for two years before that), memories began to come back to me that I had kept squashed down low and out of sight in order to maintain the self deception that I had a loving caring family. I began to say how I felt to my family, say what it felt like for me as a child growing up in 'our' family, share memories of how I was treated by my parents, 'close friends of the family' and my siblings with them personally, and with other family members, all the things I had 'hoped' were true were proven not to be.*

*I was sexually abused by my brother when I was under 7 years of age. I had not spoken about this to anyone in detail, in fact I had told myself it was nothing. I had spoken to a friend about it when I 19 after my sister had spoken about it at my mum's third wedding ceremony, but when my friend said that a similar thing had happened to her with her brother and she seemed totally okay about it I figured there must be something wrong with me. The shame when I mentioned it, the terrible feelings in me and the feeling that what had happened was somehow 'wrong' and 'off' I told myself must just be because there was something wrong with me and I was 'bad' in someway. I chose to pretend it hadn't happened, to deny it and not talk about it again, so I just stuffed all the terrible feelings down again, told myself what my parents believed 'it was child's play' and didn't mention it again until I was thirty.*

*Then there was a turning point.*

*I had married and had three children within 3 years and for various reasons everything in my life was getting turned upside down. I had discovered God's Truth - through the teachings of Jesus and Mary Magdalene - and various teachings that made me question the stories and facades I had built around myself as 'protection' (it was an illusion of protection because I never actually felt protected by what I had created). I had been living in fear for years and finally things just got too much. I had vivid memories and feelings of things that had happened to me as a child, I began to actually feel parts of them again and the pain and memories were real. As I have felt little pieces of traumatic experiences from my past, my life has improved and the Truth is setting me free, Truth truly is the antidote to fear. Every time I face another part of how my life was as a child and sincerely feel it, life gets 'lighter', it feels 'easier' less energy spent trying to avoid and deny it and I feel better about myself personally. My sense of self is growing and I feel like I am not the 'bad', 'wrong', 'terrible' person who is to blame for every bad thing that happened to myself and those around me (I still have more to go to feel as God feels about me - that I am the pinnacle of God's Creation).*

*At the very beginning of my soul searching I wanted a lot from my parents and family, I wanted them to love me no matter what, to be interested in my new and exciting discoveries, to want to investigate **with** me. I felt afraid to 'lose' them and didn't know what I would do without them. I got angry at them at times when they didn't listen to me or hear me, and angry that they were treating me harshly, when all I wanted to do was speak about my feelings.*

*Over the past two years my fears have been exposed and the emotions I feared have come up for me to feel. I now don't have the same desire for my family to agree with me, what they choose to do is up to them. I have been on the receiving end of so much attack now that I actually prefer to not engage with my parents at this time and feel that until something changes we will not have a relationship. This took me years to get to this point*

*of feeling sincere about it. I said it right at the beginning but it took me a long time to actually truly mean it emotionally and it be more than just words.*

*I have wanted to give opportunities for mum and dad to show me they love me over and over again but it has not happened and now it is time for me to let that expectation go and allow the deep sadness to flow. What I am wanting to convey here is that I have not been 'perfect' with how I have dealt with the situation with my parents. I am not 'right' and though I have often wanted to make 'a point' that hasn't worked either. I have had to discover the truth through a process of being honest and through this I have learnt more about Love and about the feelings that are really within me along the way. It has been a growing process that has been painful and also brought more joy to my life.*

*I am able to see more clearly that I was mis-educated about love, I was taught to self punish in order for my parents to avoid their feelings, I was taught that parents are right and I (the child) was wrong. I was taught many things that created a lot of pain and now I am realising they are not the Truth from God's perspective and they are just false beliefs I have harboured and I can release and change those through a simple emotional process, I feel that my life is getting better, I feel that I have even had fleeting moments of real joy and excitement and it feels good, grows my faith in God's Way and that I can change for real and lasting!*

*When I began this personal discovery process, I wanted to know who I really am, what is inside me, where I am engaging in untruthful and sinful actions and how I can grow towards love and change my soul. I also wanted to speak with my parents and siblings about things that they had done to me and find out about their side of the story. I wanted to be truthful about my experiences, acknowledge that they had happened and that they were wrong in a lot of cases. This did not go down too well in the family.*

*The issue that has caused the most reactive response was when I spoke up about being sexually abused by my brother when I was a small child. This is the issue for me which is unresolved and I feel the most important to be resolved before a relationship can grow again.*

*At the moment my parents tacitly agree with my brother and the abuse. They support my brother over me and would rather ostracize and ignore me than deal with their part in this issue. My brother cannot remember what happened and we rarely communicate. They see it as my problem and nothing to do with them. They blame me for the family 'break down' and cannot see that they have done anything to contribute to how our relationship is at this time. In regards to the sexual abuse, because it happened 'so long ago' I get the feeling from my family that I should 'forget about it' and 'leave it in the past'.*

*I sincerely feel that it is important for me to work through the issue of sexual abuse and not live in it for the next hundred years or more, I also see it as a process of releasing emotions which from what I have heard results in forgiveness. I have not done this myself yet so I am not sure about how it works or what the results will be.*

*When I talked to my brother and my parents about being sexually abused their responses were as follows:*

*My brother cannot remember the abuse at all.*

*My sister didn't want to talk about it at all as she feels she has come to terms with it. (She has not spoken to me for years now bar a few superficial conversations every now and again.)*

*My Mum said she didn't know about it, she just thought it was child's play and only when I got very distressed had she considered it to be anything more. She didn't speak or communicate with me in any way for months after that and if we did converse it was me making the contact and if we spoke about 'sweet nothings' all was okay and if we spoke about anything else it was not okay at all. I did not speak with my mother for about 18 months, I called her wanting to give her another chance to love me and the conversation consisted of her being condescending, angry at me, measured in tone, twisting everything to blame me and ended with no resolution and her not seeing any way forward in our relationship.*

*My Dad condescended to me, raged at me, sent me angry emails, letters, and raged more over the phone. We didn't talk for about 8 months, he dropped by un-announced when he thought he was going to die, to drop some letters off to me but didn't want to talk to me about anything at that time, even though I gave him the opportunity to stay and speak with me. I didn't hear from him for months after that and when I did again and said that the whole reason for my lack of contact was that he didn't believe me about being sexually abused he told me that he would need all the evidence before he believed me and that he couldn't speak with me over the telephone about it but had to have face to face contact. I had told him 18 months previously that I had been sexually abused and he had not mentioned it or spoken with me about it during that time. I felt off about this and ended up telling him over the phone. He was quiet and I think shocked and couldn't disagree that it was abusive. I have not properly heard from him since. He has called when I have been away and sent letters telling me he loves me and blaming me for how the relationship is at the same time. I now return all of his correspondence.*

*My Dad's wife, stepmother, has attacked me, Peter and Peter's family for years always wanting the last word. I have been manipulated through my hope that she actually sees my point of view but I feel that she has no idea about what I am speaking to her about. She believes she does, but her actions demonstrate otherwise.*

*My siblings don't speak with me for reasons unknown to myself but it always feels awkward and that much goes unsaid.*

*Each of my parents feels that they can rage, condescend, and abuse me in some way one moment, tell me they love me the next, and the next have conversations about 'the wether' and that somehow I ought to forget and not speak about how they treated me the time before. That I should accept this and be totally okay with it because they are 'my' parents and they 'love' me and I ought to 'understand' that abusing me is them just trying to 'help' me and show me they 'love me'. For my whole life I absorbed this and agreed with them. Now I cannot agree with this anymore. It is confusing, feels terrible, twisted and manipulative and I want to grow relationships based on real love & truth, not facade, approval, or fakery any longer.*

*I have been subjected to this my entire life and absorbed it. I agreed with the family until very recently. Now I feel that it is abusive. Though I still am open to accepting abusive behaviour towards my own person I would not accept this behaviour towards the children in our care, and I would notice it much more acutely if it was anyone other than family members, I also feel I would have taken stronger, quicker actions if it had been towards*

*another rather than myself. I feel there is a problem with this and as my sense of self grows so does the feeling that what is happening between me and my family is very, very wrong especially based on the grounds that they say they 'love' me. I cannot agree that love acts in the way they are acting any more.*

*I have made a choice to not have my parents in my life at this time. I see in myself wanting to give opportunity after opportunity to them to love me for real and in a real way and I end up being abused over and over again. I need to feel the sadness I am so afraid of and allow myself to heal. To educate 'little Eloisa' about love and how loving parents would act, to teach myself about love and to release all the hurt and pain and feelings I have so that I can truly forgive for real and have different, truly loving relationships with the kids that I have desired into the world.*

*I feel my decision to stop all contact with my parents is reasonable.*

*There is part of me wondering what the use of sharing this with others is, partially due to my fear that they will continue or increase their anger and attack of me and Pete and my friends. I have a growing feeling that being transparent is important. Thus I have attached the email transcripts of our 'conversations' so people have the opportunity to see and read for themselves the interactions between my family and I.*

*I feel that families need to get real about what they are and are not and the only way to do that is to be truthful, transparent and self responsible. Stop blaming others - both parents and children and start feeling and making personal choices to love in a real way. Stop the lies, stop 'brushing stuff under the carpet' or not mentioning 'the elephant in the room'. Yes it is confronting - at first. Yes it is painful - for a time, because everything that has been stuffed down deep to hide it, all the shame, guilt, fear, anger, all the feelings that we fear and are 'messy' are exposed and there is a process to go through to sort these out, but it can be done and when it is, wow, that will be a thing to celebrate. I have only begun this process, dabbled in it and my life is the best it has been yet and it is not even great - yet.*

*The anecdote to fear is Truth. Fear destroys. I know this for certain. Truth and Love allow the opportunity to grow in an infinitely positive direction. There is so much to be gained, so much to be discovered and found and healed in truly wanting to love in a real way!*

*I firmly believe, based on my personal experience, that until we are honest with what is really going on in 'our' families, and we want to make the choice to change for ourselves, we cannot change. There is so much abuse and pain created in children by the childhood environment - including family.*

*I feel that it is possible to have a loving family environment on earth and I am passionate about being honest about this in order to change and grow in a positive direction. To encourage families to be truthful, self responsible, and to love in a real way, as God loves.*

*The following is the correspondence and interactions with my family over the last years. There are things that my parents and siblings have said to me that are true and I have taken into consideration, and felt, continue to feel about and examine about myself, there is also a lot that is harsh, condescending, dismissive and attacking and completely untrue in what they feel and accuse me and others of.*

*I feel the attack towards myself, Pete and others can be clearly seen in the following correspondence. Other interactions with my parents have occurred by phone and letter.*

*My parents, particularly Jackie and Dad have also chosen to attack my friends Jesus and Mary, making false claims & accusations and blaming and involving them in many things that they have nothing to do with. Jackie has misrepresented the teachings of Divine Truth and has openly slandered, attacked, condescended and been out right nasty to these beautiful souls who teach about God, Love and Forgiveness. Jackie and Dad in particular have chosen to attack and blame Jesus and Mary rather than deal with the issues between them and I. They would rather attack and say that it is the fault of people they do not know and who's teachings they have not investigated extensively nor applied to their own lives than deal with the issues that are outstanding between them and I. I feel this is nasty, unwarranted, unloving and out of line.*

*My parents have told me that they love me consistently while at the same time abusing me and others (getting angry, manipulating me, ostracizing me etc.) I feel that my parents concept of love is grossly distorted and their actions demonstrate to me that what they want to maintain as 'loving' behaviour, I wish to never accept as a real concept of love again!*

\* \* \* \* \*

Emails from

**JACKIE (stepmother):**

**Eloisa's Comment:**

***Jackie and I have traded a lot of emails over the past few years. I feel I learnt a lot through the interactions.***

***Some emails are not included as I deleted them and others with various travel information I have not included either. I also received text messages, letters and postcards from Jackie during this time that were mostly projecting anger and blame towards myself about various things I did or did not do in her opinion.***

***I have been the 'go to' when Dad get's depressed or in his moods and when dad overtly began raging at me I didn't want to see him very much. I still wanted to see my little sister and a couple of times she came down with Jackie. What I realise in hindsight is that I was much more afraid of Jackie than I was of my dad. At least Dad's anger is overt, out there, seeable and clear, you can't miss it.***

***Jackie's behaviour is far more manipulative, passive aggressive, and twisting to blame me and I have only recently realised this as I was so groomed to accept manipulation from women by my mothers (I say mothers as there were a number of women in my childhood who had significant influence in my life).***

***It seems to me that Jackie always wanted to have the 'last word' and due to my injury of wanting her to understand and to 'make a point' it didn't turn out very well and really me answering any of her emails just fed her addictions and kept up a conversation that was pointless and allowed attack after attack upon my person by both Jackie herself and the women spirits with her and I.***

***After some years I gave up trying to get her to see what I was on about as she already feels she knows best and has the answer to everything. I tried to block emails from Jackie much before I did with Dad and Mum, but ironically they only went to my trash folder and so some of them I came across at later dates. I have since figured out how to truly block emails I don't wish to receive and now I do not receive any correspondence from any of my parents now.***

*\* I have also paragraphed Jackie's emails to make them easier to read.*

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:** RE: yesterday's motorbike ride  
**Date:** 5 May 2011 7:01:43 PM AEST  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

Eloisa I have been reading your blogs. I found them very sad. because love is such a warm beautiful emotion and when it comes in, fear goes out. but what really helps is forgiveness and letting go . letting go of all expectations on others. Parents do their best with what they have and know at the time .

Children undoubtedly deserve more or better. but when those children become adult their first need for true freedom is to let go of the past and parental failings . Forgive because all was done without intention of harm Indeed if their was harm deliberately it still must be forgiven for ones own release but also because the new testament says forgive , only the old testament preaches retaliation.

Continually looking back erodes possibility of enjoying the moment and we all have this great gift of life but for how long we dont know . We have to put effort into every moment look for the wonder in evrything. The rest will fall into place , if we were meant to know beyond the grave we would have memory of previous lives ,we dont so obviously its now that matters. i love you xJackie

> **From:** [eloisalh@gmail.com](mailto:eloisalh@gmail.com)  
> **Subject:** love Eloisa  
> **Date:** Sun, 8 May 2011 07:59:33 +1000  
> **To:** [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)

> Dear Jackie

> Thank you so much for your email. It brought a lot of things up for me to contemplate, especially around Forgiveness which has been coming up quite frequently for me over the past weeks.

>

> I value your thoughts and conversations a lot. When you where down here in January you said that you ask to explore ideas and whats happening for me (others) - that's how I took it. And I appreciate that a lot. I enjoy talking to you and reading your emails/letters - they bring thoughts up for me to think/feel through.

>

> You are always welcome to visit us. We would really like to have you, Dad, James and Mehitabel if any or some or one of you would like to visit.  
> We don't have plans to be up in Brisbane in the next couple of months. We hope we see you soon.  
>  
> Love to you Jackie  
>  
> Love  
> Eloisa  
>

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>

**Subject:** Love

**Date:** 5 August 2011 8:26:43 PM AEST

**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

Dearest Eloisa, having read your latest blog, and feeling very sad at your fears and thus presumably unhappiness?! I wish the distance between Armidale and Brisbane were much shorter. Writing is such a permanent medium which means if I get it wrong I risk your holding on to it, a conversation would enable clarification at times when what is said is distasteful or clumsy. So I apologise before I begin.

I am not intending to criticise anyone and least of all you, my aim is purely supportive and caring. I love and appreciate you. I will also undoubtedly repeat myself. raised as an atheist but with a somewhat squashed christian father, I wanted to 'believe' but always found intellectually I could do it, but it didn't ring true. I persued many different christian faiths, at 16 I envied my history teacher a lay preacher who was unafraid because he trusted in Christ. It wasn't until G\_\_\_ was born and I was 30 I realised something had shifted, I believed with my whole being. I studied the bible and realised for me it is imaterial whether it is a literal account, the stories had such depth of meaning and messages, as do ancient myths of many cultures.

I still had fears death being the very biggest. When Emmanuelle died, I really struggled. Whilst I had been able to support my Grandmothers' journey to heaven and a close octagenarian's journey, I could not accept similarly Emmanuelle's brief life. I was given a book entitled 'fear is letting go of love', although challenging it helped and still helps. Fill the space with love, love for all that is so good, love and trust that everything is actually ok, because the worst that can happen is death and that cannot be so terrible because it is inevitable and 'God quite simply is Love.' Meet everything with love.

A really good book is the children's book Pollyanna, she is so good at loving. Take tiny steps and live in the moment revell in the beauty, especially the gift of children to raise.

So much of what you all do with the Divine Love Path is wonderful, the renewal and care of the earth and animals etc. AJ obviously has much to offer. I appreciate reading his insights and views. But I'm concerned that it seems to focus backwards so much, to dwell so much in the past. Looking back one may have regrets, but they are just mistakes rarely are they deliberate f\*\*\* ups.

I made a huge error leaving the relationship with Roger, because it was not fair to him or my 3 big children. But having made the mistake I could not undo it because of my relationship to Alan and then because of Emmanuelle and J\_\_\_\_. all I could do was make sure the new situation was positive ,and make sure my big children suffered as little as possible.

From outside your family life It looked like a happy life. Obviously I realise once you left for NZ it had reason for much much sadness. I do know Alan never let go of his love for you and that every day he meditates on you and always felt through Christ he is able to connect with you whatever the physical distance. This is a poor substitute for a child, but it is real feeling.

What has he done to hurt you so badly? Is it the leaving, or is it his 'arrogance, self assuredness, self righteousness, selfishness?' Yes I can label it that way because I see him as being somewhat 'aspergers' 'on the spectrum' and its a way of operating that is anxiety based. It can be frustrating to live with, but he's rarely deliberately vindictive and his love for his children and me is unwavering.

Eloisa you are a beautiful, gifted talented person. As a child you had warmth and care and thoughtfulness beyond your years. Be kind to yourself, God quite simply is love, life on earth is to be enjoyed and to give joy. If you do not believe in reincarnation, then even more so treasure each day and especially those with your beautiful children. Childhood is so very fleeting. Much love Eloisa. XxxHope to see you soon as. Jackie

> **From:** [eloisalh@gmail.com](mailto:eloisalh@gmail.com)

> **Subject:** hello

> **Date:** Tue, 9 Aug 2011 10:05:52 +1000

> **To:** [alandrys29@hotmail.com](mailto:alandrys29@hotmail.com); [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)

> Hey Dad and Jackie

> Thank you for the offer to come and stay with you next week. At this time I have no desire to go anywhere, I want to be with Pete and the kids here, so wont be coming up next week. I hope you have a good day off Dad.

>

> In answer to some of your questions I have been reading Alice Miller's books (an internationally recognised German child psychologist) - 'The Body Never Lies', 'The Truth Will Set You Free' in particular and 'The Drama of the Gifted Child',(she has a whole lot more that I haven't read yet.) These books put into words eloquently many feelings within me. I really appreciate your correspondence and thoughts and feelings and even if you feel they are clumsy, I appreciate you saying how you feel, it gives me an opportunity to feel how I feel too and I would rather be open than not - though I struggle with this at times myself due to the fear of how others will react to my own personal truth, I am praying to be more courageous and loving about that.

>

> You may be interested in 'The Body Never Lies' Dad especially in reference to the card you sent me some time ago with bible references in it. It talks a lot about the 4th Commandment which I thought was a pretty cool Law of Attraction for me as Alice Miller describes many feelings I feel and revealed a lot about the taboos in regards to this commandment we are brought up with. Many of the things she writes about I identified with and felt emotionally could have been me.

>

> I want to know my True Self (How God sees me) and I feel that I have hidden behind facades (The facade self - which I created to avoid my injured self) my entire life and I don't want to do that any more( I am finding it very confronting to let go of that due to a huge amount of emotional terror, fear and anxiety -all aspects of fear- which are stored inside of me and dictate my entire life). Facing my Injured Self (The Self Dad and Mum created) in order to know my True Self and all the emotions which exist within me is not always pleasant but it is who I am and I need to investigate that and feel myself, for myself.

> Our phone line got severed by a spade over a week ago and is still not hooked back up - thus the email rather than a conversation and phone call. I am open to discussing all of this and more if you also want to engage in a conversation. Emails I do feel are limited as they are written through my emotional filters and then read through yours and so often can get scqued.

> Love

> Eloisa

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:** RE: hello  
**Date:** 10 August 2011 8:27:08 PM AEST  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

Thanks for the reference to Alice miller, I remember I have read some of her stuff, and dont disagree with her, particularly with regard to the crap about children being born sinners.

Much of the traditional church stuff and education used to be based on this premise, However 'Emile' by Rousseau and then the education theories of Froebel and Montessori and then Steiner changed this. We had a whole revolution of child centred education(my education training was on the wave of child centred approach- at Froebel).

Well in europe, Australia is behind, there is a whole culture of aggression and smacking etc here ,its still prevalent. But on the other hand unfortunately so often people confuse loving, non negative ,non aggressive child rearing with total freedom and lack of boundaries. This causes anxiety. Boundaries and not explaining everything does not necessarily mean deceit or negativity they can offer protection and allow the body and emotions to grow and avoid sceroticism. I was raised without smacks and without the word 'no' being used until I was older than 3. I did this with my children too. (but I did slap Alexander in 1990 at easter,regretably) Its certainly true we all tend to fall back onto the way we were treated.

With regard to her picture of the bible, I must admit I've found the bible an exciting puzzle.'what is the message of each chapter' The truth or falseness I find imaterial, every thing is always a personal truth unless direct from God or Christ and none of that is reportable its personal.(I remember her picture of the garden of Eden, but I think its a whole topic, why we were told not to eat the fruit of one tree.In many ways it is an excellent indication of how we need to make choices, not act instinctively,not be greedy not be driven by instincts alone but access temperance and employ cognitive function not

just behave like babies or animals. I dont see it as mean in the slightest. Pity Alice is no longer with us she would be a wonderful person to discuss with !

Eloisa, it's irrefutable that many many people are abused and many schools and teachers and parents operate from punishment and consequence, inspite of education departments around the world and in Australia implementing Positive Behaviour management programmes. I have struggled against colleagues and parents ever since I began teaching because apart from natural consequence I dont believe in consequence in fact I believe in real empathy with children who have done the wrong thing, usually children are all to aware of their mistakes and need support not extra heaped on them.

My niece scrubbed me off facebook when I sympathized with my great nieces who were in trouble for losing their I phones. i thought just being phone less was enough consequence ,my niece grounded them!!! On the flip side , August and Alexander challenged the law, i did wonder if being adolescent makes one want to break rules and without any from me they went further a field ! i dont know. What really bothers me is I always thought you looked a happy child and wonder just what did Alan do to you! He has a temper, but he I have never witnessed him hitting out, He did get too verbally aggressive with August but Im a tigress of a mother and as Alan will tell you my children come first and I would have got rid of him if he had not backed off.

M\_\_\_ has been to the naturopath today, for acne, its connected to her shyness I think, also adrenal which is probably the same. Its difficult, she has always been clingy and reserved, she never fully incarnates into her speech, unless just with her peers or in drama. Whether its still related to her delivery I dont know or perhaps its because I went away for 3 days when she was 18 months old or because we emigrated or.....? Well enough for now .lots lots love(sorry about some underlined I dont know why it does or doesnt happen)

**Subject: Re: hello**

**From: [eloisalh@gmail.com](mailto:eloisalh@gmail.com)Date: Sun, 11 Sep 2011 18:30:15 +1000**

**CC: [alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)**

**To: [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)**

Hey Jackie

This has been a while getting a reply.

Your feeling that I was a 'happy child' is what is bothering me also. I thought I was 'happy' too. Thing is I wasn't - it was a facade. I feel that my true nature is happy but the feelings coming from my parents as a child created a lot of unhappiness, terror, fear, sadness/grief in me. to be accepted I created a 'happy' facade to avoid having to feel the unhappiness that was created and still exists within me. I have played a role for both mum and dad to be who they have wanted me to be for my whole life and I still am playing that role, though recently I have begun to intellectually acknowledge this and so it probably feels a bit uncomfortable for them as it does for me at the moment.

I also am at a point that I desire to feel and release these feelings in me so that they no longer dictate my life and so that I can live without fear. This is a process with the first step actually acknowledging how I feel and felt and where those feelings originated from. I have minimised, justified and made it all okay and 'nice' for a long time and I would

prefer to live in a real space rather than a facade now. ( I still revert to the facade often, which I hope will get less and less). The really cool thing about this is that it is a relief and I am noticing that interactions are a lot deeper and more connected than in the 'nice' space. It doesn't always feel nice at the time but at least it feels real.

I don't feel that mum or dad know who I actually am. They know their version of me, not God's version of me. I feel I am still being for them what they want in order to get their approval - what I have thought was love and am now feeling isn't. I realise that they disagree with this but the feelings I feel from them are different. I do not feel loved by mum or dad, I feel a lot of other things but not love.

As a child I had to do what they wanted me to do. I had to be who they wanted me to be. I feel I was born to 'make it better' for them. I was the child who would make them feel good, 'the sunshine child' and I have fulfilled that role for them my whole life and still am emotionally on many levels. I will not talk about mum in this email specifically as that is between me and her at this time and I have things to feel through with that as I do with Dad.

I will also send this to Dad so he knows what I have said up front. I feel a lot of what is to be said is between Dad and I and due to the fact that I have very rarely if ever actually told Dad or you the whole truth of how I feel this may come as a shock to him and to yourself. I am happy to discuss this with Dad and yourself further if either of you desire to do so, and I feel that we will at some point probably do that soon.

I have perfected keeping my feelings to myself in fact from myself as well as everyone else so as to avoid their disapproval, anger or any other 'unacceptable feelings'. As a child I was not allowed to feel certain feelings. If I was angry, sad, rage-full I was punished or comforted out of it, I do the same thing with the little souls' in our care at times, and the emotions they reflect to me confirm many of the feelings within me.

The terror of my childhood is still very real emotionally to me and thus I act out of it still as an adult. This is the problem. I now function from fear which to me feels real. The truth is it is just another emotion that I am capable of feeling through with God, I am still growing my desire and trust to do this. My life is dictated by my fear. dictated by the fear that mum or dad or both are going to get angry at me, disapprove of me, reject me. Especially angry. Dad (and mum) were very angry when we were children, in fact he still is. So imagine a small child who is ALL FEELING and how that would feel - for me terrifying. Add into the mix a number of terrifying spirits who hung around with Dad and that makes it even more terrifying.

I notice I have had a very selective memory of my childhood. There are many things I still don't want to remember and I am only just starting to open up to how I actually felt as a child.

You said in the email you 'protected' the children in your care - I am not disputing this. What I am noticing is that the emotions come out of us anyway, wether we are aware or not of them and children feel everything. As adults we desensitize and don't want things to be as bad as they actually are so we minimise the child's experience or say children are adaptable, or resilient, or they don't understand like adults do, or they don't feel the same' or we have to protect them when in fact I believe the only real way to protect a child is by owning and feeling your emotions and releasing them, otherwise it is going to happen over and over again (different situations maybe but same feelings inside) until you do

release the emotion as this is God's gift to help us become aware of the blocks we have to God, God's love, love and loving as God intended.

A child learns to live with what ever comes at them and they then think it is 'normal'. They FEEL everything so if we are FEELING what we are doing and thinking then they are 'protected' but if one of these things is out of harmony then we give children mixed and confusing messages. Often what is said and what is felt and or thought are two very different things. What I am realising is that as a child it is terrifying and I am beginning to actually be REAL rather than 'make it all okay'. Also I no longer think that these 'normal' things are okay. Yelling at children, taking your 'temper' out on a child, expecting from children to fulfill the gaps in our emotional needs, using children as surrogate partners/ wives/husbands, all affect children deeply and dictate the emotions that children perceive as 'love' or 'normal'. Parents 'abuse' their children a lot in the name of love.

I look forward to talking more to you both.

Love

Eloisa

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>

**Subject:** RE: hello

**Date:** 11 September 2011 9:57:16 PM AEST

**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

Funny I just said to your dad today that I would contact you as I hadnt heard recently and wondered how you were. Its a lot of stuff in your email, a lot to comment on. I can understand the feelings of playing a part being what one felt adults expected. I did this at school, But for me it is a past life thing not imposed by my parents more from a feeling of a particular heritage. Until I lived through your dad's affairs I was a very private person and kept a "fascade" of everything is good and i can do anything, now adays Im more honest to myself and say no i dont want to or even No i cant.!

PParenting is a game we learn as we do. I know i did things I would not repeat. I do agree children should be wanted for themselves and not to fill gaps or be used to vent anger on. Its easier for some people than others, just yesterday i was talking to a\_\_\_, maya now works 2 days a week, The baby goes to a Steiner day care mum. its a good solution, but i was saying to A\_\_\_, I acknowledge some people seem to need time to themselves when they have babies, but i dont actually feel its right, probably because i never really experienced it.(I did experience a need to do more than be with just one child but as long a s there were multiples i didnt need a break.) I feel having children is a conscious choice and its a commitment to actually nurture .

probably the biggest difficulty for your dad with me is the fact that my children come first. I made the commitment and whilst they are children they are top priority.(I read petes blog on something similar but i dont agree with him because for me God is never in a contest for priority because he is in me and in my children and in my husband he is in everything) (please excuse lack of capitals they slow me up)

I think you have set yourself a huge challenge to sort out your own pain and also raise your children in total honesty. i' m interested in the thought of protection by truth but it s not in keeping with my understanding of child development, by that i dont mean we should practise deception, but simply that intellectual knowledge , and some topics are for later stages. too early intellectualisation causes sclerosis.

too early choices cause anxiety and visual scenes and emotional scenes that are not understood are [frightening](#).It would seem that most adults have a certain amount of stuff to sort out , either from child hood or past life. or both as the one impacts on the other.Fortunately we are capable of this, the brain we know is plastic and able to flex to accomodate the changes we have to make.its interesting at the moment at school trying to work with healing little people who have had such abuse in their few years and continue to be abused by discipline models.

a recent study likened children to dogs and the disciplining success of as similar in its success and failure rate. i found it interesting as so often children come to us at school just like puppies, bounding in full of energy totally driven by instinct and desire and our task is to help them become human to gain empathy and think of others to share etc.. ( I have to keep re reading your email ) i just read the bit about protection coming from being real about ones feelings. i agree with you but I think there is a difference between feeling, wallowing hiding displaying telling etc.

as an adult with ego development we can take hold of our feelings, yes we feel them but then can do something with them generally speaking i would think it a responsibility to not overload onto a child as you said not venting anger on a child. That is simply an adult releasing his unprocessed fear.

You mention fear its really the crux isnt it because its filling the gap where love should be. Theres no real need for fear, the worst that can happen is death and thats inevitable. (I know we still all have fears but its the aim to really trust in God then there is no fear. ) Why do you need to reflect so much on the past? Why cant you just accept your parents did what they thought was right at the time ,you have decided it was the wrong way to parent thus have researched how to parent your babies, you no longer need there approval, you are a grown up, independent,you will always have there love, its unconditional, it may not be pure like Gods but it is of the human variety with its fallabilities!

Go forward its a beautiful world full of beautiful people,flora and fauna and it may or may not be, very temporary but just praise and trust that whatever is ok because of God. Stuff my granny told me is very relevent, songs of praise "Count your blessings count them one by one, count your blessings what the lord has done" When Christ returned from the crucifixion , as he ascended he gave everyone a gift the holy spirit a little piece of himself to keep inside never again would we be alone, he may not have visited us all personally on the earth but we all have the gift. Please Eloisa don't dwell on the past especially if its a negative memory while you are in the past you are missing the present and its so good. The nicest years of mothering are when the children are dependent and think mummy is the best(before peers!)

When Emmanuelle died i met a lady who we felt an immediate affinity towards each other. she sent me love and light tablets and a book about fear. I had to trust that Emmanuelle was only meant to have avery short earth incarnation she was an exceptional being with an astrological chart like the Christs with planets in their houses she just didnt need to live. i gobbled down both the tablets and the book i still went a little mad, but like most

painful experiences and challenges Emmanuelle did teach me a lot (Im not sure what i gave her)

Well if you can make sense of my ramblings???There is something special about family its definitely the first learning ground for acceptance and i believe love ,people are all complex some are easier to love than others , usually we notice what annoys us because it reflects us! People are in our lives to learn from, each has a lesson for us, meeting them with out prejudice is the challenge, without prior intent just being open to accept and love . Not that we succeed , most people have someone who poses a challenge, but its usually because they either reflect or cause fear. The more enjoyable encounters are with people we feel safe to expose ourselves to but that takes time trust confidence love.

i remember a time when i felt disappointed with my dad, he wasnt being the sort of person i liked, he was being critical of people not sufficiently charitable as indeed my mum can be nowadays, but i have to step aside from that, it is there path I love them because they are my parents and a bit like the wedding vows "for better or worse"

Eloisa accept these rambling in the spirit they were intended, thought provoking views from someone who definitely has no desire to control chastise or condemn you. Whether you be sunny or not ( actually I prefer the meaningful conversation but I can do flippant not good at melancholy... still conditioned to want to tell people to snapm out of it!) Lots of love Im off to the UK on friday for 3 weeks after that Il bring my new car to show you ...little and red a peugeot.xxxx

### **Eloisa's Comment**

***Dad, Jackie and my little sister came to visit and had lunch with us while some people living on the property were here too. There was an outright raging disagreement at the table between the woman living here and Dad.***

***The woman demanded I send Dad away for his rage. I was too afraid to do anything but try and pander to both of them. Though even at the time I knew both were out of line, and so was I for tacitly approving of their behaviour.***

***Not long after this we asked the family to leave after their son sexually abused our daughter and some time after that I asked Dad to no longer visit until he had dealt with some of his rage towards me.***

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:** RE: Preface of Alice Miller's the body Never lies  
**Date:** 12 September 2011 5:47:57 PM AEST  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

yes I dont dispute that, its pretty usual stuff from a psychologist, i am just really really sad that its your experience, its certainly not mine, I find australian children are treated far more harshly than my experience in the UK. M\_\_\_ was scared of alan as a little girl, not because of stuff directed at her but because he believes in expressing his emotions and his fears evolve as anger. M\_\_\_ doesnt like conflict, which is why she didnt come last

time to Armidale in case we had a disagreement with your friends again.(interesting she has had to endure bullying on the train....why is it coming toward her?)I dont see him as an angry person, perhaps he was i dont know, but I do see him as on the aspergers spectrum he thinks in a linear way as did many genius, its an anxiety 'disorder' his is helped be less severe by being Piscean and his work with the arts. its more of an issue for mathmaticians materialists and geminis.

i really am so sorry to have misjudged you I thought you were someone who was individual who did do what she wanted I didnt know inside was a child who felt so much fear. I do believe though that healing occurs when one learns to love and forgive. You cannot change the past. At school i work with children who have suffered real abuse from birth they thus have a condition called reactive attachment disorder, with firm love , boundaries and learning cognitively they are able to make changes and learn to love and accept love.

Presumably having recognised where you are at, isnt it better to look forward. Presumably Robin and Alan parented they way they did because of the way they were parented as did Joy Bob Elsie and James. Isnt that the great thing about education, you are able to see where they made mistakes and think about how to parent your children.

i am concerned for you Eloisa, so much fear and pain but it seems to go round and round, do you make progress?Who helps you, who loves you cuddles you and works to heal your pain? I think about you alot, some of what you write is interesting because it is on the lines of the work i do but i am also genuinely hoping to hear that you feel well happy content and not afraid . with love x

**From: Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>**

**To: [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)**

**9/13/11**

**On 12/09/2011, at 5:47 PM, jacqueline coxtaylor wrote:**

yes I dont dispute that, its pretty usual stuff from a psychologist, i am just really really sad that its your experience, its certainly not mine, I find australian children are treated far more harshly than my experience in the UK **I don't agree with this, I feel it is totally dependant on personal experiences and often the treatment is seemingly subversive, not seen, or so deeply denied that it seems less full on. I do agree that often in Australia things are a lot more out in the open and so it feels a lot more full on.**

M\_\_\_\_\_ was scared of alan as a little girl, not because of stuff directed at her but because he believes in expressing his emotions and his fears evolve as anger **The problem with Dad's anger is that it was not always owned, as you know it is denied fear, due to the fact he doesn't want to actually experience his fear it comes out as anger and when you are a child this FEELS like it IS Directed at you, even now I often FEEL dad's anger and I can intellectually say it is not directed at me, but that is not actually how it feels. If he really wanted to not direct his anger at someone he could have taken himself off and raged else where not in front of us as children. A child doesn't intellectually differentiate where the**

anger is directed. A child feels often that they have done something wrong as they no longer feel loved when their parent is angry or afraid, that really is the problem the withdrawal of love. I question if he ever got under the rage to what was actually causing it. I don't know he would need to answer this. I still feel now that he has rage about some things and hasn't let it go of it.

M\_\_\_\_\_ I doesn't like conflict, neither do I and I feel one of the reasons is because it confronts the fear in me from when I was a little girl and experienced Dad and mum's conflict, and felt it. This was not always spoken or even overtly expressed sometimes it just oozed and was horrendous feelingly, which is why she didn't come last time to Armidale in case we had a disagreement with your friends again more fear hey - I feel I would have done the same and still do avoid potentially conflictual situations.

(interesting she has had to endure bullying on the train....why is it coming toward her? The way i see it is that it is the Law of Attraction bringing up the denied emotions in You and Dad and it would have brought up a whole heap for M\_\_\_\_\_ too. She is still reflecting you guys at this time. If you wanted to look at it I would go with how you felt when it happened and let yourself feel through the layers of feelings and it will take you somewhere - either fear or grief eventually about something in your's or Dad's past. Due to the fact that it was Girls doing the bullying and M\_\_\_\_\_ receiving it I would suspect it has something to do with the female side of things. When I say this the important part is FEELING how YOU felt and not intellectualising it all.)

I don't see him as an angry person, perhaps he was i don't know I feel Dad has a huge amount of grief and fear in him but due to not truly wanting to feel this he gets angry and this is a bit of a default setting, He is an angry person, but I do see him as on the aspergers spectrum he thinks in a linear way as did many genius, its an anxiety 'disorder' his is helped be less severe by being Piscean and his work with the arts I feel this is a justification of his behaviour which doesn't look at why he is so sad and afraid = angry or what has happened to make him so. Dad does prefer to take his emotions out on others rather than feel through them for himself. its more of an issue for mathematicians materialists and geminis.

i really am so sorry to have misjudged you I thought you were someone who was individual who did do what she wanted I didn't know inside was a child who felt so much fear I am a master at the facade Jackie, sad smile.

I do believe though that healing occurs when one learns to love and forgive I agree wholeheartedly. And this is the process that I have begun. You cannot change the past No I can't but I can be truthful about what has happened in my past and feel my way through this.

At school i work with children who have suffered real abuse from birth they thus have a condition called reactive attachment disorder, with firm love , boundaries and learning cognitively they are able to make changes and learn to love and accept love I feel like I need to learn these things too.

Presumably having recognised where you are at, isn't it better to look forward I have looked forward for 30 years and it has not gotten better. What I feel now is that things have had to have happened in my childhood that I don't want to remember otherwise I would not be living the life that I am now. I want to know EVERYTHING that has happened to me and I want to know how those things felt, then I can grieve them and

truly know myself as injured as I am and release those feelings and they will no longer hold me in a state of paralysed fear. What I now know is that this is the beginning. My soul exists for eternity and so now is the time for me to start finding out who I am before I go to the spirit world. The more Loving and Truthful I can be and the more connected to God and my true passions and desires the easier it is going to be and the more fun in the spirit world. I believe that we can get to at-one-ment with God while we still have a physical body and I would like to begin this process now and not wait till I get to the spirit world. I would also like to be very aware of my soul condition so I don't pass and get a shock in the spirit world that it is not as I had anticipated it to be.

Presumably Robin and Alan parented they way they did because of the way they were parented as did Joy Bob Elsie and James. Isn't that the great thing about education, you are able to see where they made mistakes and think about how to parent your children. Yes it is great to be able to change. I suppose for me I have a lot of sadness still to release about the multigenerational pain that is continuously being passed down and what great pain it causes and has caused in me. I need to grieve and feel the terror that is within my soul as with God's love and help, I am the only one who can release that.

i am concerned for you Eloisa, so much fear and pain but it seems to go round and round, do you make progress? Sometimes I don't feel I get anywhere. Sometimes I see little windows of light. I am realising new things that I never thought possible. I am finding out things I had shut away for so many years and I am feeling like there is hope and my life is not just a waste of space for the first time in my life. Because of all the fear and pain I cling too it keeps coming up and I suppose it is there the most at the moment thus it is what you hear about. This is part of who I am and I need to learn to love myself with God through this. A whole new concept for someone who felt she was born to love everyone else except herself.

Who helps you, who loves you cuddles you and works to heal your pain? I think about you alot, some of what you write is interesting because it is on the lines of the work i do but i am also genuinely hoping to hear that you feel well happy content and not afraid I feel that it makes you feel uncomfortable hearing about my pain and fear often and that you want me to 'feel better'. The irony is that by feeling the truth it is a relief! I am longing for God and to feel through all the feelings in me that prevent me from feeling God's love. Self punishment cause a lot of problems as I blame myself for everything and am extremely hard on myself, another childhood survival mechanism. . with love x

**From:** Alan Drysdale <[alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)>

**Subject:** RE: hello

**Date:** 13 September 2011 10:25:19 PM AEST

**To:** Eloisa Drysdale <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>, jacqueline cox-taylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>

Dear Eloisa,

I have read your E-mail to Jackie, thanks for sending it to me too, as much of it refers to me and your perceptions of who I am and my relationship to you as your father. Some of it I find difficult to comprehend as I find you are talking about your subjective feelings of which, it is true, I don't know what you are experiencing specifically in your life

at the moment; this would need to be discussed face to face with more specific details explained. The thing with feelings is that they are so intangible and volatile that they swing and change and alter so fast that they have no sense of permanence, they are fleeting: strong and comprehensible one minute; gone and inexplicable the next; they're very difficult to work with constructively without highly developed thinking - this has been the challenge of my entire life [ This is the side of me that you do not understand]. As for other aspects of what you say, all I can say is that it is a matter of perception. A number of things that you say are misconceptions to me, but you have a different perception to me; but I hope that if I grant that you see a certain matter from one perspective that you may also be able to grant that it can also be seen from a different perspective than yours. In other words yours nor mine are the only right and true perspectives, there are probably a whole range of others besides ours as well. Let us grant that we have different subjective perspectives of the same events and we will have to agree to differ. Like you I have strong opinions and I like to express them clearly and passionately at times; this is my God given nature. There is much that could and should be discussed, but I find E-mail a very inadequate format for such discussions. Maybe we can find another way in the future.

With Love,

From your Father,

Alan.

**From:** [jacqueline coxtaylor <jcoxtaylor@hotmail.com>](mailto:jcoxtaylor@hotmail.com)  
**Subject:** Hello  
**Date:** 27 October 2011 9:36:44 PM AEDT  
**To:** [Eloisa Lytton-hitchins <eloisalh@gmail.com>](mailto:eloisalh@gmail.com)

Hello Dear Eloisa. Happy Birthday to my beautiful C\_\_\_xxx. The alligator is only a token while i discover what is really a good present! Did he have a lovely day? Ive just taken delivery of two more of Alice Millers books, you are responsible for my latest passion! In fact Ive also applied to study for a psychology degree, it seems a natural progression to follow teaching with consultancy of pedagogy, discipline and special needs. school is going well at present, we even have a girl student!! my first in 5 years! Last night we had a sleepover at school. autistic kids were hilarious. Its amazing they were keen, one would expect them to feel indifferent about such a venture but not so. they were very happy. AJ was on telly a couple of weeks ago , for an hour. We recognised some of your friends and Susan also, I looked for you but didnt see you. Quite a bit was filmed at one of the workshops like you went to near Caloundra. The year is flying by, when is a good time to visit you, ? until then keep well with love xxxjackie

**From:** [jacqueline coxtaylor <jcoxtaylor@hotmail.com>](mailto:jcoxtaylor@hotmail.com)  
**Subject:** RE: Late Dec 2011  
**Date:** 25 December 2011 8:58:49 PM AEDT  
**To:** [Eloisa Lytton-hitchins <eloisalh@gmail.com>](mailto:eloisalh@gmail.com)

Felice Navidad ! seasons greetings and my wishes to you that all you hold dear grows develops as you would wish. For me this is a special time of year tinged with sadness as i remember those who have left, but excitement at the anticipation of all that is to come to learn and to wonder.

A time that for me is easier in the colder hemisphere where breathing in and reflecting is more easily achieved. this year for the first time in 4 years i have spent christmas with all my children. A\_\_\_\_ A\_\_\_\_ and J\_\_\_\_ are all enjoying the challenges of the wider world. G\_\_\_\_ is eagerly awaiting the arrival of her baby. this is exciting for me yet also a little apprehensive as i know i will have to sit back and watch whatever her parenting style is ! Me\_\_\_\_ is quieter than the others and enjoys books and piano but still has a wide circle of friends at school.

Its been a huge year, Alan finished another 7 year cycle. With a hugely successful Tempest. he has another class ready for the next 7 years, fortunate children, he is without doubt the best teacher. ( some of his domestic skills leave a bit to be desired!) Im continuing at Mitchie, but am embarking on further study, so many children are coming through with conditions that are not fully researched as to why they would come in with such challenges.

Lovely photos of you all on the farm all looking very glowingly healthy and happy. Alan is off to India, well first we have a beach week then hes off to teach in india for a couple of weeks. me\_\_\_\_ and i will drive down too see you when hes there. is there any days that are better or worse for you/? between 9 and 20 preferably but could be before 9 if better for you.

Dearest Eloisa lots of love to you ,Peter and your beautiful babies xxxxxxxx

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>

**Subject:**

**Date:** 17 January 2012 9:50:33 AM AEDT

**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

Happy Happy Birthday. Dear Eloisa thankyou for a very very nice visit. I love spending time with I\_\_\_\_ C\_\_\_\_ and A\_\_\_\_, it was fun and its always interesting to observe little people. The food was delicious, we have come home and purchase rice milk and nutalex, and eaten a meal of a mixed vegetable stew followed by fresh fruit salad and coconut cream. thank pete for putting up with us (as well as cooking delicious food) I realsie engaging you in so many conversations deprived him of time with you and also meant he had to do some of your duties.lamb feeding :)

Its always so good for me too to talk with you about your journey.I do not doubt your view of your childhood. I do know from the outside it looked harmonious, but i also know the volatility of your Dad. (I hate his swearing when hes frustrated its always over the top in my opinion, but then he's Alan Drysdale im Jackie CoxTaylor and I don't walk in his shoes. i stuggled when we first got together because he was less indulgent to my children than I wanted. The "God" was not putting into practise what I expected! but in a way i have learnt to stand up for what I feel is right and I know now not to compromise with what is most dear to me .....my children. I chose to ask God to have the care of them, I

feel as I said to you since the arrival of A\_\_\_\_ I am no longer a one I am now a six. it's life long I will always be there for them.

What I have come home with is a need

to look at Me\_\_\_\_. She has always been a bit of an enigma for me, she was so clingy ,insecure quiet shy yet also able to be confident(with her friends) and in public speaking or drama. I wondered why she is so different from the others,I have given her freedom. allow her to make her own decisions (except the rhythmic stuff of early childhood which is not negative). I thought perhaps she was just like S\_\_\_\_. or had inherited some of the Drysdale stuff that's causing your Dad to present to me as Aspergers(an anxiety disorder).

But now I'm thinking. She must have picked up MY anxiety during her gestation and my concerns in her early life here in Australia. Her skin disorder is an anxiety base, she had the same anxiety at change of teeth and didn't shed them readily. Of course the skin was triggered by the train attack but 'law of attraction' doesn't need a degree to see that one! It's difficult with Alan away. Because a) I miss him b) I love him but c) Im pissed off (honestly) that he said he wouldn't be able to make contact. Simply because it plays into my old fear of who is he with ? and all the mixed guilt of doubting him. When he's here it has been so easy between us so much simpler than when we were younger. But this trip just opens a wound which i suppose is not fully healed. Any way that aside i will deal with that when he's back.but I will be looking into Me\_\_\_\_\_.

On a different note the catalogue with the beautiful comfy sandals is from [www.gaiam.com.au](http://www.gaiam.com.au) and the history behind having you heels slightly lower is from a shoe company called MBT(masai barefoot technology) i have a pair of those ( like my fit flops also purchased in the UK) The theory is to do with deportment. naturally we walked bare foot, but not on hard even surface. We adjusted our body to accomodate the uneven. Modern shoes evenly hit the even so posture is thrown forward. With MBT's etc we rock and thus keep a better posture , the sole does the adjusting to the flat surface for us. Well have a lovely day. And if you do venture to byron perhaps we could meet for a coffee. Love always/xxxxxxxxxxxxxxxxxxxxxugly step mum!

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>

**Subject:**

**Date:** 26 February 2012 12:32:05 PM AEDT

**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

Hello Dear Eloisa. (Please lovely A\_\_\_\_ forgive your Queensland grandparents that your parcel is late,Queenslanders are notoriously backward! is this a good excuse/ we definitely were thinking of you, but I just couldnt decide early enough what to send and then once its late ....its late !!! xxxxx) Eloisa I have attached photo of A\_\_\_\_'s'twin' H\_\_\_\_ R\_\_\_\_ allowed to be called h\_\_\_\_. born at 6.30 am on 24 feb weighing 6lbs 8oz . Poor g\_\_\_\_ wanted all natural and managed until 4.30 when she could not resist to push (i have never experienced that) and was thus offered an epidural and subsequent episiotomy and venthouse, all very painful but he is here and scored 9 out of 10 on his apgar so alls good. i sat vigil in the lounge at the hospital from midnight. (didnt want to intrude but needed to be near g\_\_\_\_, its very strange being the mum of the mum! out of control very difficult for capricorn!) i saw them both just before 6'45 relief wonder and beauty. I went on to school on a real high, and was a useless teacher for the day.!

yesterday we were reading , about Michael who rules at the moment its the time of michael. is he the michael who helps you (mary channels him) or did you mean petes dad? We were reading that he says actions are what its about at the moment not the other way of sitting about meditating. This fits your picture doesnt it? I was pleased its actions. I always seem to do first then see or find the relevant literature to back up what i do. Im presenting at a conference in Alice Springs in july so am busy finding references where other people back up my views. (its sort of backwards to a lot of ways) ive embarked on my masters and guess what i have to get 72 points which means 19 modules but ive been given a credit of 40 and a half!!!:)

How are you all 5. i loved your last blog it was the best elements of the old Eloisa. The depth of passion and ability to feel and express at a deep level. Its exciting because i suppose its abit as if you have peeled off some layers and discovered some bits are still meant to be there. Is that a fair assumption?

Now my next bit i am treading gingerly. Speech production and articulation. You make me question everything I took as given. (this is good) i worked with the deaf from age 2 and half and we did intensive speech. In mainstream from 3 speech is looked at. but now Im wondering Is ther an optimum time when speech should become clear or does it matter will the speaker self correct at a later stage. Of course it matters if the child goes out into the world like school because if its not understood thats important and embarrassing and will be a block to work on later. But I\_\_\_\_, has no need to worry that because she is with you all all the time. I am thinking now this is an area for a thesis. 'What is the importance of clear articulation, at what time, does it matter when or indeed is it vital that a child makes his own decisions when to become clear?' What do you think.Its quite different to the thesis my friend did on deaf children about the need to have al anguage to be able to conceptualize because of course a non deaf child has receptive language and can learn and absorb without necessarily speaking .

well .please dont be upset with me. I am totally objective here as with all that you do. I am fortunate to love you with no insecurities because we have non of the parent child stuff to unravel. ( i have a certain amount with Grace i fear, i am so aware of not imposing on her sometimes i wonder if she feels im too cool!)

Sorry Eloisa I mumble on. Il click send keep well all 5 Im loking forward to my next farm trip xxxxWicked stepmother and loving granny .

> **Subject:** hi

> **From:** [eloisalh@gmail.com](mailto:eloisalh@gmail.com)

> **Date:** Mon, 27 Feb 2012 11:41:40 +1100

> **To:** [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)

>

> Dear Jackie.

>

> Thank you for the photo of H\_\_\_\_, he is beautiful ( I feel each new little soul is beautiful) thanks for sending a picture!

> I hope G\_\_\_\_ feels and heals through the physical and emotional pains - what those may be!

> Quite amazing that H\_\_\_\_ and A\_\_\_\_ are on the same day, though there are no doubt thousands of children on the same day, smile.

>

> You mentioned 'out of control' I think for most of us on Earth we are so used to being 'in control' or being controlled or controlling that it is confronting to let go and surrender. I

am grappling with that at the moment, surrendering to God and allowing what ever is within me be. I want to control what comes out, how it comes out and to 'know' before I experience it or am even willing to experience it. Not a great way to investigate I am finding as it is VERY limiting and not allowing all sorts of possibilities, positive ones and what I judge negative too, smile. I have much to learn on the subject of surrender. I feel that the control for me is to prevent the fear.

>

> Michael is the same Michael you mention also known as the 'archangel' though he said that he does not like that term as a reference. He is an amazingly beautiful spirit of the celestial realms. If you are interested in listening to the channelling Mary did it is on the divinetrueth site and is very good! There are so many wonders in the spirit world and so many amazing people/spirits. Both you and Dad may be interested in hearing him speak - I leave that to you.

>

> I am glad you are presenting in Alice Springs. I feel it will be really great! I look forward to hearing how it goes! Also congratulations about your masters it is not as daunting with 40 points already put to it. I enjoyed hearing about how you felt about it when we saw you.

>

> I never replied to your last email when you mentioned Me\_\_\_ and the Law of Attraction with the acne and mugging and how you felt while you were pregnant with her. I feel that it all relates! What happened to Me\_\_\_\_\_ (mugging) is the Law of Attraction at work to expose denied emotions within you and dad both. I don't know what those are but what you mentioned could well relate. I am sure if you want to explore it you will find what it is and why it happened, the hard thing is seeing a child in your care being harmed. I know I have found that so difficult and to then admit that it is actually to do with me and really own and feel that, i find it confronting. There is still in me a feeling that I want it to be 'their' stuff. But I know now through observation, experimentation and reflection that it is my denied emotions that directly influence what happens to the children in our care(they are God's children and we are their care givers - I still have feeling of owning them and they are MINE but I hope to work through that and truly entrust them to God! That does not mean taking no responsibility or accountability. But it does mean letting go of the emotions that 'bind' them too me and the demands, expectations etc I have upon them to meet certain emotional needinesses in me.

>

> We are going okay at the moment. I feel a little more open to the possibility that there are some wonderful things within me and I am not just a bad horrible person. I am starting to open to how powerful the soul is (intellectually) and it is blowing me away. Also I am not self punishing as much and that makes a much more productive and positive space for me to be in. As you read in my blog I am REALLY enjoying some of the little things. Some of the 'old' bits of me are in there and they are lovely, this time though I feel I am not 'acting' them or heightening them or embellishing them. When things are lovely I am wanting to just feel the lovely, when they feel crap and horrible I want to avoid them, but am praying to just feel the crappy horrible and be REAL rather than all fake and 'false happy'.

>

> I am interested in why you said you were 'treading gingerly' when you wrote about speech production and articulation? Were you worried I would be offended and not talk to you any more? It felt like you had a fear I would be upset with you and feel criticised or something? I am interested in how you were feeling and so I ask for clarification.

>

> I would rather you say what you think and feel and to then have the opportunity to feel what I feel from that, than you to censor yourself to 'make it okay' or 'acceptable' to me. What I am noticing is when we feel something everyone around us feels that too so we might as well be true and say what we feel as it then makes words, feelings, thoughts in alignment and is real.

>

> I feel now more than ever that I can accept people more as they are. I still judge, I still am unpleasant and unloving and horrible but I do appreciate people as they are - not always in the moment but in reflection often. I have more self love for me at times and choose not to always take the actions that I used to especially when I understand in myself why I have been taking them.

>

> What you mention about speech I find really interesting. I don't know to be honest what is 'right' or 'not right' or if there is or is not a 'right' time to be articulate. I do feel it is emotionally based and often people have speech injuries from a fear of speaking, to not being articulate, to not saying how they feel, to having some speech 'problem/impediment' . I personally feel that all these things are emotionally based and can be worked through and I suspect that if you released the causal emotion within you that created the speech 'impediment' in the first place that you would speak and communicate VERY differently. I am also feeling for myself that there is a lot more to communication than speech. Feelings are ignored so often and words are so valued. I now feel that feelings are more important than words and feelings just need to be felt, not articulated even. I feel I have been 'trained' to be articulate and speak my feelings rather than FEEL them. I am now in a process of having to un train and learn to feel.

>

> I do LOVE words and how they taste and sound and meanings and language so I am not anti words or articulation or being understood as I do feel that is really important! I feel if one cannot be understood then there is an emotional block there to investigate!

>

> The Law of Attraction is beautiful. Language has been coming up a lot for me lately, one example is Archie now being 2 and still not forming words articulately, he can be understood and I feel him so know what he wants but his desire to actually form articulate language does not seem to be a high priority. I have my feelings as to why this is and I will see what happens. I am sure I will ponder what you wrote some more and when I have more thoughts on it I will let you know. smile. I was really interested in the deaf examples you gave.

>

> I hope you have an wonderful celebration for Dad, thank you for the offer for airport rides. I wont be coming up this week. I do love the theme you have for the party! I am sure it will be really great!

> We are planning a trip as mentioned to you when you were down to Byron Bay and I feel at this time we will pass by then if it works for you.

> We do not know when that will be at this time.

>

> I also wanted to mention to you that I am not anti Dad and I do not have any 'bad' feelings towards him at this time.

> I felt when you visited last time that there was a lot of 'stuff' about Dad and me and it felt sort of odd, Me\_\_\_\_ also asked 'what is going on with me and Dad' ( I don't claim to know how dad is doing or what he is feeling, I said this to Me\_\_\_\_ I too and suggested she ask him for how he feels).

>

> What I do know is how I feel and for me I don't want to make it all okay all the time and I am finding out who I am and I am actually being true to me - at times. I have played a lot of roles and I am having a go at not doing that as much (it is almost automatic so it is sometimes a slow process). That means I go with how I feel at the time. The last time Dad wanted to visit it didn't feel okay with me.

>

> Enjoy the new soul in your lives.

>

> Love

>

> Eloisa

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>

**Subject:** RE: hi

**Date:** 4 March 2012 9:16:20 PM AEDT

**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

Thankyou for the long reply. Its interesting looking at the things which you feel, think, believe, that parallel my views and those which are quite opposing. similarly I enjoy watching the dvds of AJs tours and talks. once again looking at those things which are akin to my beliefs and then the areas where we differ. I have listened to the channelling by Mary. But although I find the content interesting I dont actually believe it to be Michael. I am sure both AJ and Mary are mislead by Lucifer,. I know they are not reincarnated Christ and Mary Magdalen. Having said that though I do think they have many many good ideas and knowledge to share. particularly in the area of the effects of discipline from parents on children. It is so glaring here in Australia the terrible way adults speak and treat childen like they would never behave toward other adults. Ive just read two good books on discipline the latter is called 'easy to love difficult to discipline'.Both mirror the way you are trying to work with your little beauties.Acknowledging that mistakes are children trying to learn how to be or how to fit in.

I suppose my main difference of opinion is I find AJ too self centred , not forgiving and at some of his seminars he is confronting rude and unkind.I believe very strongly in positive thought and forgive ness. My favourite book of all time is Pollyanna.G\_\_\_ and D\_\_\_ from tambourine came to Alan's party last evening. (It went really well quite eccentric, Your Dad was moved that you remembered his love of the Wild swans poem, Me\_\_\_ read it out) Its always interesting talking with G\_\_\_ and D\_\_\_ they work from visions and inspiration, guided in this Michaelic time (like you) by the inspirations of Michael. they are creating another site with a well in the South of France.An area for travellers to rest and share.in the cathar region at a site familiar to Mary Magdalen sightings. It is a beautiful region a meeting of Cathar with Catholic architecture.

You questioned why I 'gingerly' mentioned language articulation deficits. simply because my experience as a mum and as a teacher dealing with mums ,is there emotive connection to their offspring. Mums are not known for objectivity when thinking of their own children. as a teacher its easy to be objective looking at everything as a study. we always tread carefully as there is no intent to wound or criticise.I agree speech is not purely physical.And it comes from the etheric resonating vibrating through the larynx.Which makes it even more intriguing why some children articulate clearly and

others do not. my interest is in the long term effect. Does it matter? (obviously it does if the children are to mix with people unfamiliar with their way of talking)

Its interesting with the autistic children , eurythmy really significantly helps them articulate. Why? I dont yet know.

Re. M\_\_\_'s face. its so much improved so healed such a relief. she is becoming much stronger, confident and quite astute. Her compassion and ability to accept and support are warming.I agree with children reflecting adults stuff but only to age 7, after that its their being caught in those unresolved issues and then their own experiences and of course past life stuff which is both positive and negative.( I know you dont believe in past lives, but as you said one should be honest and for me what we bring in to this life is significant)

I think youd have enjoyed the shakespeare evening everyone in character spouting their lines followed by a meal of Shakespearean food. very difficult to find a vegetarian dish though and almost no chance with the vegan! but the salad was delicious,red cabbage, spinach, almonds, pickle, olives,orange, capers , figs, currants raisins and a dressing of orange juice, olive oil and vinegar,.

Alan enjoyed his parties, he was very sad that his big children couldnt attend but was able to process it and feel the relationship has been one of independence particularly on a physical level. he bounced back when he received phone calls texts affirmations and your poem.x well dear Eloisa, as usual this meanders jumping from thought to thought, I blame it on typing and not editing. However please accept it as its meant, with no loss of esteem or feeling simply my view. Thankyou for the drawings i will reply to the children in person xxjackie

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>

**Subject:** RE: hi

**Date:** 25 March 2012 9:24:36 PM AEDT

**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

Dear Eloisa, The weeks have flown by, this term is almost over. it's been an exciting one at school,, working on the masters and also the psychology stuff like Alice Miller has indeed made me re asses my work particularly the work with discipline and autism . the healing programme with the children is reaping rewards the children after 8 weeks showed improvement and continued to do so for the10. They continue to enjoy the Greek myths, its interesting how the old myths of all cultures parallel their stories. Almost all have a dragon story. we have just had the Perseus story of the sea dragon of Ethiopia, it is another slant on George and the dragon or Michael and the dragon. it coincided well with being last weeks story and Michaelmas almost here with the Michael and the dragon story due to be performed as usual at the Steiner school. (obviously southern hemisphere Michaelmas. in Europe would be the time of Raphael) your Dad is busy as usual coordinating the pageant. Ive submitted my first assignment and the hardest part was the referencing done to the required style! the content was the easy part! But it was good to actually get started. I'm enthusiastic and learning or rather consolidating lots.

G\_\_\_'s baby is thriving, the first 3 weeks he didn't attach to the breast correctly, which didn't bother him but made G\_\_\_ sore. he's improved his technique so all is much simpler now. Next Saturday is Grace's birthday, we are all very happy August is in Australia on business and will fly in to spend two nights and a day here. its great he can meet H\_\_\_ while he's still new. we are all taking Friday off work and school(except Alan he has a half day with his pageant) it will be like Christmas !

I've just watched 2 films I can recommend both. Salmon fishing in the Yemen. i had read the book the film is well done. its a good story about faith and belief. The other one Extremely loud and very close, is about a year after September 11 and an aspergers boys quest , he lost his dad in the twin towers. Both are worth a watch.

Alan is off to Dornach at Easter to a Steiner conference. he s going via Holland to stop in to say hello to C\_\_\_\_. One of her 3 girls committed suicide. not sure which one ,but its not the one who came to see us in Australia. She was a very nice girl as probably was and is the others. Im going to do some more work on the house, well the garden really. mainly weeding and a bit of planting. your dad has planted tomatoes capsicum and courgettes i want to put herbs in again. we had a lovely big bunch of bananas from our tree tiny lady fingers very sweet. Me\_\_\_\_ and I and possibly J\_\_\_\_ ( dependent on work) would like to come to see you. If there is a better/best, most suitable, time during the two weeks from 31st march let me know. If its not the right time for you for us to stay we will just come for a day or part day visit. we have some girlie( probably ok for little boys too) toys for I\_\_\_\_ which we meant to bring at Christmas but forgot.

Today we have been to Sunnybank (little China) for yum cha, to celebrate L\_\_\_\_'s wife C\_\_\_\_getting her permanent residency. Debbie says we are 'renta family'. It was a brilliant meal we ate for 2 hours and it cost only 17 dollars a head! well dear Eloisa i hope this finds you all well, and that A\_\_\_\_ enjoyed his parcel. I had originally intended a different gift but decided it would be better at Christmas when i can get 3 because it will be fun to all have one !!!(which makes no sense to you because you don't know what it is he he ) with love Jackie

ps. Do you remember L\_\_\_\_ M\_\_\_\_teacher at samford. She's a good friend of your dads, she is very ill with a cancer in the spine. it has a 15 year prognosis but of course would be gradually paralising. your dad is visiting her twice a week they are doing spiritual work and shes looking into her chart and alternative health and her soul path etc. She's being very positive. but it was a great shock.

**Date: Wed, 28 Mar 2012 14:55:23 +1100**

**Subject: Re: hi**

**From: [eloisalh@gmail.com](mailto:eloisalh@gmail.com)**

**To: [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)**

Thanks for all the news. It sounds like lots is happening and it has been a full term! Some major stuff going on by the sound of it. I hope L\_\_\_\_ is able to connect to the cause of her cancer and feel through some of it! It is a full year from what you said when you were down here last time!

Have fun Friday with everyone!!

How do you feel about Dad seeing Ch\_\_\_\_ again?

I believe suicide is very spirit influenced most of the time and a Law of Attraction for all involved, much there - for me too hearing about it.

Re visiting: the next couple of weeks is pretty packed for us. We have people visiting till Wednesday 11th April. So if it suits after that we are about.

Let us know.

Love  
Eloisa

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:** RE: hi  
**Date:** 28 March 2012 8:29:30 PM AEDT  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

After the 11th should work. i'll confirm because my beautiful little car is having to have a nose job! Alan backed the patrol into her face! it will take a week to fix. luckily Alan will be in Switzerland and I can have the patrol. but i'd prefer to drive down in the little car. I'm very happy for Alan to see Ch\_\_\_. Affairs aren't part of his life at the moment, but even if it changed it's not really significant. it was a struggle in the past but now i know they don't really alter anything.

L\_\_\_ is doing a lot of work. she is seeing part of the issue as a gift for her to take time for her self etc. Suicide i don't really understand. i'm looking at self harm in children at the moment i expect it is connected. It's definitely a deep pain. I don't identify with it. i always feel I'd be more likely to kill someone else! love to you all i'll confirm x

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:** RE: hi  
**Date:** 10 April 2012 10:00:45 AM AEST  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

Shearers quarters will be good x I had read about the mediumship evening and that Mary was doing her book club Wednesday so had wondered. I would be very interested to come along. I have never been to such , only seen it on TV and computer. x I have just read a load of stuff about veganism, am I right in clicking the reason you are changing to melamine is to avoid bone china? I had wondered since I last visited. Eloisa you provide such a source of 'question' its a great provoker to look at what otherwise just happens! xxjackie

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:** RE: hi  
**Date:** 14 April 2012 8:17:16 PM AEST  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

hello, Today has been a bit anti climaxical, Me\_\_\_ has been off all day with C\_\_\_. J\_\_\_ has been working and apart from entertaining A\_\_\_ (or R\_\_\_?) for coffee ive drifted. It was a full weekend(seemed like a weekend) The drive is quite pleasant, even the return one, which gave me time to think reflect on all the conversations. I love to spend time with your beautiful children and feel very honoured that even with the long gaps between visits they are warm to me, it was soooooo special to have them ask us to come back. its great that you have begun to make your shoes..... Seeing AJ was good I liked listening to him 'in the flesh' I generally speaking agree with the basis of the messages, and it was interesting listening to the congregation working with his concepts. He draws a lot of very wounded souls.

The food as usual was delicious. My conversation with your Pete was full, enough material for days of talks. Gave me lots to think on, on the drive. But a couple of things I would like to offer for his consideration. Everything we do in life we should do as well as possible, everything deserves the detailed attention. He himself puts 200% into his passions of sheep farming and now ecological regeneration. You have found your shoes, perhaps M\_\_\_'s passion is propelling a boat through the water, Little P\_\_\_'s playing cricket and S\_\_\_'s understanding the psychology of the mind. What therefore is negative? of course we can judge each other's passions, but diversity and acceptance of diversity is a fundamental act of love. (I don't undermine the pain you have from your early childhood, and of course you will all have ways of being from the upbringing, but the pain may be negative but not necessarily its effects if indeed this is why you all put in effort) `

The other thing is although the Divine Love path is about feeling feelings, there is also a place for mindful speaking and mindful action, why does one want to say what one is about to say, why did Peter want to tell me the philosophy and challenge my views. (I didn't mind in the slightest) I am suggesting examining why one wants to?

Also on the cross Christ said "Forgive them father for they know not what they do" this is as it is with many of the parents I work with' they do what they do' with good intention or ignorance. Everyone of us does and makes decisions for child rearing in our ignorance, we are ignorant of damage we cause. Only God can judge. (Had I not had J\_\_\_ head adjusted by a cranio after he fell off his bike, he could well have suffered with neck and back as an old man, by luck I did otherwise in ignorance I would have allowed damage for him to contend with later.)

I am in no way underestimating the pain you have that you feel comes from Robin and Alan. Your Dad is a real mixture of a man. I am glad I was older rather than younger when we embarked on our relationship. Possibly my control of the way my children were treated was contributory to Alan's need to relate to other women, possibly I caused (or tapped into his insecurities) I don't know, but it provoked growth in me and yes I do love him 'warts and all!' as I said when you asked how I felt about him visiting C\_\_\_ and how I wondered about his antics in India. I no longer need him, I want to share my life with him I love him but he is not essential to me being me.

Perhaps in your 'Path' to be me this would lead you to question if we are soul mates, as you see soul mates as 2 halves of the whole? I don't see soul mates like that. We are definitely soul mates we have work to sort out in this life left from a previous incarnation together. But I can see it would not work to be so independent if like you I saw soul mates as 2 halves. Hope this makes sense. I value our relationship Eloisa, let me know when you go to Byron it's an easy trip even possible for a couple of hours. xxxxxxxxjackie

**From:** [jacqueline coxtaylor <jcoxtaylor@hotmail.com>](mailto:jcoxtaylor@hotmail.com)

**Subject:**

**Date:** 20 April 2012 7:38:42 PM AEST

**To:** [Eloisa Lytton-hitchins <eloisalh@gmail.com>](mailto:eloisalh@gmail.com)

Hello. Well your dad is home. It seems to have been a good conference and he was able to catch up with Mi\_\_\_ G\_\_\_ and ask her about L\_\_\_'s cancer. There are two reasons for cancer. One is a too early intellectual education. (probably why your dad got it) and a soul that is not free.

In Holland he was able to talk with c\_\_\_\_\_ about her girls. Daniella died 3 years ago. she had attempted suicide on a few occasions. Using a knowledge of plants. Eventually she took herself to the woods and asphyxiated herself. A medium later told C\_\_\_\_\_, D\_\_\_\_\_'s soul had asked before incarnating if C\_\_\_\_\_ would nurture a soul that wished this mode of death. A\_\_\_\_\_. had been ill for many years and tried many remedies for bi polar. She was successful as a mother and loved her babies. but the medicine damaged her heart. Phew what a path!

i've just ordered some more thongs from England, the strength of the dollar is in my favour at the moment! Theyre fit flops.

back to school this week it quickly felt as if we had never had a break. But i did enjoy my break in sunny kentucky! I have very fond pictures in my head of A\_\_\_ with the blanket over his head, nativity style. and it was so lovely to have the children ask us to return x

The medium ship night has provided stimulus for thought, which supplements my study nicely, and as Im helping with an errant 15 year old at present ,its invaluable. i sent feedback to AJ from his session. not criticism just observation , but the email was replied to by L\_\_\_\_, who feels i'm a man hater and arrogant! L\_\_\_\_ is an interesting lady, she is a chemist who used to do research on animals but now does brain scans on people on the Divine love path, showing the good condition of their brains.

I just find the path interesting, some of it is obviously so good. But I did feel concerned, that challenging seems to be frowned on. do you think perhaps people are just fed up with challenge because of the media? Well dearest Eloisa, keep well enjoy your most beautiful babies xjackie

**From:** [eloisalh@gmail.com](mailto:eloisalh@gmail.com)  
**Subject:** replies  
**Date:** Sat, 21 Apr 2012 09:30:54 +1000  
**To:** [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)

Hi Jackie

I have been somewhat reluctant to reply to your emails due to fear.

I don't agree with quite a lot of what you say.

I feel that you do have a lot of rage which when you were down here was directed at AJ - it comes and it goes. I felt a good example was when we were having lunch and AJ first came in. It also gets directed at Pete. If you have noticed the last two times you have visited you hardly saw Pete and when you were both having the conversation together before you left I felt that there was anger in both of you at different times especially when he was talking about the affairs Dad had with you.

Pete's email is [peter@kyabra.com](mailto:peter@kyabra.com) if you want to send him the considerations you had for him from your conversation. I feel it would be best to address that between the two of you. I also feel that the conversation you and Pete were having about M\_\_\_\_, S\_\_\_\_ and P\_\_\_\_ I feel that 'my' Pete was not criticising what they were doing or passion and desire more looking at why they do what they do and the similarities within our family. I don't feel he was saying to stop it in anyway he was just looking at what was beneath it and the intention and emotional reasons as to why they do what they do. We look at this in

ourselves and though we do not know how anyone else feels and cannot know there are some interesting similarities at an emotional level and each of us have dealt with those differently depending on our personality, I feel. A little like when you mentioned 'why do we say what we say when we say it?' There is always an emotional reason.

'but the pain may be negative but not necessarily its effects' I feel the pain is still there and it is still damaging and so it is negative it is only the personality of the person that has chosen to put it to 'positive' use we could have just as easily become psychopaths - there is not much difference between an elite sports man and a psychopath scientifically in the brain they just chose different expressions.

'of course we can judge each others passions, but diversity and acceptance of diversity is a fundamental act of love.' I am guilty of a lot of judgement, though I do not feel that I judge my siblings for what they do, in fact I feel they do some amazing things with intentions that are to 'help', what I am wondering is what motivates them at an emotional level, that to me is interesting and I wonder if they did not have the emotional injuries from childhood what would they be doing? I ask this of myself also.

I feel often that you - Jackie- justify things even when they are unloving behaviours. I recognise this because it is what I have done a lot and still do often. In my opinion some things are not justifiable. God doesn't justify un-loving behaviour. God is consistent and loving all the time - I have yet to be. I do not mean that we should discard someone for being unloving merely that the behaviour needs to be exposed as they are and what they are, otherwise we are actually tacitly agreeing with it and saying it is okay with us. I am beginning to ask myself 'when am I going to stand for Truth and love rather than fear'. Justification I am discovering for myself is a desire to avoid a lot of pain and emotional hurt. Justification is denial of deeper feelings.

The other thing is although the Divine Love path is about feeling feelings , there is also a place for mindful speaking and mindful action, why does one want to say what one is about to say I feel that the Divine love path is about having a relationship with God and part of that is to be totally true and open with God and part of that process is feeling your feelings but I don't think that is the only part of it. It is also about being truthful and loving (as God sees it) to each person and many people 'feel their feelings' with intentions and desires to blame and hurt others rather than love them. I can see why many feel negatively to the path if I hadn't heard about it and was new to it and came to a gathering here I would probably not be that keen on it. What I love about it is God and that I can have a real relationship with God, that Truth and Love are real and beautiful and can change the world from what we know to something incredible! That I find exciting - a world ruled by LOVE rather than fear! ,

why did Peter want to tell me the philosophy and challenge my views. (I didnt mind in the slightest) I am suggesting examining why one wants to? I agree with this also, self reflection is vital and essential to understanding ourselves and those around us!

Also on the cross Christ said "Forgive them father for they know not what they do" this is as it is with many of the parents i work with' they do what they do'They may not know other ways but do they want to? Do parents really want to take responsibility and accountability for the damage they have done to soul's in their care. I suggest not otherwise we wouldn't be doing it? If we truly loved our children instead of needed or demanded or expected from our children it would be a very different world I feel. with good intention or ignorance. Everyone of us does and makes decisions for child rearing in

our ignorance, we are ignorant of damage we cause. I cannot agree with this. Would many people do to adults they do not know, what they do to their children? Also most of us know when we cause pain, and that is easily observable on a child's face in particular when they are very small. If we were more self reflective we would definitely know - I suggest that parents are ignorant because they want to be, not because they don't know what they are doing. I also feel that most of us have a conscience (sorry spelling - we know when something is nasty or not, or we have done something unloving) many people ignore it or justify it but if they allowed themselves to feel they would know what they were doing. I feel we want to justify behaviour and be 'ignorant' so we don't have to feel what we have done.

Only God can judge. I don't think God does judge, and many people do. God gave us free will with automatic feedback - when we are unloving it hurts and when we are loving many wonderful things happen (it can also hurt at times but this is healing hurt). (there are a few more complexities to it than that e.g. some things can 'feel good' but are not good for you e.g. drugs and eventually they will lead to pain). (Had i not had J\_\_\_\_\_ head adjusted by a cranio after he fell off his bike, he could well have suffered with neck and back as an old man, by luck i did otherwise in ignorance i would have allowed damage for him to contend with later.) I am in no way underestimating the pain you have that you feel comes from Robin and Alan.

Your Dad is a real mixture of a man. I am glad I was older rather than younger when we embarked on our relationship. Possibly my control of the way my children were treated was contributory to Alan's need to relate to other women, I feel you are wanting to justify Dad's 'bad' behaviour. It would be better to just feel how sad you are about it. I feel there is a whole heap of emotions tied up in it. I don't know or even presume to know what you feel Jackie about this. What I have observed and what you have told me is that you had been angry at times and it brought up fears in you, I suggest if those had been fully felt and released at a causal level Dad would have stopped much sooner having affairs or you would not have put up with his behaviour, because you would have loved yourself much more.

I feel God made a soulmate for each of us and I feel that anyone going off sleeping with lots of people there is an injury there and an addiction. possibly i caused(or tapped into his insecurities) I feel you are blaming yourself for something that someone else has done that was not loving at all. If Dad really loved you why would he be off with another woman - or he might be off with another woman but he would have told you about it first and that he was attracted to them and felt he needed to be with them - but he didn't - why not? what emotionally was going on for him that he couldn't be truthful with a woman 'he loved'.

i dont know, but it provoked growth in me and yes i do love him 'warts an'all!' maybe, maybe you also put up with him warts and all for reasons of your own? as i said when you asked how i felt about him visiting C\_\_\_\_\_ and how I wondered about his antics in India. In no longer need him, I want to share my life with him i love him but he is not essential to me being me. Perhaps in your 'Path' to be me this would lead you to question if we are soul mates ,as you see soul mates as 2 halves of the whole? I dont see soul mates like that. we are definitely soul mates we have work to sort out in this life left from a previous incarnation together. I don't know if you and dad are soulmates. The soulmate question I find is difficult while I hold onto rage and fear with men. So I don't agree that you know he is your soul mate. From my perspective I see that you both have similar or compatible injuries that are exposed while you are together and they bring up a lot of things within

each of you that you can work through if you desired and I don't see a problem with that. I do have a problem with behaviours that have taken place which I have observed and at times been part of over the years. This is something for me to look at about why that is and what is inside of me around this. but I can see it would not work to be so independent if like you I saw soul mates as 2 halves. Hpe this makes sense. I value our relationship Eloisa, let me know when you go to byron its an easy trip even possible for a couple of hours. xxxxxxxxjackie

2nd email

Hello. Well your dad is home. hope it's nice to have him back. Hello to him. It seems to have been a good conference and he was able to catch up with M\_\_\_ G\_\_\_ and ask her about L\_\_\_'s cancer. there are two reasons for cancer. one is a too early intellectual education. (probably why your dad got it) and a soul that is not free. I don't agree with this. I feel cancer is due to surpressed rage and this is discoverable about what that may be from, from where the cancer comes out in the body. The body is the barrometer of the soul - an interesting book.

In Holland he was able to talk with c\_\_\_ about her girls. Daniella died 3 years ago. she had attempted suicide on a few occasions. Using a knowledge of plants. Eventually she took herself to the woods and asphyxiated herself. A medium later told C\_\_\_, D\_\_\_'s soul had asked before incarnating if C\_\_\_ would nurture a soul that wished this mode of death I feel this is a justification to make C\_\_\_ feel better. Why would a person take their own life?? They must have some very full on feelings within them which I suggest would have a basis with their parents. I also feel that they were spirit influenced and this is sad as once in the spirit world the spirits would no longer be 'helping' them and they may be wondering what has happened, also they must feel very 'bad' about themselves and this is hard to get out of also from what I understand. There was a question on suicide in one of the talks which was REALLY interesting!!.

A\_\_\_ . had been ill for many years and tried many remedies for bi polar once again I feel this is to do with spirit influence. I feel that C\_\_\_'s girls are all mediumistic.. She was successful as a mother and loved her babies how do we KNOW this? She may have had different feelings too. but the medicine damaged her heart . Phew what a path!

' and as Im helping with an errant 15 year old at present ,its invaluable. what do you mean about this?

i sent feedback to AJ from his session. not criticism just observation , but the email was replied to by L\_\_\_, who feels i'm a man hater and arrogant! I don't know how to reply to this as I don't know what you said or what L\_\_\_ said. But if it was me i would feel how I felt about what was said and explore it as it has been brought to you through the Law of Attraction. There could be some truth in it?. L\_\_\_ is an interesting lady, she is a chemist who used to do research on animals but now does brain scans on people on the Divine love path , showing the good condition of their brains from what I have heard this is not what her study is actually about. Also in my opinion not everyone on the Divine love path has a good condition and I know a couple who she has done part of the study on and they are definately not in a 'good condition' at this time. That could change at any time., wondering if this is what you really felt or you are having a dig at L\_\_\_ and the Divine Love Path cos of what she wrote to you?.

I just find the path interesting [What do you mean by interesting?](#), some of it is obviously so good. But I did feel concerned, that challenging seems to be frowned on [there are people with emotions that find it challenging to be challenged](#). I know that AJ and Mary don't feel questioning their ideas is a bad thing at all and from my perspective I would look at their behaviour over others at this time as they are in a better condition than most of us on earth in regards to Love and living this path.

I suppose often when people 'challenge' others it is actually to change their minds or because they are angry with what is being presented and want to defend their own ideas, a challenge is often angry from my experience so that would suggest fear in the one challenging? There is a difference in challenging and investigating. For me I feel challenged by some of what is presented by AJ and Mary and I need to look at myself to find why that is. I have also put into practice some of the principles and I am investigating for myself - really this is the only way to find out I feel.

. do you think perhaps people are just fed up with challenge because of the media [I think people have emotions in them that they are sick of being challenged](#), they don't have to be on the path to feel this. Look at Dad he finds it difficult to be challenged around certain subjects and to differing extents on differing subjects many people including myself do too. Often being challenged makes us question and there are certain things I feel many people including me feel confronted by if they question about it.? Well dearest Eloisa, keep well enjoy your most beautiful babies xjackie

While AJ was down here we did an interview with Jesus on Developing a 'Relationship with God'. it is up on Youtube if you are interested.

[http://www.youtube.com/watch?v=-9Y8qCn0WAw&list=PL309E137577B58BD7&index=1&feature=plpp\\_video](http://www.youtube.com/watch?v=-9Y8qCn0WAw&list=PL309E137577B58BD7&index=1&feature=plpp_video)

Love  
Eloisa

**From:** [jacqueline coxtaylor <jcoxtaylor@hotmail.com>](mailto:jcoxtaylor@hotmail.com)  
**Subject:** RE: replies  
**Date:** 21 April 2012 5:18:54 PM AEST  
**To:** [Eloisa Lytton-hitchins <eloisalh@gmail.com>](mailto:eloisalh@gmail.com)

Eloisa there is no need for fear. Your views don't affect me in a way that hurts at all. I don't have a lot of rage. interesting you thought i felt something negative toward AJ. I did , but only because i feel if he is Jesus he must be very loving and I was very interested to meet him and wanted to either feel wow yes he is Christ or no he is not. As he didn't emanate warmth and monopolised the conversations and only talked about fear ful events(and sucked his knife!) I found I suppose, disappointment or not, perhaps a certain amount of anger that he is not honest or perhaps he is honest but cloaked.

oh I don't know .if I think about him I think . How could someone be so deliberate to con people. and I find that too difficult to believe so then I think perhaps he is just mislead by Lucifer, then I think perhaps he is who he says he is and it begins again. with he just isn't good enough. At the farm you said I was too critical of him. but you see for me he would have to be above all criticism and I see cracks. yet i can't think a man would set himself

up knowing he wasn't who he says he is. I can't think someone would do such a thing, knowingly.

With regard to L\_\_\_, I wasn't saying she found negative attributes to brain scans of people on the path, on the contrary she found positive attributes. I mentioned her because I was surprised she responded when it wasn't a discussion it was just feedback on the presentation from an outsider. Which AJ may or may not be interested in.

I will communicate with Pete. you are right the flow between us is not [easy](#). It's not changed from our first encounter though. ( are you projecting I should feel this?) he is defensive, and it only feels ok between us in patches. it has always been like that. I didn't feel rage at him at the 'last supper' but did feel he threw a lot in the mix too much to really discuss. But I don't think discussion is easy for him. he tends to run away. I did think his mention of the pain inflicted on you and S\_\_\_ by alan, inappropriate, it is after all not his experience for him it is here say it is your truth or S\_\_\_'s. he can only talk of his wounds if he received any from Alan these past 5 years or from his own parents.

I know it's difficult for many to understand my acceptance of your dad's affairs but it's definitely not a lack of self love or appreciation. Your dad ultimately hurt himself not me. It's not that I justify people's actions, it's understanding why they do what they do. Of course it doesn't make it right but it explains, which then gives a way to help to heal both the victim and the perpetrator. I work with children and their teachers and parents all the time who do awful things, but constancy of love towards them is what shifts the perspectives. it is new testament. 'turn the other cheek' forgive.

It's the same basis of parenting, one sees mistakes as opportunities to teach and learn not punish. It isn't for me to apologise for your dad, but I know I have talked to you about him in the past and I do apologise if this was harmful or a burden. At the time I did find it difficult to talk about him with many people because in general people judge, and at the time you loved him and thus I felt you would not judge him. because having him judged was not at all helpful. Obviously I didn't know then that you felt wounded by him. So I am very sorry.

In parenting one needs to understand there are some things one has a responsibility to make a decision and to know better. I guess the problem for everyone is sorting out which things a parent needs to make the decisions about. and of course there are many people who still believe chastisement is the way to go, but that's not the only area. children don't automatically know what to eat what to wear, bedtimes, what to touch what to watch, read, listen to etc. Not everything results in pain at the time some things lead to damage later. ( as with a cancer from too early intellectual education. it wouldn't be obvious at the time. or sclerosis from early intellectualism)

With regard to the siblings choices I simply meant why is it perceived as negative that one wishes to do what ever one does well. (It's a legacy of Steiner education that any thing is possible and it's a legacy of Australian state ed. that it's only possible for a few! ( I was raised with 'any thing that's worth doing is worth doing well')

The teenager in my care at present is an errant 15 year old who has justifiable rage with her parents, yet there seems no way to really help, her. she came to stay here but promptly went out and has yet to come back. She answers my phone calls with lies of what she thinks I want to hear. it's very distressing once a rift comes in a family with a

minor, how to heal it. at present her future is glum. her family are worried but i can't see how they will cross this chasm.

Your way of replying amidst my email was clever.

At the market today were boots made of bamboo material with rope soles. Do there emails disturb you to the extent you wish i would just shut up and disappear?

with love jackie

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>

**Subject:** RE: replies

**Date:** 21 April 2012 10:11:00 PM AEST

**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

Just watched video to the break. Will watch next half tomorrow as it seems like the first half is the why the second half may be the how? interesting. But probably doesn't change much for me. My concern remains 'is AJ ,Jesus,i don't believe so but then is he consciously acting this way or is he thinking he is. i don't have many issues with his messages.

Mostly they parallel my own pictures. But i am different . because :\_ i was not punished as a child, nor my emotions suppressed except ouvert demonstrations were not modelled,the feelings were but not in loud dramatic ways. God was not portrayed to me in any way by my parents my mother is an atheist my dad was spiritual and believed everything came from god. god was not understood by him simply accepted as a divine positive truth no fear attached. My parents didn't panic. They didn't hold on to us or expect any thing, they did serve us but also accepted independence. so i suppose that has coloured my parenting.

i mad decisions for my children only by limiting that which was presented to them and with rhythm. not conflict. just the daily rhythm of events. Alexander did set fire to the kitchen. i didn't shout or panic he ran into my arms so i cuddled him. I have never told anyone not to cry, but i would touch or cuddle a sad grieving or hurt person if i felt they would like it. God became a reality to me when i was 30 . it was an overwhelming feeling. Before that I had an intellectual desire for God but it never felt honest. I don't need to speak or rationalise or intellectualise or comprehend everything it either feels ok or not. I experience grief and sadness and fear but tend not to get blown away by them.

Occasionally I decide to express big feelings out of interest (ie. when Alan hit my car I decided to scream. it was interesting but ineffectual, he just drove off!) I dont suppose i had a perfect childhood,but I loved it all , I always felt very special and have no traumatic events to recall. my mum hit me twice, once she was upset with something unconnected to me I pushed the button she spun round and slapped me. Then she cried. The other time she was frustrated because i was upsetting my brothers i had been all day with my Granny who spoilt me as the only girl.

Mum was reacting to what she would be feeling toward my gran in defence of my brothers. I remember feeling shocked surprised and dumbfounded, when she smacked me on the bum as i tried to tell my brothers how to play with the gift i had brought them. I have not found parenting hard I don't get rattled with children nor panicky. (As a trained teacher i do now make risk assessments.) some where obviously there are some things Ive caused by things ive been unaware of, or allowed to happen by others. But overall the stuff AJ lists just is not the way it is for me.

But I do agree the way he indicates many people are, is not a good idea, but I haven't had to intellectually learn to be it is from imitation which is the way small children learn. When he mentions a tantrum, I believe it's a communication and one needs to discover what is being communicated. Often a little child will behave physically in response to a more subtle attack from an older person, especially between siblings. Obviously I believe in age appropriate learning.

There have been events in my life that have been hard, the hardest was my dad dying, I was ok about my grandparents, Emmanuelle was tough but I felt Dad wasn't ready to go so I felt his sadness too whereas the others I felt was more my not wanting to let go. Relationship wise, I have experienced being loved and loving in return 4 people each of whom I could and have lived with. Fidelity is a bigger feeling than mere exclusivity... for me. Because so much of what I know is feelings, only recently have I begun to put words to feelings (hence this period of study) So basically I'm in accord with his messages and welcome changes for people who parent punitively, my intrigue is still AJ the man. x

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>

**Subject:** Our 'Last supper'

**Date:** 22 April 2012 10:05:55 PM AEST

**To:** Peter Lytton-Hitchins <[peter@kyabra.com](mailto:peter@kyabra.com)>

Hello Pete, Eloisa suggested I write to you, because I mentioned our conversation on our last visit. I completely endorse the validity of actually talking to the person rather than the third person. Which probably is why I found our conversation somewhat confronting. I didn't mind the 'attack' (it felt a bit like an attack.) because I am secure in my self. (a benefit of age) but I did wonder what provoked you. Had you been waiting the opportunity to express your feelings. It's true our time was limited. I am aware you are busy at the farm with the combination of sheep and regeneration and preparations for the future as you see it. Which is why I am careful to limit the amount of time we visit. I feel it is important to keep the contact (for Alan's sake but also because I have my own relationship to Eloisa.) and visit however is acceptable to you both. J\_\_\_ and M\_\_\_ want to keep the relationship with their sister, she has a very special place in their hearts and memories. And of course we all love spending time with your beautiful children. I think in all honesty Pete, you and I have never had an easy flow between us. Conversations of any depth have been limited. Possibly I am intimidating. My children all tell me their friends are frightened of me until they get to know me, because I have a serious face and am not demonstrative. I've never worried about it because Eloisa loves you, you are kind to her and a lovely dad so that's all that is essential. Until you began to follow the Divine Love path, I just thought we had views very much apart. I have a background of a very child-centred approach and alternatives. Boarding school is alien, as in fact is farm life, I am a fisherman's daughter.

The divine love path interests me, a lot of it is compatible with my own values, which makes sense why would it be not. Veganism or vegetarianism I comprehend the philosophies, but just feel humane interactions and whole foods, yet could be either it's all tasty. The possibility of AJ being Christ re-incarnate, I struggle with. And thus have many questions. I was very pleased to see him in the flesh instead of just video footage. And am watching yours and Eloisa's interview with him earlier this month. I can't believe a person would knowingly con so many people, yet he doesn't fit what I believe, so then is he misguided .....

One thing I struggle with with AJ. is his sweeping judgements. judgements that all parents get it wrong. he undoubtedly had an extreme childhood. (his tales of his uncle etc at lunch !) Similarly the psychologist Eloisa read Alice Miller also had a very damaging childhood. But that is not every family. Indeed my own childhood was not abusive. and I never reacted with fear with my children or punished them in any way. neither do I hold on to them like possessions. I do serve them and enjoy them. I serve as i would serve any one in my home . I teach by example. all my big kids are competent and very caring. (they were not angelic all the time as children ,but they are very compassionate adults.) It was very warming the way they all immediately flew home when their dad was diagnosed sick, and then arranged their affairs to see and support him through the terminal illness. I only tell you this to explain why I find AJ judgemental. (yes I am judgemental of him but then if he is Christ he must expect to be accountable and have to justify himself, he has announced he is the highest one can be except God) Christ always said we should ask and never just accept.

Enough of the background. our conversation. You said Alan had damaged S\_\_\_ and Eloisa in their childhood. Surely you and I don't know this. we only know their accounts of their truths. We don't know otherwise. for me i would expect them to forgive , but that is their choice. I don't believe parents knowingly screw up their kids. they do it either because they believe it to be the right way to go or because they operate unthinking of the child , selfishly. When I met you , you would have advocated boarding school, I assume this would have been from a motive that believed at the time its a good thing and not because you know it causes damage. and suppression of feelings?

We conversed about sport, J\_\_\_ felt you were leading him to say his fear of heights was due to a possible reaction from me when as a child he fell from a tree. But you see you don't know me i don't react hysterically. i don't show my feelings easily. I feel them easily but I don't show them. i come from an undemonstrative part of the world. i have learnt to talk and express through education. Silence is easy for me. When J\_\_\_ fell from the tree I watched and waited to see his reaction. he was stung by stinging nettles which broke his fall.

Probably the most controversial topic was affairs. Yes its a strange phenomena. People usually have views about what they would or would not do in such an event. my experience tells me you just don't know 'til it happens. Alan didn't have an affair to get at me. it was separate his own stuff it didn't really concern me. Oh of course I was affected, it was very hard but i learnt a lot and grew tremendously.

I learnt I don't need any body. My relationship is not a dependency. I don't need Alan but I do choose to be with him and benefit from the union. And the pain he caused me I do forgive him, i married Alan after his affairs , because I knew then 'through sickness and in health for better or worse' i knew i meant it. It's not 'fairweather sailing' my union is not conditional. Just as my love for my children is not conditional, nor is my love for my parents. because true love is not conditional. God loves us all unconditionally and we are made in God's image.

What motivated you to try to cover so many topics in a short time, topics that any one of would have kept us conversing for many hours. Eloisa felt we became angry. If i did it wasn't particularly but would have been due to the judgement that it reflects badly on one if one is willing to forgive.

Pete this is probably too much in one email. its ok I'm not offended if you just press delete. x I'm about to prepare for class tomorrow .so goodnight Jackie

**Subject:**

**From:** Peter Lytton-Hitchins <[peter@kyabra.com](mailto:peter@kyabra.com)>

**Date:** 23 April 2012 9:57:07 AM AEST

**To:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>

Hi Jackie,

AJ and Mary are my friends. I also do not understand everything about them. What I have noticed is that they always tell the truth. The truth is not unloving or a judgement. It is simply the reality. When I look at the way they live and interact with others they are always willing to put God's laws above all else. I am learning what a big difference there is between the truth and a judgement. I have spent most of my life judging others or avoiding the judgement of others. The truth is often feels raw and unpleasant when we see it for what it is.

When Eloisa and I share our experiences of both the present and the past, the truth is always so rewarding. It might be ugly or painful. It is also a relief when one shares what you already feel. Secrets and avoidance are never helpful. Sharing how we are feeling has become a whole new part of our relationship.

Anything that has happened and happens to Eloisa also affects me and vice versa, That is why sharing, feeling and communicating our feelings we are finding is so powerful.

As for parents getting it wrong. Most do not want to look at what they have created. The truth is that Alan has had a huge influence in how Eloisa and S\_\_\_ feel towards men. He was the first man that they loved. He was also the first man to hurt their feelings and to leave them. In this example Alan should be repenting the actions he as taken rather than there being an expectation for the girls to forgive him and make him feel better.

There is no such thing as half truth or part truth, their is only the truth. When I talk about Truth I refer to God's Truth which is The Truth, and Personal Truth which may be in error but is the truth of how that person feels. Most humans if they really want to know are capable of investigating, finding out and knowing what is God's Truth if they truly desire to at a soul level. Why sugar coat it? Where things get clouded is when there is no love when sharing the truth or a judgement of the person while sharing the truth.

It is true that God loves us all. It is not true that there is not consequences for the actions that we take. We make choices and use our free will. If we truly love we will never justify somebody's unloving behaviour. We would honour their free will and also honour our love of self. I am learning that when I love myself I am no longer in the addictions with others.

Jackie I feel you want to justify everything. You are very angry. Why else would your children's friends be frightened of you? You are also not very willing to look at what's really going on and how you truly feel about what has happened to you personally by me or anyone else.

Why is M\_\_\_ getting attacked at train stations or unable to say hello or goodbye or simply share her voice in a group environment. I feel Her face is showing her pain and grief about herself.

As for Alan I feel he wants Eloisa to make up. He wants Eloisa to agree with him as do you. How often does he really want to listen to Eloisa and feel what it is like for her? Does he know how to listen to a child? Teaching a child is so different to listening to a child. Eloisa will love her father sometime in the future again but the difference will be she will also love herself and honour her own feelings above all else.

If you both want to share time with Eloisa and Myself it is going to be important that we are all honest with what's going on and coming out of us all. Thank you for sharing philosophies. My desire is that we share the truth and are real with what is going on. If your reasons for seeing us is just for the kids that is not reason enough.

We desire that God's children who we look after at the moment have people in their life who have a real desire for discovery and experimentation and a passion for love and truth above all else. You can see how far Eloisa and myself have to go to reach this desire. Each day it does get stronger and more rewarding.

Feel free to share my thoughts with Alan. Just like yourself Alan does have a love of learning. If either of you get angry with what I have said the best thing I have been told is to ask why?

Love  
Peter

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:** RE:  
**Date:** 23 April 2012 6:24:32 PM AEST  
**To:** Peter Lytton-Hitchins <[peter@kyabra.com](mailto:peter@kyabra.com)>

hello Peter, thankyou for replying. it's a better flow than we have achieved face to face. I am not angry Pete, i think either i wrote it not explicitly enough or something. i said people often feel i don't like them because i don't have a face that just smiles. i meant my big children its not the case or wasn't the case either when they were small, because children read feelings before they read expressions, so i've never had an issue in that area . adults tend to read expressions first and my thoughtful face is severe.

i don't want to justify everything, on the contrary I accept , yes free will , i see reasons not justifications they are quite different. i don't condone damage done to children by parents but i can see reasons and am not prepared to judge as which parent ever gets it right 100%. (possibly Mary of Nazareth but then perhaps not, there is no record of much of Jesus' early life. That you and Eloisa are working together on everything is of course wonderful. When i mentioned you having feelings about Alan's parenting i still believe you can only know how Eloisa conveys to you she felt. I am in no way exonerating him. (but point of order Alan did not leave the children, he is with them every single day))

Consequences for actions of course but never judgements. Truth I see differently to you, yes God's truth is the truth, but just as there are many types of love (in the bible they are described and have different words) I believe there is God's truth which is the way it is.

then people have their own truth because they have their own feelings and perceptions. Honestly how we feel about something and honestly why we say or do something, that is the question. As I said Why did you open the conversation about damage Alan has done to S\_\_\_ and Eloisa. How can I answer to that I am not their parent. I have never parented them. I was not instrumental in their parents separation. I never witnessed Alan's parenting to his 4 big children apart from a 6 week holiday. So why did you raise the issue. ? I know how he parented my little children. Yes M\_\_\_'s face and the train event are a challenge.

But I do not believe it is as simple as the way she was parented. her gestation is a big part of this issue. I have had to work with it since she was tiny she has never been as free as my other children. Yet her strength is there she always has many friends, is not shy with peers, is a leader in a school environment and represents the school at mayoral events. So you see she holds her cards close to her chest she is not necessarily shy or insecure.

For me there is also the influence of her past lives. Are you sure you are representing the truth here and not being judgemental. You have stated a theory with no real knowledge of the child's life. presumably based on a view of Alan's and my parenting skills. Alan does not expect S\_\_\_ and Eloisa to forgive him he just doesn't know what to do. And to suggest he should repent is a very judgemental statement Of course I can see elements on both sides, but it is not for me to comment, I just don't know. but I do know that to forgive does not require the offender to do anything, and not to forgive is very harmful to the offended. I'm not judging Eloisa, I can see her pain . I want only to continue a relationship with her not have it dependant on where she is with her Dad.

you say it's not enough to have a relationship with the children if not with you both ,of course I totally agree. I have never indicated otherwise. I could have never written about your philosophies, but that isn't honest. But I don't feel we have to agree on everything. You believe what you believe is the truth , but then so do I. I came to my 'faith at 30. before then I was a wanna be. I find much of your philosophy similar. With regard to AJ. yes he is your friend and at that level there is no discussion. But he also says he is Jesus, the Jesus that became Christ. Perhaps he is. for me that would be a big shift because Christ said he would not return in the physical form. I believe Christ has always been present but in the etheric. As I said for me this poses many many questions( which is why I watch the videos) and it's a big claim too live up to.

Only you can decide if you want to see me again. Religion is the cause of most feuds and wars. Challenging my views wont upset me. Ive lived the last 29 years amongst people who either agree or don't. And I was raised in a family where arguments were not aggressive but a way to learn.

I agree the truth can be unpleasant, but it's usually for us to discover the truth , particularly as feelings motives intent are all a big part. We feel but then we are capable of unpacking and working with feelings, They don't need to be left unprocessed to undo us continually. I don't wish to change your views simply understand and also ensure we do not politely interact on the surface. Jackie This is sent unedited because I'm burning the dinner!

**From: [eloisalh@gmail.com](mailto:eloisalh@gmail.com)**

**To: [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)**

Hi Jackie

I was wondering why you said this at the end of one of your emails?

"Do these emails disturb you to the extent you wish I would just shut up and disappear?"

Also Re" Jesus, I don't feel I can really 'help' with this. The only way to find out, I feel, is to actually get to know him personally and that will be up to how much desire you have to do that. I feel the only way to know is by feeling. What I am finding is that there are a lot of beliefs within me that block me from totally accepting this fact. The more I get to know AJ the more I feel he is Jesus the same as was in the first century, but I still have emotions within me that prevent me from totally being open to this.

I keep going to call you but it is always in school hours.

talk when we do.

Love

Eloisa

### **Eloisa's Comment**

***If you have gotten this far you may notice that much of what I reply is not as upfront or straight forward as when I wrote to mum and Dad. To be honest this was because I was much more afraid of the spirits with Jackie & Jackie's vengeful manipulative techniques, I also wanted my Dad's approval still, so pandered and 'treaded' carefully for a while.***

***I also didn't want to believe someone could be as nasty and attacking as Jackie is and I wanted to believe all the 'nice' words that were said and not the overt and underlying feelings and overt statements coming at me, Pete and my friends. Eventually it got to much to ignore.***

**From: jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>**

**Subject: RE: hi**

**Date: 30 April 2012 10:03:46 PM AEST**

**To: Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>**

I said it at the end of an email because, perhaps you would prefer, not to discuss your beliefs. As Peter said AJ is your friend, and as such I have no wish to criticise him. I'm sure he is very nice if you like him. With regard to him being Jesus, as I said I do not believe he is the same one that became Christ, but as he says he is I find that fact very interesting. I cannot believe he would deceive people deliberately.

The other aspects of your life, have many many things that are interesting and refreshing. And I love that you have a total positive approach to child rearing. What I want more than anything else is to retain the relationship. Peter says I wish to justify

everything, and everyone's actions. he means Alan, I cannot know what you feel from your childhood, i never witnessed your early years with your Dad.

i remember you as a strong child, quite clear in her thoughts and deeds, a leader.with great empathy. I do feel Alan's pain , he was always very sure of his relationship with you and it was a shock for him to learn otherwise. I can't tell him what to do, he doesn't know what to do. I don't know if you can heal without some actions from him, I don't totally understand the process. I do understand how we all tap into past hurts, but I can only go from personal experience and know although still vulnerable. i am less likely to be triggered off by things if i know and understand the origin.

As I said , bottom line i want to retain a living relationship with you and your children, you and I don't have the history of being parent and child. our relationship really began when you were old enough to choose whether or not you wished any sort of relationship. I never saw it as a pre requisite that we share the same religion. I know it's difficult for people to comprehend accepting the path Alan and I have trod together. I don't feel that I don't love myself.

Oh I'm sure law of attraction i have a part to play in it all, I learnt a lot from it, as indeed I feel one does from adversity. (doesn't mean i want adversity!) Some where I have a strong sense of self.... arrogance perhaps...

Did I tell you we had a puncture on the way home and thus got home about 3 am, and today NSW sent me a speeding ticket for doing 65 in a 50 zone in Tenterfield at 11 pm ! Lots of love der Eloisa x jackie

**From:** [eloisalh@gmail.com](mailto:eloisalh@gmail.com)  
**Subject:** Re: hi  
**Date:** Wed, 2 May 2012 07:43:08 +1000  
**To:** [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)

Hi Jackie

I said it at the end of an email because, perhaps you would prefer, not to discuss your beliefs. I would always prefer the truth and how you honestly feel. As what I am noticing is often we feel things don't say them, but others feel what we really feel anyway and when that is verbalised, even if it feels 'hard' to accept at times it feels better than not saying it. Or feeling the feelings and nothing being said, or something being said that is not in harmony with the feelings coming out.

I feel my whole life has been full of one thing being felt and another being verbalised, mostly they were not in line with each other which has caused problems in that now I trust words and not my feelings and words 'are cheap' to quote someone famous, in my opinion.

Lots to reply to in your last email, but just felt the first line was most important at this time.

Love  
Eloisa

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:** RE: hi  
**Date:** 2 May 2012 6:56:22 PM AEST  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

I understand your sentiments. i can identify with it, because for years and years i never expressed much of what i felt about anything except to my mum and dad and brothers who felt i had verbal diarrhoea! When i met Roger his family gave me the creeps because they were so effusive. And so were the girls at Froebel. I,ve learnt to speak up more but still often need time to digest what I actually think and feel by which time the moment may have passed.x it's the best sort of honesty though saying what you really feel not what you feel you should say x

> **From:** [eloisalh@gmail.com](mailto:eloisalh@gmail.com)  
> **Subject:** byron  
> **Date:** Mon, 14 May 2012 12:30:23 +1000  
> **To:** [alandrys29@hotmail.com](mailto:alandrys29@hotmail.com); [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)

>  
> Hi Dad and Jackie.  
>  
> I tried calling you but missed you this morning.  
> Also no answer phone so thus the email.  
>  
> We are venturing up to Byron Bay Friday 25th and will be there Saturday 26th and Sunday 27th. We were wondering if you both/all wanted to come down and spend a day with us there? We want to go and look at the hemp farm and are going to find out if we can do that on Saturday sometime. But thought it might work to see you if you wanted to catch up with us and the kids on Sunday, or Saturday afternoon.  
>  
> Let us know what you think.  
>  
> hope you have had a really lovely day at school.  
>  
> Love  
> Eloisa

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:** RE: byron  
**Date:** 14 May 2012 10:23:43 PM AEST  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

hello Eloisa we would love to catch up with you all. Alan has a comittment for sunday so it will be saturday afternoon. Lovely xx

> **Subject:** Re: byron  
> **From:** [eloisalh@gmail.com](mailto:eloisalh@gmail.com)  
> **Date:** Wed, 16 May 2012 14:32:42 +1000  
> **To:** [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com); [alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)

>  
> Hi

- >
- > We are no longer going to the hemp farm, so let us know what time Saturday suits to catch up in Byron Bay.
- > Also if you have any suggestions of good places to hang out with kids. Beach maybe?
- > We can also text on the day.
- >
- > see you in a bit over a week.
- >
- > Love
- > Eloisa

### **Eloisa's comment**

***We didn't end up going to Byron due to various circumstances and so didn't catch up with Dad or Jackie.***

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:** RE: love Eloisa  
**Date:** 19 August 2012 7:46:43 PM AEST  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

Hello Eloisa, hopefully this is still an email address for you? I'm sorry the contact has been down between us. It was disappointing not to see you at Byron and then again last week. Hopefully we will see you fairly soon. I've been busy since we got back from Alice., with studies. Alice was amazing and quite life changing.

The spirituality there and the real essence of life in Australia, the beauty of this land, the creatures and the power and strength of this planet. I can see why Alan is so keen on bush travel. It was a good conference and very positive, it made one feel extremely energetic to participate in life. Of course the challenge as always is incorporating it into everyday life. but so far the momentum is consistent.

I'm reading a book about trauma at present. a good reference from it is kandel 1998. Who researches the changes possible to free us from early years traumas. very positive for the children I work with who have had terrible traumas in childhood. I'm enjoying the study, it raises many issues, particularly as to what should happen in childhood, this compliments the learnings from the aboriginal communities who unlike the western world, revere more aging than youth.

it's a good question. we have just rewatched m\_\_\_ get his gold. such a relief, after so much hard work and determination. I'm so relieved/ happy for him. alan had a good time.

Enjoying the best of England in the sun, cycling by the river etc. he visited my Mum and they got along well, both have mellowed. J\_\_\_ is in Spain at present due home next month. M\_\_\_ is busy with school, piano and friends, also looking for work to contribute toward her trip to volunteer in Malaysia next year. Well Eloisa you are in my thoughts hopefully we will see you soon either a Saturday or if not then definitely in September holidays xxxxjackie

> **From:** [eloisalh@gmail.com](mailto:eloisalh@gmail.com)  
> **Subject:** interesting listening  
> **Date:** Mon, 27 Aug 2012 09:25:20 +1000  
> **To:** [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)

>  
> Hi Jackie  
>  
> I just listened to these and thought they were so interesting re children and mothers, miscarriage, still birth, abortion and emotions towards children from conception.  
>  
> I thought about you might be interested.  
>  
> <http://www.youtube.com/watch?v=fClkrZHIewk&feature=plcp>  
>  
> <http://www.youtube.com/watch?v=NDqfZv3rE6k&feature=plcp>  
>  
> Love  
> Eloisa

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:** RE: interesting listening  
**Date:** 28 August 2012 5:25:17 PM AEST  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

why did you think this would interest me? I watched it.....

> **Subject:** Re: interesting listening  
> **From:** [eloisalh@gmail.com](mailto:eloisalh@gmail.com)  
> **Date:** Wed, 29 Aug 2012 07:03:33 +1000  
> **To:** [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)

>  
> hi Jackie.  
>  
> Did it not interest you?  
>  
> I just kept thinking of you, Dad, and a few other people in particular during it and didn't know why so thought I would send it to you.  
>  
> I found it challenging and really interesting for heaps of reasons to do with children and parenting.  
>  
> Love  
> Eloisa  
>

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:** sorry possible miss information  
**Date:** 31 August 2012 7:08:51 AM AEST  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

Eloisa, on pondering i realise i may have told misinformation. my intuition tells me j\_\_\_\_' twin was male. but medically the foetus was too imature to be either sex and although statistically girl twins are the strongest so had they been fraternal not identical it would be unlikely a boy would be the survivor and although it seemed they were identical. of course all this is not necessarily the case.but I guess as the life had only just left the spirit world the potential was still there to be either sex. if it had survived i believe he would have been male. but of course its not the case, and that soul is now either still both male and female in the spirit world or incarnated in another body which could now be male or female. X jackie

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>

**Subject:** RE: interesting listening

**Date:** 29 August 2012 8:16:03 PM AEST

**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

No not particularly apart from wondering why you sent it to me. The theory that ailments etc are derived initially from the emotions is in accordance with what i think. Its basic Louise Hay. i'm not in favour of abortion and agree with AJ that one cannot be judgemental its simply not ok to take a life, and yes I also agree that planning to , thinking of doing and unsuccessfully trying to are also deeds that damage ones soul condition.

But there the similarity of thought ends. because for me souls reincarnate, so a soul who tries to incarnate and is thwarted is also part of the picture, one would also need to question why they chose to incarnate to a family that was not desiring a child. Similarly in miscarriage. sure part is due to the parents , perhaps they only think they are ready and are indeed not, perhaps the soul chose them in hope of them becoming ready and left when it became apparent they were not ready. Or perhaps the soul thought he or she was ready to embark on another earth life then got 'cold feet" so to speak.

I had never imagined or expected twins. It was a surprise but also like a gift, because I thought I was losing J\_\_\_\_, thought I saw him leave but then was told another baby was still with me. So I felt gratitude and never ever knew of the other baby which would have been male as they were identical twins. With regard to still birth I expect its the same but I have no experience of that or how one would feel.

Only theory that for some reason the child decided not to incarnate afterall. In the case of early infant deaths, i believe it is simply the same as for all of us, what we have to work through requires a certain amount of time or experiences. We chose our family to help us work on what we need to achieve. thus if we get what seems ashort straw , its probably what we want .If our lives are short i dont know if this is because we have achieved what we need to in this life or because we cant face dealing with it yet or perhaps somebody elses Karma has got in the way(Im not sure of all that, but then my life is not over yet so I still have lots to learn)

Early childhood deaths do offer a huge learning develomental gift to the bereaved parents.The lady in the DVD with AJ was interesting, but similarly naive(like Jehovahs witnesses) in as much as she thinks people in the spirit world can be seen! they dont have physical bodies! if her children were aborted they dont now have physical bodies of adults.

They are not 30 years old or whatever. In fact they may now be incarnated to another family! the contraception bit i have no feelings about. It is possible to be very aware of conception its not a thing of the past. Once I became aware I was very aware of when a child may come however being aware does not mean a soul will come because humans cannot control everything,that i learnt which for a capricorn is a big lesson. I now firmly believe children are gifts from God,but like all gifts one is at liberty to accept or decline ,lookafter or trash cherish or smother etc. miscarriage is very very traumatic, but like all challenges people usually grow from the challenges. Abortion similarly not many people manage to have abortions without learning great lessons.yes you grew to love him, but 3 babies very quick and surrounded by a family

On the subjects of families children etc does AJ ever explain how he created children with the person who is not his soul partner. Or how he believed other women to be his soul partner and thus left his wife and children. incidently in the DVD he says he would help support a woman who had several children and no partner to enable her to not abort. There are many many many children everywhere who if he really believes this he can help. Simply in Brisbane the number of needy children is swelling.

Im sorry Eloisa Ive watched a lot of the DVD footage, and can see obvious good elements to his teachings. But in the main it seems quite elitist, based very much on a mix of Dan Brown and Jehovahs Witness.

From where I observe it seems you were very keen to become a family and have children(at your 25 birthday you were clear about this) Peter became a possible which with a baby becoming due became a certain. 3 babies very quickly you are surrounded by quite a disfunctional family ruled by a matriach, who have none of your ideals, and a husband who is an excellent farmer loving husband and loving father but totally uneducated, parochial, and anti social to the point of rudeness.

You are, I believe suffering severe depression. You maintain all your past life was a charade you were only pretending confidence originality etc. Well perhaps we all pretend confidence.But where are you now, you have hurt people who love you, people who love you very very deeply.

Oh ok they may have made mistakes in the way they related to or raised you, but thats what life is about making mistakes. no one must be afraid of mistakes no learning takes place without it. You have everything to be grateful for in comparison to 80% of the world you had a charmed life. Always a home always people to cuddle you always food clothes and stimulation. Aj got you at your most vulnerable. For Peter it was perfect, weaned you off your hero worship of your Dad, put you in a subservient position to Peter. gradually you are being extracted from your whole family and are in a constant state of fear. life in an incarnation is short, time passes quickly . relationship is important. family is important. love is ultimate. Eloisa. I love you I liked our friendship, you are a daughter of my husband whom I love unconditionally, I hoped I could help him keep the contact he so dearly wants with his child he loves and used to feel so specially close to.

But i'm sorry Eloisa, I will write to you ,talk to you and meet you whenever you wish, but I have always felt unwelcome at the farm and particularly so last time, The lytton Hitchins(michael excepted) have no manners,and Peter was exceptionally unkind. M\_\_\_\_\_ is obviously upset by this decision, hopefully a Byron type thing will eventuate. look after

yourself Eloisa, my prayers are simply that you will realise what exactly is happening to you and leave the farm and definitely see AJ for what he is! . with love Jackie

> **From:** [eloisalh@gmail.com](mailto:eloisalh@gmail.com)

> **Subject:** reply

> **Date:** Fri, 31 Aug 2012 15:34:32 +1000

> **To:** [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)

>

> Hi Jackie

>

> I feel you are really raging and attacking Peter, myself, Pete's family and my friends.

>

> You are emotionally projecting rage, judgement and condescension towards Peter and you are attacking him. It is not okay with me for you to attack another person so violently. While you continue to do this it is going to be very difficult for me to have any sort of relationship with you until you sincerely desire to address or do address and own the emotions that are coming out of you. Peter I suspect strongly is my soulmate and he is more important to me than my family and anyone else other than God. He is the other half of my soul.

>

> I feel you are minimising everything that I feel and telling me to 'get over it, move on' and saying 'what do I have to be unhappy about?' It feels to me that you are wanting me to 'come back to my family'.

> Peter in this instance. You do not have to love me, no one does and just because I have family does not mean they love me (They have at times been loving to me). Love is the greatest gift, it cannot be demanded, or expected, and it can be accepted or denied.

> You claim to love me - I feel that you like me Jackie, at times, but I also feel a lot of other feelings from you and in the last email you sent me you were really demanding, threatening and angry at me and claiming love at the same time. Love I do not feel. Love and anger cannot exist at the same time. Your actions demonstrate your lack of love towards me and towards Pete.

>

> Everything I do I do by choice and because I desire the Truth, a relationship with God and to grow in the principles of Love and Truth that God has created for all her children. I desire God. What I say is what I feel or am experimenting with, investigating for myself and it is my choice that I do so.

>

> I feel you are arrogant and in a rage towards AJ and blame him as that is easier than feeling what comes up for you and being humble about it and feeling it for yourself. I feel you are also very judgemental and condescending to the interviewer of the abortion talk and Jehovah Witnesses in general.

>

> I feel that what Jesus is teaching is for every person. Fundamentally it is about Love and growing a relationship with God, not following him or anyone else. The teachings are about growing in love - both natural love and Divine love (which God gives) I don't see that as elitist. I do see people following the teachings with elitist feelings and I feel even in myself emotions of selection towards particular individuals which is not loving and something I need to work through, this is my issue. It does not come from Jesus or the teachings.

>

> We have noticed that if something fits what you personally already think or feel you accept it readily and anything else you discard or reject completely. It does not feel that

you are open to anything other than what you already believe or fits your established belief system at this time. (I recognise in myself it is often challenging to do so.)

>

> I appreciate that some of your words and feelings may come from Fear and deep sadness but projecting rage at us is not going to help you heal that.

>

> I appreciate your honesty and actually being Truthful with how you feel. It is a relief for me as I have felt this projected at us for some time.

>

> While you continue to project rage and anger at Peter and I, we do not want to see you. When there is a sincere desire or emotional change in this we will be very happy to see you again.

>

> From

>

> Eloisa

>

> P.S. Me\_\_\_\_is welcome to come and visit if she wishes, as is James.

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>

**Subject:** RE: reply

**Date:** 31 August 2012 6:23:38 PM AEST

**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

Perhaps emails are not good communication devices. I am not in a rage or angry. Your email seems raging, presumably not? I was angry when I received your previous email but not a rage more I have had enough because of frustration that you whom I do love but often do not necessarily like, should be being so so hurt at present by AJ. I am worried for your sanity and health. I'm not projecting anything onto AJ. I can't work him out, I cannot believe he is evil but if he is not he is possessed. I'm not minimising your feelings I just feel you are very vulnerable and at risk. I will continue to hold you with love, knowing Christ will ultimately watch over you. And just pray the damage will not be too severe. xx (no not condescending to the interviewer nor only accepting what fits my picture, simply not gullible)

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>

**Subject:** reflections

**Date:** 1 September 2012 12:50:05 PM AEST

**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

It's a beautiful sunny morning here, hopefully with you too. Eloisa I'm not 'in a rage', this isn't really common parlance it's AJ talk along with "unloving". I'm sad because what was probably an inevitable rift has occurred. I don't want to be at odds with you. You say we notice '(presumably you and Peter?) that I am accepting readily that which I already believe and disregard or reject what doesn't fit my picture. In the area of AJ's teachings this is true totally.

In other areas of my life I am a constant student. I've been reflecting on what this means. I think it's because one's 'religious' beliefs or codes for existence are something that may evolve over time or may be projected from the parents during childhood and then have to be accepted or rejected or modified as one becomes a thinking adult....or not some people just don't seem to think about it at all. My beliefs were free and searching until I was 30, then I found embraced totally believed and rejoiced in becoming Christian. my gift from God from the ascension of Christ within. Since then I have read ,and met anthroposophy and formed my belief system.

When you began your search with AJ, I was, am interested in his teachings and of course do exactly as you say(accept what I believe reject what I do not), because he is not imparting any new information merely his belief system and views of it. Of course within his teachings there are things he knows in depth that I know but in less depth, obviously.

AJ and I have a base opposing view so whilst many things he says I agree with its at the next level that I dont. possibly its like a Church of England Christian and a Jew, That I dont take on his views is surely understandable. I am nearly 60, and have worked on my relationship with God and Christ for 30 years, hopefully I am not sanguine that I change with the wind! That you have a different ' religion' to me is imaterial(sp?) it is your sadness constant state of fear and pain caused to your family that concern me. xxxx

**From:** [jacqueline coxtaylor <jcoxtaylor@hotmail.com>](mailto:jcoxtaylor@hotmail.com)  
**Subject:** Thankyou  
**Date:** 2 September 2012 11:54:00 AM AEST  
**To:** [Eloisa Lytton-hitchins <eloisalh@gmail.com>](mailto:eloisalh@gmail.com)

Sitting researching for my studies I now am conscious to challenge "do i see this as relevant because it fits my view already and am I giving other views an open hearing".  
Thankyou. x

> **From:** [eloisalh@gmail.com](mailto:eloisalh@gmail.com)

> **Subject:** text

> **Date:** Wed, 26 Sep 2012 16:55:38 +1000

> **To:** [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)

>

> Hi Jackie

>

> I felt you wanted to manipulate me and it felt like you were angry at me with your text today, 'a pity you are too busy to see M\_\_\_\_. We will be so close at midday. She is very disappointed' like I wasn't making enough effort or something and that I ought to be.

>

> I don't doubt M\_\_\_\_'s disappointment and I am sorry it didn't work out for me to see her as I would have liked to.

> I had made other plans and it just didn't work out today.

>

> I am sure you knew some days before that you were coming down this way and if you had really wanted to we could have organised something en-route or return with M\_\_\_\_. For what ever reasons that did not happen. and this time it did not work out impromptu.

>

> I hope and would really like to see M\_\_\_ soon.  
>  
> From  
>  
> Eloisa

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:** RE: text  
**Date:** 26 September 2012 10:07:39 PM AEST  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

No i was not trying to manipulate you. Me\_\_\_ had texted we hoped to meet you at 1 pm, to which you replied you would be busy from one onwards, so it seemed reasonable perhaps she could have seen you for the hour before.

You are correct we knew when we were travelling back from Sydney. i had suggested to Alan we contact you to meet for coffee or similar. He didn't give an answer, immediatley he needed to think, he is not sure of his welcome at the farm. I know I would not come to the farm, but it also seemed too silly to travel so close. Coffee or similar in Uralla seemed a nice simple way to catch up. But i also realised you may not wish to see me at all, which I would accept, but of course you have no issues with me\_\_\_. She cannot get to the farm unless we bring her so we have to take advantage of any times we are near. Don't second guess me, I have written my concerns, I know what i wrote hurt you. I don't wish to do that, some was reaction to the veiled strong and also open criticisms i have received from Peter.

the rest is my view of "The divine love path' and the rest is simply concern for you. But having said it i now am just accepting and working with love as one does in any situation where loved ones don't do what one feels is wise. (If you see what i mean!) Me\_\_\_ was disappointed, she hates the difficulties, she is an extremely loyal sibling, as indeed is J\_\_\_, yes Im very defensive for them, they don't get the recognition from their Drysdale siblings that they would like deserve, perhaps this is just simply because they were not raised in the same household, who knows i dont. There dont seem to be rules for such situations. All I know is my 5 dont have the discrepancy of half siblings.but as I said perhaps that is totally due to being raised together. with love jackie

**From:** [eloisalh@gmail.com](mailto:eloisalh@gmail.com)

**Date:** Thu, 27 Sep 2012 08:21:26 +1000  
**To:** [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)

Hi Jackie

I still feel there are strong negative feelings coming from you towards me as well as towards Peter. From your emails I feel you don't agree with this and that you feel that I have no idea about what you feel, I also feel you get irritated at me. I don't presume to know how you are feeling Jackie all I am stating in my emails is how I feel and what I feel/ felt when I receive correspondence from you. I don't claim to be right, but it is what I feel. I appreciate when you do tell me how you feel.

I didn't feel I was 'second guessing' you in anyway and I felt sort of like there was a threat coming towards me about doing so.

I find it interesting that you wrote 'I know what i wrote hurt you. I don't wish to do that, some was reaction to the veiled strong and also open criticisms i have received from Peter.' It seems to me that you feel it is okay to openly attack Peter for some reason when to me it is not okay to attack anyone, though I have tacitly agreed with it in the past (and at times I still do) for the sake of keeping 'peace' and relationships together. I am endeavoring to not do this any more.

I Don't feel you are sorry for how you treated us or even realise how you come across at times and the above comment to me feels like a justification for the reasons about why you said what you said and somehow it is okay to treat us as you did. I don't feel the same way.

' I now am just accepting and working with love as one does in any situation where loved ones don't do what one feels is wise.' This to me feels like I am not doing what you want me to do and what I am doing is wrong in your opinion. I appreciate that you feel this way and I feel differently to how you feel.

Yesterday for me just didn't feel right. I didn't want to rush. Dad not choosing to contact me and taking time to think was his choice and that obviously influenced the event also, I appreciate that is his choice, I am not responsible for his choices or anyone else's but my own. Once again I am sorry it didn't work out and at the same time I am glad that I did what I felt was right for me.

As I said to dad last night in an email I still do not have much desire to spend time with you personally due to your treatment of Pete and myself and the feelings that I feel are still coming towards me from you at this time. I am happy to see you when you desire to work through some of these things though.

Go well Jackie.

From

Eloisa

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:** RE: text  
**Date:** 27 September 2012 9:39:44 AM AEST  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

Thankyou, I have no problems with you not wishing to see me ,apart from sad ness, but as you say things change people change.

I don't have strong feelings of negativity towards you at all, concern yes . Yes i am very concerned about the 'DLP' and very sad how much it has harmed all your familial relationships. I don't harbour anger to you about this, just concern and i have tried by reading about it to see if I can feel ok about it. A lot of fits a lot of recent research ,

findings and are accommodated within my own philosophy, but then there is just this big difficulty with identity and so much personal development stuff that to me is too self focussed .

When you don't feel ok about me 'attacking' Peter , whilst I understand this, he is your husband. I also think that grossly unfair. Is he allowed to be rude and criticise me, on all occasions I meet him and communicate with him and i am to say nothing.? Like you I in the past for the sake of relationship, allowed the criticisms and accepted his rudeness, but as you maintain it is essential to be clear and honest about what one feels, I have expressed them. It was when i was writing about the DVD on abortion etc. To which I had very strong feelings, and felt, no longer could I just let this doctrine be seen as ok in my eyes.

It just is so judgemental and not at all my concept of Christ's messages and free will. Prior to that I realise I was trying to sit on the fence, and keep the relationship. I am sorry if you feel I have negativity towards you I don't. I realise its always difficult to separate negativity towards ones friends family beliefs etc from what are feelings towards oneself. But thats how its is. I did feel angry with you when you made Alan very very hurt, but soon realised like with the children I teach , there is always a cause, and as he is now able to be objective about it , i just feel sad and concerned.

This is also a good learning curve, 'letting' go, not holding on to people 'hearing' what one has to offer. Usually I can do as Steiner suggests, 'wait to be asked'. Presumably like always he had very good reasons for this advice! Keep well Eloisa, enjoy this beautiful life, look at all criticism you have of people closely usually some of it is what bothers you about yourself. {yes I know I have to do it to , we all do) with love jackie on a purely whimsical note, remember I am meant to be evil I am a stepmother :) !

**From:** [eloisalh@gmail.com](mailto:eloisalh@gmail.com)

**Subject:** reply

**Date:** Thu, 27 Sep 2012 13:18:09 +1000

**To:** [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)

Hi Jackie

**On 27/09/2012, at 9:39 AM, jacqueline coxtaylor wrote:**

Thankyou, I have no problems with you not wishing to see me ,apart from sad ness, but as you say things change people change.

I don't have strong feelings of negativity towards you at all, concern yes . Yes i am very concerned about the 'DLP' and very sad how much it has harmed all your familial relationships. I don't harbour anger to you about this, just concern and i have tried by reading about it to see if I can feel ok about it. A lot of fits a lot of recent research , findings and are accommodated within my own philosophy, but then there is just this big difficulty with identity and so much personal development stuff that to me is too self focussed . When you don't feel ok about me 'attacking' Peter , whilst I understand this, he is your husband. I also think that grossly unfair. Is he allowed to be rude and criticise me, on all occasions I meet him and communicate with him and i am to say nothing.? **No I don't think you should say nothing. I feel it is good to be honest about how you feel. The issue I have is when the feelings are projected at another person rather than owned and worked through by the person themselves. I feel the issues you have with Pete are merely triggering feelings in you that originated from other sources and Pete is exposing those in**

you. His behaviour was not loving on a number of occasions though I didn't feel he did this on 'all occasions you met him' and I am only aware you felt this way from this email. Peter and I have talked about this.

Like you I in the past for the sake of relationship, allowed the criticisms and accepted his rudeness, but as you maintain it is essential to be clear and honest about what one feels, I have expressed them **Thank you for expressing your feelings I really appreciate it.** It was when i was writing about the DVD on abortion etc. To which I had very strong feelings, and felt, no longer could I just let this doctrine be seen as ok in my eyes. It just is so judgemental and not at all my concept of Christ's messages and free will. Prior to that I realise I was trying to sit on the fence, and keep the relationship. I am sorry if you feel I have negativity towards you I don't. I realise its always difficult to separate negativity towards ones friends family beliefs etc from what are feelings towards oneself. But thats how its is. I did feel angry with you **okay** when you made Alan very very hurt, **I cannot agree with this statement. I did not make dad very, very hurt. From what you say Dad felt very very hurt by what I said but I am not in control of anyone else's feelings. I do not doubt that he felt this and I do feel sad for his pain. It is up to dad to feel through what he feels though, I am not responsible for his feelings though I have taken that responsibility in the past and he has in the past made me liable for his feelings also. It is interesting that he has had little desire to actually communicate with me or talk to me about anything and has opted not too. That is his choice. And it is interesting that you wanted to be angry at me for upsetting dad. The things I am feeling now, I do not blame you for the way I feel, it is how I feel and I need to work thorough those feelings and I am very clear of this within myself.**

but soon realised like with the children I teach , there is always a cause, and as he is now able to be objective about it , i just feel sad and concerned. This is also a good learning curve, 'letting' go, not holding on to people 'hearing' what one has to offer. Usually I can do as Steiner suggests, 'wait to be asked'. Presumably like always he had very good reasons for this advice! Keep well Eloisa, enjoy this beautiful life, look at all criticism you have of people closely usually some of it is what bothers you about yourself **I agree with this point.** {yes I know I have to do it to , we all do) with love jackie on a purely whimsical note, remember I am meant to be evil I am a stepmother :) !

Once again Go Well Jackie and we will see what the future holds, smile.

From

Eloisa

**From: jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>**

**Subject: RE: reply**

**Date: 27 September 2012 4:16:34 PM AEST**

**To: Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>**

yeah ok you didnt make Alan feel hurt, he just was, due to the estrangement between you etc. And yes i agree one has to look at ones own feelings and triggers, there are also codes of conduct. You have them, you refer to everything as loving or unloving, I have a code of conduct that involves reverence and respect. Possibly they could fit into loving and unloving if unpacked. Sometimes criticisms are veiled. Sometimes one asks'why did

someone do or say something what was their intent.' In fact in my job its what I do all day, ask what is behind a behaviour. What can seem innocent may have an ulterior motive possibly not conscious to the person or receiver.

We just got our weekly visit from B\_\_\_, a Jehovahs witness, she delivers booklets which i read mostly and chats, she knows we have a different perspective but keeps coming ... I think when ones spiritual faith is ones total direction its inevitable it affects interactions . Perhaps its lack of opinions, because for your faith you dont have to decipher what it all means as you have AJ in the flesh. for the rest of us we have Christ in the etheric and thus cant have such explicit answers as AJ can give you.Perhaps this is why I found Peter rude, he is sure of his answers?

(and I felt between the words feeling ulterior motives) Oh well it all stops brain atrophy ! Now imust get back to an assignment on communication between parents teachers and other professionals! x1

**From:** [eloisalh@gmail.com](mailto:eloisalh@gmail.com)

**Subject:** Re: reply

**Date:** Thu, 27 Sep 2012 18:19:59 +1000

**To:** [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)

**On 27/09/2012, at 4:16 PM, jacqueline coxtaylor wrote:**

yeah ok you didnt make Alan feel hurt, he just was, due to the estrangement between you etc. And yes i agree one has to look at ones own feelings and triggers, there are also codes of conduct. You have them, you refer to everything as loving or unloving , I have a code of conduct that involves reverence and respect. Possibly they could fit into loving and unloving if unpacked. Sometimes criticisms are veiled. Sometimes one asks'why did someone do or say something what was their intent.' In fact in my job its what I do all day, ask what is behind a behaviour. What can seem innocent may have an ulterior motive possibly not conscious to the person or receiver.

We just got our weekly visit from Babs, a Jehovahs witness, she delivers booklets which i read mostly and chats, she knows we have a different perspective but keeps coming ... I think when ones spiritual faith is ones total direction its inevitable it affects interactions . Perhaps its lack of opinions, because for your faith **Just wanted to let you know I am not following any religion or faith ( I would like a rule book but unfortunately there is not one, smile). I am interested in creating a relationship with God. AJ is a friend of mine. I am interested in finding out about Divine Love and Divine Truth and God and to be honest, anyone can do this and they can be totally alone to do it. If there is any faith/ religion I endeavour to follow it would be 'the one true religion' which is Love. I don't claim to be an expert and I am finding many things that are not loving within me. I hope that in the future this will be different. From Eloisa**

you dont have to decipher what it all means as you have AJ in the flesh. for the rest of us we have Christ in the etheric and thus cant have such explicit answers as AJ can give you.Perhaps this is why I found Peter rude, he is sure of his answers?

(and I felt between the words feeling ulterior motives) Oh well it all stops brain atrophy ! Now imust get back to an assignment on communication between parents teachers and other professionals! x1

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:** RE: reply  
**Date:** 27 September 2012 10:48:58 PM AEST  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

i dont agree x

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:** RE: reply  
**Date:** 1 October 2012 3:37:48 PM AEST  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

Needed longer to ponder. i watched a you tube of AJ the one shown fairly recently at Kyabra. AJ was talking abot the benefits of learning to love God. It made it clearer to me what the essence of difference is. He is old testament. Just as are the Jehovahs Witnessses. He is stuck in the physical. Prior to the mystery of Golgotha, it was the way of the world. one had one's earthly life and one's connection to God. but God was thought of as a being and a judgemental one. the laws were all laws of retribution.

People acted out of fear and there were events they believed were punishments. The Jehovahs witnesses still believe God will judge and are intent on collecting together those who will be saved. At Golgotha Christ's death and resurrection changed everything. Christ no longer was going to rely on being here in the physical to help people and teach them, instead everyone of us received in our souls a piece of Holy spirit 'Christ within' that we may be helped and know God and find the answers from within.

AJ suggesting he is Jesus is a backward step. In a life time even with internet he cannot reach everybody so he becomes selective elitist, it would be a massive task to reach everyone on this earth . which is why with the earth so populated its only possible with 'Christ within' God is not elitist. AJ also talked about how to love God, and kept saying 'most people don't know.... ' which is judgemental but also untrue because if you look around you can see love everywhere. And statistically there are more Christians than DLP followers. its finding ones connection to Christ within that is paramount and much of what you need to discover about the history is written in the New Testament. creating pockets of paradise is a good individual way to begin "from big things little things grow..." but getting into the world and being of service..... it's not enough to focus on one's own development , or is it, just loving someone and doing nothing Ok. wouldn't that be considered a narcissistic parent, if one loved one's children but only thought about oneself?

You said you don't have a rule book, but you listen to AJ as if he were the oracle, presumably because you believe he is Jesus. (interesting he says Jesus not Christ. Jesus was only human he only became Christ and thus different for a very short time on the earth.), When i listen to AJ. I find some stuff i agree with some is interesting and some i dont same as when I read or listen to anybody. What I do notice is he is judgemental and

tends to suggest most people are wrong or stupid, yet the people I know don't think the way he suggests most people think. obviously move in different circles.

I must discover how to reply the way you do , it's clever and conservative :) Are you enjoying the Queen's jubilee? with love jackie

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>

**Subject:** just a question

**Date:** 23 October 2012 9:42:47 PM AEDT

**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

Dear Eloisa, Your dad received your long email.I just wondered what made you comment on my childhood and how you are able to form an opinion of it? I'm sorry you are still struggling, A\_\_\_ has recently had grief counselling,with respect to his Dad dying.

it helped , he had held a lot of feelings from the separation and emigration. Some people manage to work this sort of stuff out alone but many need professional help. Perhaps it would help you? . A\_\_\_ is here from Ireland, which is lovely, he was surprised to see H\_\_\_ so changed. with love Eloisa, this was meant to be a single question so I will get on with assignment creating now x

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>

**Subject:** blame me not my parents

**Date:** 25 October 2012 12:20:12 AM AEDT

**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

I have read your letter i know its is not addressed to me but the impact was sufficiently ... . devastating. Obviously in the most part its nothing to do with me,I am sad and have been so since you first communicated your feeling around your child hood. from the outside you seemed a sunny little girl. yes I understand the efforts one can put in to being what someone else wishes us to be. I did this in my relationship to Roger. due to my first love which was with a much older man.

However my tendency for 22 or so years was not due to my childhood. If you see me in a negative light its not reflective of my childhood. I was never punished or belittled as a child by my parents. my mum parented , that' s what she did whole heartedly. And my dad never pretended to do anything but work and support her. he loved me unconditionally even though I made choices which would have been very difficult for him.

if anything is a hang up with me from those early years it was my inability to speak articulate feelings and thoughts I am articulate but quite often putting feelings and intuitions into words takes time. this was I think due to being a totally different thinker to my peers possibly because I spent a lot of time with my grandfathers and several other elderly gentlemen . I really would prefer you keep all negative thoughts about me and the way I am as my fault don't blame my parents, they have expected nothing of me obligation wise.

Eloisa I am sad we don't at present have a relationship with you, That you have stuff to sort through I respect. I have looked into your new philosophy (AJ) and as you know some of what he says resonates with me and some doesn't at all. You say I should apologise to Peter, but I apologise to you for hurting you.

Peter, well it was in response to considerable rudeness over time on his part. perhaps you did not know , well you did know some because I asked you about it and you suggested I talk to him which I did and he was very offensive. So really Eloisa, that is just as it is. As your husband I can care for Peter, but I was not being true to myself by allowing him to what tantamounts to bully me! He and I have no history, its as it is. you talk a lot about loving yet also a lot about blame do they go together? I do not condone any form of punishment, imposed consequence belittling or degradation of children child abuse is abhorrent.and there are many ways children are abused ,somehow looking back doesn't really help, what helps is protecting the next generation and healing where we can.

( please be vigilant of your beautiful children with the comings and goings on your property, I must say I was concerned by the young mans revelations at the mediumship night) you think the love is not there between us because we are at odds for me that is not the case, that is one thing I learnt from my Dad, love is such a big feeling it can cope with disappointment anger even not being totally reciprocated in the way one would like. love is a gift and it just is. Liking however is quite different! :) possibly this you will experience at some point first hand. teenage children sometimes are not very likeable but you will always love them.

Enjoy C\_\_\_\_s birthday. with love and I do miss the friendship xjackie

p.s. I do understand your feelings of wanting to be special to Alan, I could see that, but was it there before he left to go to Holland or was it because he left and you thought you had to do something to keep his love. I think that is common with children separated from their parents. They dont feel able to just take it for granted anymore

**From:** [eloisalh@gmail.com](mailto:eloisalh@gmail.com)  
**Subject:** Re: blame me not my parents  
**Date:** Fri, 9 Nov 2012 03:43:22 +1100  
**To:** [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)

Hi Jackie

I have responded to an email you sent some time ago. My answers are in pink.

**On 25/10/2012, at 12:20 AM, jacqueline coxtaylor wrote:**

I have read your letter i know its is not addressed to me but the impact was sufficiently ... . devastating. Obviously in the most part its nothing to do with me,I am sad and have been so since you first communicated your feeling around your child hood. from the outside you seemed a sunny little girl. yes I understand the efforts one can put in to being what someone else wishes us to be. I did this in my relationship to Roger. due to my first love which was with a much older man.

However my tendency for 22 or so years was not due to my childhood. If you see me in a negative light its not reflective of my childhood. **It is interesting that you are so defensive**

of your childhood. I was never punished or belittled as a child by my parents. my mum parented , that' s what she did whole heartedly. And my dad never pretended to do anything but work and support her. he loved me unconditionally even though I made choices which would have been very difficult for him. if anything is a hang up with me from those early years it was my inability to speak articulate feelings and thoughts I am articulate but quite often putting feelings and intuitions into words takes time. this was I think due to being a totally different thinker to my peers possibly because I spent a lot of time with my grandfathers and several other elderly gentlemen . I really would prefer you keep all negative thoughts about me and the way I am as my fault don't blame my parents, I was not blaming your parents, merely saying where I see your actions and beliefs originating from, their actions and beliefs would have originated from somewhere also - their parents and so on and so on. My 'negative thoughts' about you are actually my feelings and observations about what has taken place between us and your actions including the way I have been treated by you or observed you treating others. they have expected nothing of me obligation wise.

Eloisa I am sad we don't at present have a relationship with you, it is going to be difficult to have a relationship until these issues are resolved or there is a desire to actually sincerely look at and work through them. That you have stuff to sort through I respect. I have looked into your new philosophy (AJ) and as you know some of what he says resonates with me and some doesn't at all.

You say I should apologise to Peter, but I apologise to you for hurting you I don't feel you are truly sorry for hurting me actually Jackie, as your behaviour and responses towards me actually don't feel that sorry, and you seem quite happy to continue to treat me in the same way and justify it to yourself under the guise of love and concern for me. I didn't say you 'should' apologise to anyone, I said that you hadn't apologised and that to me that indicated that you felt your actions were justified and that you don't feel you have anything to apologise for. Peter, well it was in response to considerable rudeness over time on his part I feel this is an example of your justification of your actions - you felt he was 'rude' to you so that allows you to project rage and anger at him about it. I don't feel that poor treatment of another person is okay. .

perhaps you did not know , well you did know some because I asked you about it and you suggested I talk to him which I did and he was very offensive I suggested you talk to him as I feel that it is the best way to deal with something is with the person it concerns and you were saying things to me that really I felt you needed to address with Peter. I find it interesting that you found him offensive when he was actually saying how he felt and how he saw things. I can see how his tone and manner during 'the last supper' conversation may have been uncomfortable (we talked about this and what was going on for him) but what he was saying I felt had validity and was actually true in my experience. Your response to him was condescending, minimising of my experience and also justifying Dad's behaviour. I can see how you may not want to see what was really going on as it brings up a lot of painful feelings. your comment 'we only know their accounts of their truths. We don't know otherwise' suggests that really you don't believe what I say and what I feel is of no consequence or concern and has no relationship to dad what so ever. I feel you feel that my issues do not relate to dad. I do not agree with this at all.

. So really Eloisa, that is just as it is. As your husband I can care for Peter I don't feel you do actually care for peter very much. Your actions would suggest otherwise, but I was not being true to myself by allowing him to what tantamounts to bully me! I appreciate you felt this way though I find it interesting that when someone challenges you around things

that you prefer not to look at yourself or hear what they are saying and get very defensive and angry and attack them back. Maybe because some of what they say brings up feelings that are 'uncomfortable' and getting defensive and angry is easier than feeling them? He and I have no history why should this make a difference in how we treat or feel about people?, its as it is. you talk a lot about loving yet also a lot about blame do they go together?

I feel this has more feelings with it than you are writing here. I am not sure to what you are referring to here specifically. but I will add something here I feel I would like to clarify. I do not feel love and blame go together. I do talk a lot about love and loving and I feel I am in a process of discovering what that means in a real way as God sees love. I do not claim to be loving all the time or to love all the time. I feel I have a lot to learn and much to work through within myself to become loving and as God created me to be but I want to love and know what real love is and feels like and how it acts.

I talk about blame as far as I am aware in context to how I feel and I own that I do have blame towards people and I do not feel that is loving but it is how I feel and I see I need to look at and work though that to forgiveness and at that point love will exist in the place of blame. That is a process that I am working towards. I also think I have talked about how I have felt blamed and been made liable for others feelings and that is how I have felt and so that is what I have talked about. I am not sure what you were getting at by the question.

I do not condone any form of punishment, imposed consequence belittling or degradation of children child abuse is abhorrent. and there are many ways children are abused ,somehow looking back doesn't really help, what helps is protecting the next generation and healing where we can I feel you have to look back to be able to heal and move forward. In my experience looking back is hugely beneficial and helpful. LIVING IN the past or living IN emotions is not helpful (feeling them IS helpful), and even that happens automatically in my experience if I do not look back and work through the issues that are in the past that are directly and negatively affecting my entire life now. if I don't deal with what has happened to me in the past and the causes of those things they will happen again and again.

I can see they already have under some circumstances and I can see the intergenerational injuries clearly that have occurred due to NOT dealing with the past and what has happened at the causal level. the more I heal the better it will be. As for 'protecting the next generation' to be quite honest this can only happen by healing the past. If we do not deal with why we want to abuse, punish, degrade, belittle, and harm -especially children- and deal with the causes that create these behaviours nothing is really going to change. it might get masked for a time or intellectually changed under certain circumstances but the damage remains..

( please be vigilant of your beautiful children with the comings and goings on your property, I must say I was concerned by the young mans revelations at the mediumship night) you think the love is not there between us because we are at odds for me that is not the case it is not because we are at 'odds' Jackie that I do not feel you love me. I just don't feel love from you towards me and your actions have demonstrated this to me., that is one thing I learnt from my Dad, love is such a big feeling it can cope with disappointment anger even not being totally reciprocated in the way one would like. love is a gift and it just is I agree Liking however is quite different! I don't know what you mean or intend by this statement. I don't get how you can love someone and not like

them. It feels off to me and has since I was very small since I heard someone else say something similar. it does not make sense to me. Are you also saying that you don't like me? I feel it is unclear your statement and it is loaded with more that has not been written. :) possibly this you will experience at some point first hand. teenage children sometimes are not very likeable but you will always love them I don't agree. Enjoy Charlies birthday.

with love and I do miss the friendship xjackie p.s. I do understand your feelings of wanting to be special to Alan, I could see that, but was it there before he left to go to Holland or was it because he left and you thought you had to do something to keep his love. It has always been this way. Dad set it up that way from when I was very tiny. He wanted a 'special' relationship to avoid all the feelings he did not get met by his wife, (and avoid really feeling how it actually felt with his mother and what his mother had created, I believe). Instead he replaced that relationship with his daughter without the physical sex. I feel you had some strong feelings about the relationship dad and I had. I think that is common with children separated from their parents. They dont feel able to just take it for granted anymore it was hard to take anything for granted because there was nothing really certain. it was mostly volatile and felt extremely unsafe.

From

Eloisa

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:** RE: blame me not my parents  
**Date:** 10 November 2012 8:23:37 PM AEDT  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

Dear Eloisa, ok perhaps you are right, you see me as reactive I see Peter and the people at the meeting having intent behind their speech , and think Goethean speech would be good for them to look at. I don't disagree with looking at the source but I see a danger staying there too long . And life is ones own journey blame is a waste of time .

experiences are throw our way because we attract them and need them to become who we will become. Its not what happens to us but what we do with it. I hope this path will eventually bring you what you want . With love Jackie ( oh I didn't mean to confuse you, possibly I should have said like what people do and how they behave perhaps it is there actions but I have also experienced not liking people in the moment and I definitely didn't stop loving them ..haven't you ever disliked a family member even for a short while?)

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:** RE: blame me not my parents  
**Date:** 11 November 2012 5:54:22 PM AEDT  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

Since Friday morning I have operated in a 'fug', a bug of some sort ,which after a great massage has lifted and I have revisited my emails which I should not have answered.

Eloisa, if you are trying to be offensive you are succeeding, however, it doesn't alter the way I feel about you merely saddens me. You are Alan's daughter, I have loved you since you were 6, thus it remains. I find your superior attitude and unkindness to people intolerable, but as you are responsible and only you for the way you chose to live your life and respond to the challenges of your life, I can only continue to believe that everything is as it should be and you will eventually find peace. My love to you.

I am always here for you if ever you wish the contact or if I can help in any way. I see little point in the conversations as have passed recently and can only suggest you look at your motivations and also remember what we see in others is often a reflection of ourselves. Carefully read what you have said to me, you will see a lot of projection and assumption. x  
jackie

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>

**Subject:** nice song x

**Date:** 17 November 2012 9:34:38 PM AEDT

**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

Lyrics :-)

Every generation  
Blames the one before  
And all of their frustrations  
Come beating on your door

I know that I'm a prisoner  
To all my Father held so dear  
I know that I'm a hostage  
To all his hopes and fears  
I just wish I could have told him in the living years

Crumpled bits of paper  
Filled with imperfect thought  
Stilted conversations  
I'm afraid that's all we've got

You say you just don't see it  
He says it's perfect sense  
You just can't get agreement  
In this present tense  
We all talk a different language  
Talking in defence

Say it loud, say it clear

You can listen as well as you hear  
It's too late when we die  
To admit we don't see eye to eye

So we open up a quarrel  
Between the present and the past  
We only sacrifice the future  
It's the bitterness that lasts

So Don't yield to the fortunes  
You sometimes see as fate  
It may have a new perspective  
On a different day  
And if you don't give up, and don't give in  
You may just be OK.

Say it loud, say it clear  
You can listen as well as you hear  
It's too late when we die  
To admit we don't see eye to eye

I wasn't there that morning  
When my Father passed away  
I didn't get to tell him  
All the things I had to say

I think I caught his spirit  
Later that same year  
I'm sure I heard his echo  
In my baby's new born tears  
I just wish I could have told him in the living years

Say it loud, say it clear  
You can listen as well as you hear  
It's too late when we die  
To admit we don't see eye to eye

**From:** [eloisalh@gmail.com](mailto:eloisalh@gmail.com)  
**Subject:** reply to out of 'fug' email and in 'fug' email  
**Date:** Mon, 19 Nov 2012 16:56:10 +1100  
**To:** [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)

Hi Jackie

I am not sure what I have done to cause 'offense' or why you find me so 'offensive'. I am also at a loss as to why you feel I have a 'superior attitude' and am 'being unkind'. I don't doubt you feel these things. For me I am not sure why you say this when all I have done is state my opinion, thoughts and feelings, you do not have to agree with me and I am not asking you to agree with me. By your responses it feels to me you completely do not agree with me.

I feel quite dumfounded by some of your comments Jackie.,

'I see little point in the conversations as have passed recently I wondered if you saw such little point why you continue to reply to me? and can only suggest you look at your motivations you obviously feel I have some...'carefully read what you have said to me ,you will see a lot of projection and assumption'. it feels to me as if you have 'heard' very little that I have said over the last while. It also feels like you want to have some sort of 'say' in my life about what I should and shouldn't do and the way I ought to be doing it. I feel like you are 'telling me off' that I am somehow 'wrong' and 'bad' for what i have done/said/written. I find this interesting and confusing as I cannot see why I am so 'bad' in your eyes, or what I have done that is so wrong?

also remember what we see in others is often a reflection of ourselves. ' This comment I agree with.

from Eloisa

Your second email:

Since Friday morning I have operated in a 'fug', a bug of some sort ,which after a great massage has lifted and I have revisited my emails which I should not have answered. Eloisa, if you are trying to be offensive you are succeeding, however,it doesn't alter the way I feel about you merely saddens me. You are Alan's daughter, I have loved you since you were 6, thus it remains. I find your superior attitude and unkindness to people intolerable, but as you are responsible and only you for the way you chose to live your life and respond to the challenges of your life, i can only continue to believe that everything is as it should be and you will eventually find peace. my love to you. I am always here for you if ever you wish the contact or if I can help in any way.I see little point in the conversations as have passed recently and can only suggest you look at your motivations and also remember what we see in others is often a reflection of ourselves. carefully read what you have said to me ,you will see a lot of projection and assumption. x jackie

your first email:

Dear Eloisa, ok perhaps you are right, you see me as reactive I see Peter and the people at the meeting having intent behind their speech , and think Goethean speech would be good for them to look at. I don't disagree with looking at the source but I see a danger staying there too long . And life is ones own journey blame is a waste of time agreed, it is a waste of time. I am finding that it is much better to just feel how horrible it feels to have someone treat you badly and wrongly. The person who usually perpetuates actions that are nasty usually doesn't want to take any responsibility for them so getting upset and blaming really does waste time and is totally unhelpful. It doesn't change that fact that I have blamed and still fall into blaming at times before looking at myself. . experiences are throw our way because we attract them and need them some experiences I don't think that anyone 'needs'. I know that they happen but often I feel we would have been better

off without them. I feel that saying that we 'need them to become who we will become' justifies the action when often I don't feel it is justifiable and I feel in many cases the actions are harmful and wrong. I totally agree that we 'attract events' and they shape us into who we are at any given time. I also trust that I can change at any given time also. to become who we will become. Its not what happens to us but what we do with it. I hope this path will eventually bring you what you want . With love Jackie ( oh I didn't mean to confuse you, possibly I should have said like what people do and how they behave perhaps it is there actions but I have also experienced not liking people in the moment and I definitely didn't stop loving them in my experience the moment I don't like them I have no love for them in that moment. I may like them again moments later, but not in the moment when I feel dislike for them.so in that moment they will feel no 'love' or warm feelings from me...haven't you ever disliked a family member even for a short while?yes and during that time there is no love coming from me towards them. This changes as my feelings change in my experience.. )

PS thanks for the song

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:** RE: reply to out of 'fug' email and in 'fug' email  
**Date:** 19 November 2012 5:38:34 PM AEDT  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

Im not cross with you and Im sorry if you feel told off!

The conversations are adult to adult no hierachy! Love for me is not transient. Perhaps emailing is a bad communication tool. It's what we do in life with what we have that counts, I didn't necessarily mean there are not other ways we could achieve had things been easier. But in my experience we only get what we can cope with. Everyone makes mistakes ,says things they wished they hadn't, but all we can do is be as mindful and present in the moment as we can.take care of yourself. x with love jackie.(yes nice song heard it on radio its from my era!)

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:** Happy New Year  
**Date:** 7 January 2013 11:38:08 AM AEDT  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

Greetings Eloisa from not so sunny England. We enjoyed Christmas here with my mum and brothers, and now Alan is in India, M\_\_\_ and I have returned from Scotland, where she braved a New Year swim in the Clyde! and now preparing to go to France where M\_\_\_ will continue learning French and I shall write up some of my thesis. Yesterday I enjoyed reading your recent blogs, with pictures. The progress to the farm looks great and interesting. And a wonderful education for your little children. I was very pleased to feel you seem happy and peaceful.

Also , as you say I always embrace that which already resonates with me or I already believe, I was very happy to learn your philosophies on how small children learn. You may or may not be pleased to learn you have discovered for yourself Steiner's theories on how under sevens learn! And having discovered through observation and experience are at a

great advantage to those who learn it intellectually and thus have more challenge to live it !

Being here with my mum is interesting and a great learning curve, for whilst she was a committed mother, child centered and very calm respectful and patient, thus offering me an obvious role model for my own parenting.(which has been criticised as being indulgent) mum at 88 is now quite critical and from living alone a bit set in her ways, I am intent now to be less critical of the one person I do challenge which is your dad!!!

I tend to challenge his lack of participation in all things domestic, well my resolution for 2013 is I will leave him to be as he wishes, our relationship is the important factor and not where he leaves his laundry! I've enjoyed this trip , lovely to spend time with my brothers, mum and A\_\_\_ but have missed J\_\_\_ A\_\_\_ G\_\_\_ and H\_\_\_ and will be happy to be back ready for term 1 of 2013.

I wish you a happy successful new year and my prayer is that your soul journey is healing not only for you but that through your own happiness you will eventually find a relationship with your dad. (Its been a very painful experience for him, parenting is a lifelong experience!) much love to you all Eloisa, jackie

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:** RE: Happy New Year  
**Date:** 12 January 2013 9:53:51 AM AEDT  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

wow Eloisa such projection! I will reply in depth but at present my internet access is limited as I dont have a French plug. I wonder do you realise how condescending you are nowadays! x

### **Eloisa's Comment**

***Something I found really challenging with Jackie was how she went from talking about 'the weather' to attacking me and continuously seemingly to turn from one person to another.***

***It was often as if what I had said in previous emails she had not even read, or that what she had said was of no importance, as if she didn't have a clue as to how attacking she actually was being and that I should be totally okay with it. It was a perfect law of attraction and helped me to get clearer and more precise with my feelings and express them more and more clearly.***

***I also though got caught up by her manipulation techniques and I was in the addiction of wanting to 'make a point' and meeting her addiction of answering her emails, so I feel I answered way more than was loving, giving more and more opportunities to be attacked in return.***

**Subject:** Re: Happy New Year  
**From:** [eloisalh@gmail.com](mailto:eloisalh@gmail.com)  
**Date:** Fri, 11 Jan 2013 16:32:35 +1100

**CC:** [alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)

**To:** [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)

Hi Jackie and Dad (as this letter has some parts about you dad in response to some things that Jackie has said to me in a recent email.)

I am glad you are enjoying your time away.

I find it really interesting your comment about hoping I will 'eventually find a relationship with [my] dad'. It feels like your email is directed in 'showing' me that I ought to have one with him even if there are things that are unresolved at this time...

I would like a relationship with Dad. Contrary to what you may believe I am not out to 'get' dad and make him bad or make him feel bad, that is not my intention. I feel really sad about our relationship and what has happened in the past and that he feels pain (though I am not responsible for that pain). That he does feel pain and is experiencing pain is due to his own feelings and unhealed emotions.

The reason that I am not having a relationship with dad (or you) at this time is that the issues that I have raised in previous correspondences have not been acknowledged or resolved yet and it doesn't seem like they will be for some time based on the actions taken so far.

I want to have relationships where I can be myself and say what I feel and think without being barraged, condescended to, laughed at, told 'I am young and in time will understand' or have anger and rage projected at me or Peter when you don't agree, also the tacit approval of some actions taken towards me that were created by dad and mum is an issue also in having a relationship with them at this time.

I have merely wanted to be honest and truthful with how and what I feel. What I have noticed is that in me doing that it has highlighted fractures in the family that were obviously there all along and are now visibly exposed by me not 'towing the line' and not 'being who everyone wants me to be'.

Dad, you, nor anybody else has to do anything about their feelings or behaviours if they do not want to. Everyone has free will to act as they wish and do as they please. I don't actually expect you to do anything. (In the past I have dearly wanted you to change and be sorry and make things okay, I am now much more okay with it not being that way. I am learning about forgiveness - slowly - and I feel it has actually been a gift as I have much more sense of myself than I have ever had before, and I feel this will keep on growing with time.) due to this increase in sense of self, if you do want a relationship with me then some things mentioned in previous correspondences will need to be resolved and sincerely looked at, otherwise I don't feel that a relationship with me is possible at this time.

I have at times been out of line with some things - like when I have directed anger AT dad about certain things rather than just feeling the grief and sadness I hold within me, (or when I have let fear stop me from expressing myself to you Jackie), I am sad about this as I know what it is like to be on the receiving end of anger, rage and fear, and I could have chosen differently in those moments and didn't - this is something that I am looking at, Dad did not deserve my rage on quite a few occasions. At other times when I haven't

been angry and I have just said what I feel, I have been met with condescension, rage, anger, or am ignored. I find most often I am just ignored at this time.

Dad's actions have not demonstrated that he actually wants a relationship with me at this time. He is not willing to talk to me and has not called or written to me since I wrote him my letter some months ago which demonstrates to me his lack of desire to do so. By his actions I don't think he wants to discuss the issues I raised in my letter at this time. I know dad well enough to know that when he wants to do something he does it.

I also feel that there is a desire in you Jackie (and dad) to 'sweep everything that has been said and happened under the carpet' so to speak. To make it all nice. I can't do that anymore. I am happy to have a relationship with you and dad but not as it has been and not where things are 'all okay' and 'forgotten' when they are not resolved, dealt with or even acknowledged. When they are dealt with or sincerely being looked at, I am sure it will be possible to have a relationship that I suspect will be quite different to what we imagine a 'good' relationship to be at this time. I suspect it will be much better than I can possibly imagine.

Also I will reply and continue to bring up the issues that I feel are important to look at in order for me to have a relationship with you every time you contact me. I feel this is the best course of action as generally it is the first thing I think of when I hear from you guys, so in my opinion I feel it is best to work those out first.

I feel maybe that as well as you feeling you challenge dad that you are also challenged by him. (in regards to your comment Jackie about clean houses and relationships.) Hope you go well with that this year.

For the record I have never been against Steiner in anyway. If anything i have made it 'the best education system in the world' to get dad's approval. I don't actually think it is the best in the world though I do feel there are many wonderful aspects and ideas in it and am happy to embrace those as I am happy to embrace many things from different sources/places. Some of Steiner's and other's ideas and concepts are beautiful and I feel that they could be explored even more fully and further so they are even more beautiful.

I feel there are so many unknown amazing things about education that are just waiting to be uncovered and that each of us in our souls if we are passionate about children have so much to find out and give. I feel excited about that. I don't feel that we 'need' anyone else to tell us how or what is best or right (maybe God I am feeling that I do actually need God (not needily) but that 'with God's love all else [is possible and] will be given to me) as I feel that these things will change with time and experience (that doesn't mean I don't feel that people who have knowledge and experience are not great resources and people who can be learned from it is just that I feel that often I have relied upon people or those I have perceived as 'more knowledgable than I am' and am now realising that it is my experience from which I learn the most. I don't have to try to know. (I felt condescended to by your comment Jackie.)

I am not sure about what you mean by 'parenting is a life long experience'. was this a loaded comment? I am not sure how dad needs to do any parenting with me anymore. Though I feel there are things to heal with the parenting that has been done.

I feel there is a huge investment for both you and dad in being a parent and a 'good' parent. I feel Dad has a huge investment, many expectations and demands in me being

HIS daughter and a huge investment, expectations and demands in him being MY parent and in being a 'GOOD' parent. I used to think he was the best parent ever, then I thought he was a terrible parent as far as being a physically present parent though I still loved and thought he was a great man, so I haven't always thought he was a good parent, though my definition has been off too and I know I am not a 'good' parent though I dearly want to be thought I am. I too have huge parental investments in the children in our care and I can see how they affect them and I feel how they have affected me. It does not feel good in any way to me on the doing or receiving end...

What you say about your mum is interesting. In my experience I suggest that the critical, set in her ways part has probably always been there, it is just more obvious in old people as they seem less likely to hide it and keep up the facade at times.

As children (what I have noticed) is that we are very willing to gloss over and ignore, or 'not see' many things that actually have always been in our parents but we really didn't want to believe were there when we were children because it would have felt too painful and turned our world's upside down, also, in my experience, children will do almost anything to get some sort of 'love' or approval so are very ready to accept 'failings' in the adults in there worlds. Or it is all 'Normal', and it is not till one has experienced other things, or has some 'distance' from situations, or just want to feel or see what it really felt like, that we see what our parents were really like. etc. etc.

Eloisa

**From:** [jacqueline coxtaylor <jcoxtaylor@hotmail.com>](mailto:jcoxtaylor@hotmail.com)  
**Subject:** RE: Happy New Year  
**Date:** 12 January 2013 10:35:55 AM AEDT  
**To:** [Eloisa Lytton-hitchins <eloisalh@gmail.com>](mailto:eloisalh@gmail.com)

**Subject:** Re: Happy New Year  
**From:** [eloisalh@gmail.com](mailto:eloisalh@gmail.com)  
**Date:** Fri, 11 Jan 2013 16:32:35 +1100  
**CC:** [alandrys29@hotmail.com](mailto:alandrys29@hotmail.com)  
**To:** [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)

Hi Jackie and Dad (as this letter has some parts about you dad in response to some things that Jackie has said to me in a recent email.)

I am glad you are enjoying your time away.

I find it really interesting your comment about hoping I will 'eventually find a relationship with [my] dad'. It feels like your email is directed in 'showing' me that I ought to have one with him even if there are things that are unresolved at this time... **not intended to show you anything on the contrary actually pleased you seem happier.**

I would like a relationship with Dad. Contrary to what you may believe I am not out to 'get' dad and make him bad or make him feel bad, that is not my intention. I feel really sad about our relationship and what has happened in the past and that he feels pain (though I am not responsible for that pain). That he does feel pain and is experiencing

pain is due to his own feelings and unhealed emotions. *express my heart felt feeling wishing you were able to find between you a relationship. Not able to really comment on your childhood experiences but obviously have seen first hand your dads pain.*

The reason that I am not having a relationship with dad (or you) at this time is that the issues that I have raised in previous correspondences have not been acknowledged or resolved yet and it doesn't seem like they will be for some time based on the actions taken so far. *You cannot presume to control this eloisa, I agree and understand your wish to express what comes up for you but it works both ways , as you write quite critically and harshly why do you feel i cannot say what i feel at any time. They are not necessarily on going feelings, I dont feel any thing particularly negative towards pete at present and towards you I merely feel you seem to presume to have the 'right' answers*

I want to have relationships where I can be myself and say what I feel and think without being barraged, condescended to, laughed at, told 'I am young and in time will understand' or have anger and rage projected at me or Peter when you don't agree, also the tacit approval of some actions taken towards me that were created by dad and mum is an issue also in having a relationship with them at this time.

I have merely wanted to be honest and truthful with how and what I feel. What I have noticed is that in me doing that it has highlighted fractures in the family that were obviously there all along and are now visibly exposed by me not 'towing the line' and not 'being who everyone wants me to be'.

Dad, you, nor anybody else has to do anything about their feelings or behaviours if they do not want to. Everyone has free will to act as they wish and do as they please. I don't actually expect you to do anything. (In the past I have dearly wanted you to change and be sorry and make things okay, I am now much more okay with it not being that way. I am learning about forgiveness - slowly - and I feel it has actually been a gift as I have much more sense of myself than I have ever had before, and I feel this will keep on growing with time.) due to this increase in sense of self, if you do want a relationship with me then some things mentioned in previous correspondences will need to be resolved and sincerely looked at, otherwise I don't feel that a relationship with me is possible at this time. *How can you expect this, I think we an only expect to change ourselves.*

I have at times been out of line with some things - like when I have directed anger AT dad about certain things rather than just feeling the grief and sadness I hold within me, (or when I have let fear stop me from expressing myself to you Jackie), *I wish you had been honest i never knew you were frightened of me and until i expressed my dislike for peter's behaviour you never gave any intimation of it or dislike which is somewhat concerning were you always pretending?* I am sad about this as I know what it is like to be on the receiving end of anger, rage and fear, and I could have chosen differently in those moments and didn't - this is something that I am looking at, Dad did not deserve my rage on quite a few occasions. At other times when I haven't been angry and I have just said what I feel, I have been met with condescension, rage, anger, or am ignored. I find most often I am just ignored at this time.

Dad's actions have not demonstrated that he actually wants a relationship with me at this time. He is not willing to talk to me and has not called or written to me since I wrote him my letter some months ago which demonstrates to me his lack of desire to do so. By his actions I don't think he wants to discuss the issues I raised in my letter at this time. I know dad well enough to know that when he wants to do something he does it. *I wil have*

to let him respond to that, but i dont thi nk its indicative of lack of thought or willing, hes drafted many unsent letters.

I also feel that there is a desire in you Jackie (and dad) to 'sweep everything that has been said and happened under the carpet' so to speak. To make it all nice. I can't do that anymore. I am happy to have a relationship with you and dad but not as it has been and not where things are 'all okay' and 'forgotten' when they are not resolved, dealt with or even acknowledged. **Thats fair enough but relationships dont always keep digging the same hole either some live more in the moments.** When they are dealt with or sincerely being looked at, I am sure it will be possible to have a relationship that I suspect will be quite different to what we imagine a 'good' relationship to be at this time. I suspect it will be much better than I can possibly imagine.

Also I will reply and continue to bring up the issues that I feel are important to look at in order for me to have a relationship with you every time you contact me. I feel this is the best course of action as generally it is the first thing I think of when I hear from you guys, so in my opinion I feel it is best to work those out first.

I feel maybe that as well as you feeling you challenge dad that you are also challenged by him. **Obviously, relationships of soul partner variety have many challenges.**(in regards to your comment Jackie about clean houses and relationships.) Hope you go well with that this year.

For the record I have never been against Steiner in anyway. **I never for one moment thought you were i was simply noticing how you had arrived at a similar point to him over some issues without actually studying him!** If anything i have made it 'the best education system in the world' to get dad's approval. I don't actually think it is the best in the world though I do feel there are many wonderful aspects and ideas in it and am happy to embrace those as I am happy to embrace many things from different sources/places. Some of Steiner's and other's ideas and concepts are beautiful and I feel that they could be explored even more fully and further so they are even more beautiful.

I feel there are so many unknown amazing things about education that are just waiting to be uncovered and that each of us in our souls if we are passionate about children have so much to find out and give. I feel excited about that. I don't feel that we 'need' anyone else to tell us how or what is best or right (maybe God I am feeling that I do actually need God (not needily) but that 'with God's love all else [is possible and] will be given to me) as I feel that these things will change with time and experience (that doesn't mean I don't feel that people who have knowledge and experience are not great resources and people who can be learned from it is just that I feel that often I have relied upon people or those I have perceived as 'more knowledgable than I am' and am now realising that it is my experience from which I lean the most. I don't have to try to know. (I felt condescended to by your comment Jackie.) **Not intended obviously what you draw towards you.**

I am not sure about what you mean by 'parenting is a life long experience'. was this a loaded comment? **No, my experience is its life long as a feeling** I am not sure how dad needs to do any parenting with me anymore. Though I feel there are things to heal with the parenting that has been done.

I feel there is a huge investment for both you and dad in being a parent and a 'good' parent. I feel Dad has a huge investment, many expectations and demands in me being HIS daughter and a huge investment, expectations and demands in him being MY parent

and in being a 'GOOD' parent. I used to think he was the best parent ever, then I thought he was a terrible parent as far as being a physically present parent though I still loved and thought he was a great man, so I haven't always thought he was a good parent, though my definition has been off too and I know I am not a 'good' parent though I dearly want to be thought I am. I too have huge parental investments in the children in our care and I can see how they affect them and I feel how they have affected me. It does not feel good in any way to me on the doing or receiving end...cant comment on Alans parenting skills to you ,only know how he feels. And of course how he parented J\_\_\_ and M\_\_\_ As for me well its the most important job i will ever do or have done, and of course im still learning.

What you say about your mum is interesting. In my experience I suggest that the critical, set in her ways part has probably always been there, it is just more obvious in old people as they seem less likely to hide it and keep up the facade at times. Possibly so sometimes, but my picture of mum is i have seen the changes and a lot is to do with loneliness, living alone and sore knees(stop her walking fast) and yes she is the only one who can change those things, but she wasnt like that at all , its sadness that has brought it.

As children (what I have noticed) is that we are very willing to gloss over and ignore, or 'not see' many things that actually have always been in our parents but we really didn't want to believe were there when we were children because it would have felt too painful and turned our world's upside down, also, in my experience, children will do almost anything to get some sort of 'love' or approval so are very ready to accept 'failings' in the adults in there worlds. Or it is all 'Normal', and it is not till one has experienced other things, or has some 'distance' from situations, or just want to feel or see what it really felt like, that we see what our parents were really like. etc. etc. Whilst i agree with this as a generalisation , I have spent a long time with therapy and education and done a lot of work on my own life, this is an area where you seem to think Eloisa that only you and AJs path have the knowledge answers etc. Well, i did have sufficient connection, and am chuffed to have worked out your strategy of response with a different colour. Did the books arrive ok? much love jackie

Eloisa

**Subject: Re: Happy New Year**

**From: Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>**

**Date: 13 January 2013 5:21:57 PM AEDT**

**To: jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>**

**On 12/01/2013, at 9:53 AM, jacqueline coxtaylor wrote:**

wow Eloisa such projection! I will reply in depth but at present my internet access is limited as I dont have a French plug. I wonder do you realise how condescending you are nowadays! x

Hi Jackie,

I am wondering what did you feel I was projecting at you? and please would you clarify specifically where I have been condescending so I can look into it further, Thank you.

Eloisa

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:** Happy Birthday  
**Date:** 17 January 2013 9:24:27 AM AEDT  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

happy Birthday dear Eloisa. we sent you a n sms, but it failed. we are in snowy france. I also have a card to post but cant get through the snow to post it!!! xxxjackie&M\_\_\_\_\_

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:**  
**Date:** 24 January 2013 10:33:03 PM AEDT  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

Hello Eloisa, M\_\_\_\_\_ and I arrived back from our travels this morning to warm sunshine , we left snow and cool in Paris! Eloisa you can certainly never be called predictable. I had no idea when I opened my parcel that it would contain your christmas gift!

The letter really gave me no clues, I don't know the protocol for returned gifts. No one has ever returned one before! I'm left second guessing your reason.

- A. you dislike me so much you couldn't bear to read it.
- B. you believe like the Jehovah's witnesses that christmas is not a celebration .(this would be surprising Ive had lots of friends who are Jehovahs witnesses and although they don't celebrate in the same way they accept gifts because of the essence and in the same way a christian might accept an offering from a Buddhist or Islaam).
- C. you are intent on hurting my feelings.
- D. You just don't want a book of beautiful pictures.

As I said I m guessing. But if its C. well I'm not hurt, I don't know what I do feel. I would have been surprised 18 months ago, because the old you thought of other peoples feelings and the results of your actions on other peoples feelings. I'm not criticising you its an observation. It does make you less kind and nice, but perhaps you feel to discover the you, you want to be you have to be self centered. Well whatever your reason Eloisa,I'm sure you had an intent of some sort ,,just what is the question. I'm pleased the children and peter liked theirs. I was happy with my selection, I thought I had tuned in to peoples interests....? With love jackie

**Subject:** gift  
**From:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>  
**Date:** 25 January 2013 12:31:23 PM AEDT  
**To:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>

Hi Jackie

I had no 'intent' of any sort sending the gift back. As I said in the note, I am grateful for your thoughtfulness and thank you I am sure it would have been a beautiful book, as the children's and Pete's books were. I just felt really uncomfortable receiving a gift from you when I received it so I sent it back. I am still not entirely certain as to why I felt that way but I did and I am honouring my feelings about it. Once again thank you for thinking of me.

On 24/01/2013, at 10:33 PM, jacqueline coxtaylor wrote:

Hello Eloisa, Mehitabel and I arrived back from our travels this morning to warm sunshine , we left snow and cool in Paris! Eloisa you can certainly never be called predictable.

I had no idea when I opened my parcel that it would contain your christmas gift!

The letter really gave me no clues, I don't know the protocol for returned gifts.

No one has ever returned one before! I'm left second guessing your reason.

A. you dislike me so much you couldn't bear to read it.

B. you believe like the Jehovah's witnesses that christmas is not a celebration .(this would be surprising Ive had lots of friends who are Jehovahs witnesses and although they don't celebrate in the same way they accept gifts because of the essence and in the same way a christian might accept an offering from a Buddhist or Islaam).

C. you are intent on hurting my feelings.

D. You just don't want a book of beautiful pictures. As I said I m guessing. But if its

C. well I'm not hurt, I don't know what I do feel. I would have been surprised 18 months ago,

because the old you thought of other peoples feelings and the results of your actions on other peoples feelings.

I'm not criticising you its an observation. It does make you less kind and nice, but perhaps you feel to discover the you, you want to be you have to be self centered.

Once again Jackie your comments are harsh and I just don't understand how you can say 'I'm not criticising you' and then make a very critical comment and not get that you have just been critical. I realise this is what you feel but in my experience when we say 'I am not..., or I don't mean to...' often it is exactly what we are doing. I often am very confused as to who will show up with you Jackie. Well whatever your reason Eloisa, I'm sure you had an intent of some sort ,,,just what is the question. I'm pleased the children and peter liked theirs. I was happy with my selection, I thought I had tuned in to peoples interests....? With love jackie

Hope getting ready for school goes well for you and you have a great year with the kids at school.

Eloisa

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>

**Subject:** RE: gift

**Date:** 25 January 2013 10:45:26 PM AEDT

**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

Thankyou for the reply. And When I said I'm not criticising you then said something you feel harsh, its because I'm trying to explain I'm not experiencing negative feelings about you at the time, nor feeling hurt simply stating an observation. if I had felt angry or hurt i would have said so, I don't, puzzled because I did not want to second guess if there was an agenda.

Possibly critiise doesn't mean the same thing to us both. Critiising to me has feelings behind it, a judgement . whereas statements even negative ones are not necessarily loaded with feeling simply observations.

When I wrote negatively to you about Peter DLP. AJ etc( the first negative time) I was angry I did feel hurt by Peter and also concern for you . my children were criticised and I was blamed for their supposed flaws. i was also angry when you suggested my parents inflicted stuff on me( and you still try to suggest it). but apart from the letter which I bluntly attacked you Peter and DLP I have never actually written if I'm hurt or angry I've, looked at why I feel anything and then been able to just debate.

I am sorry I wrote when I was upset , I should have expressed how I felt when I was at the farm , but I don't process quick enough. You often write offensive statements to me and your Dad, why are you surprised if I am candid with you?Isn't it honesty you want. I think sending back a gift is unkind, but it doesn't make me stop liking or loving you, perhaps it's dishonest, but I receive many gifts i don't like , so I just pass them to someone who does like them, and like knowing the original giver wanted to give me a gift. perhaps the feeling you felt was guilt? could it be you feel uncomfortable because you don't believe I still love you because we write critical , harsh statements to each other. Eloisa , if I didn't love you I would simply stop communicating.

It would be so much easier if we had the many words for love Christ had, like the Russians have many for snow.Love ..... I work daily with children who I love ... their behaviours are totally anti social, I am married to a man I love very deeply but in the past I have hated his behaviour, I was married to another one I love him too, but I had to move away from him to become myself . I love my Mum, and sometimes its hard to like her but I just have to remember when it began to be difficult with her and why and realise its often explosions because she loves me misses me and so desperately wants me back in the UK.( she doesn't berate me she's just 'short' ) I know people come into my life because I have things to learn from them, often what most annoys me is what is mirrored from me.

The sure thing to make me angry is anyone hurting or criticising my children, because I think they are wonderful and I'd do anything to keep them safe and happy. I also really love that they get along together so well and choose to socialise together, I am quite happy not to do the same stuff as them it's lovely just knowing they get along. On the welsh dresser is a photo of you with M\_\_\_ on your back, I love the way you are enjoying each other. J\_\_\_ and M\_\_\_ love having the big family and enjoy the times with both sets of siblings. M\_\_\_ hates the situation between you and your Dad and I. J\_\_\_ never says much. He simply said he didn't like AJ so went to play on the field with his niece and nephews when we had the meal at the homestead. he said AJ made him feel very uncomfortable. (this I found interesting, they had no one to one contact)

But it was his feelings so... Eloisa, (apart from THE letter) I don't have an agenda, I don't feel my feelings have hanged toward you , I 'm sorry the relationship is difficult, but as I've said before I don't experience stopping loving just because one doesn't like what someone does. I hope this makes sense!

You want an honest relationship with people, you want to honour your feelings, this is ok but it does mean you will receive similar, if you act on your feelings and don't consider the other persons feelings, presumably its reciprocal ? If you criticise or state your opinions that opens up for reciprocation? Steiner suggests one should wait to be asked, ie "Do you like my hat?" its then ok to say no. Obviously we all have opinions on other people's behaviour and even discuss it, at what point do we tell the person? presumably if we always operate in love we look at why we want to say something to the person, for their

benefit? our own agenda, fear"? Mindfulness is the act of examining why one is saying something, looking at ones agenda. What is one hoping to achieve? Any way I've probably babbled enough. We now have cyclone Peter !!! :)  
with love jackie

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:** a\_\_s birthday  
**Date:** 26 January 2013 9:42:17 AM AEDT  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

hello Eloisa, i have just ordered a gift for A\_\_'s birthday. it will come direct from Deals direct. It will be early but I thought i had better get on to it otherwise it would be late like the others! we willl send the card trying to arrive nearer the 24th x Jackie

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:**  
**Date:** 7 March 2013 8:41:47 PM AEDT  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

**From:** jacqueline coxtaylor <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>  
**Subject:**  
**Date:** 7 March 2013 8:44:44 PM AEDT  
**To:** Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

this is the other half of an article that I thought you may find interesting, it supports some of your view but has another element which i think is more loving and from the heart. x

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## DENTAL TARTAR

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*Dental tartar* is a hard, yellowish deposit on the teeth, consisting of organic secretions and food particles deposited in various salts, such as calcium carbonate. See **TEETH PROBLEMS** and add that this indicates an accumulation of negative thoughts to the point of becoming bone weary.

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## DEPRESSION

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### PHYSICAL BLOCK

I refer here to *clinical* or *chronic depression*. For depression that is short-lived or the result of reaction to sad or difficult situations, I suggest you refer to the sections on **ANGUISH, ANXIETY** or **AGORAPHOBIA**.

Common symptoms of depression include loss of interest and lack of pleasure in normal everyday activities, a feeling of hopelessness or despondency associated with exhaustion or loss of energy, loss of concentration, feelings of indifference, disinterest, discouragement, withdrawal and preoccupation. The depressive becomes completely self-absorbed and feels no need for help from others. They feel others should change, not themselves. Serious depression can lead to suicidal thoughts. Depression is often misdiagnosed as burnout, so read **BURNOUT** to know the difference.

## EMOTIONAL BLOCK

If you are experiencing depression, realize that it is a state of mind to which you retreat in order to escape the feeling of pressure, especially emotional pressure. After many years of careful observation, I have determined that most depressive people carry unresolved issues with opposite-sex parents. This explains why it is very common to blame their spouses for their depression. The resulting torment the spouse goes through was meant for the parent. By refusing to get help, you continue to feed the monstrous frame of mind a steady diet of bitterness and hatred that builds and increases the weight of the depression. This cloud of accumulated destructive thoughts and emotions becomes heavier and heavier.

The depth of emotional wounding determines the depth of the depression. Wounds of rejection, abandonment, humiliation, betrayal, or injustice set the stage for tremendous mental upheaval, especially if experienced in isolation. As young children, depressives had no one to talk to, to hear their questions and to share their anguish. If they do not learn to trust others, they will continue to withdraw and deny their desires.

### MENTAL BLOCK

Since a depressive person doesn't want to be helped, it's usually the people close to them that want to help. If you are one of these people and have someone close to you who is depressive, I suggest you be quite firm with them. Tell them they are the only one capable of digging them-

selves out of the pit they dug for themselves and, thereafter, stop trying to solve their problem.

**Note to the depressive:** The most important thing for you to realize is that the depression is a result of tremendous emotional wounding, when young, on the deepest level - the level of BEING. You refuse who you are. You reject yourself and believe you are unlovable and unworthy because of the profound rejection of someone you loved and trusted. We all need nurturing and need to trust someone completely. If those needs are violated through rejection or abandonment, we will naturally be bitter, as we feel intensely alone and afraid. If you can understand that the parent or loved one that you feel rejected you was coming from their own pain and rejection, if you can learn to see them as fellow human beings and have compassion for them, you will have taken the first step toward your own recovery. It wasn't a lack of love that caused them to reject you; it was their own wounded inner child that made them unable to express their love.

By connecting with the inner child of the person who hurt you, you will find that you are able to forgive them. The next important step is to get in touch with your own inner child and to forgive it for being angry and bitter. Love this child unconditionally to begin the healing process.

The final step is to talk openly with the person who hurt you about what you have felt. Tell them how you have carried all this pain inside, talk about the anger and the bitterness without judgment or accusation. (See the steps of forgiveness at the end of this book.) Once you have expressed your feelings, reconnect with your own

self-worth. If this is difficult for you, ask others close to you to show you your positive attributes. It may seem superficial at first, but you will slowly begin to feel validated.

If you have been having suicidal thoughts, there is a part of you that wants to die in order to make room for a healthier, more vital part of you - your true self. You are confusing the part of you that wants to die with yourself.

#### **SPIRITUAL BLOCK AND CONCLUSION**

To uncover the spiritual block that keeps you from responding to the needs of your BEING, refer to the "KEY QUESTIONS" at the back of this book. In answering these questions, you will come in touch more easily and accurately with the true cause of your physical problem.

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#### **DIABETES**

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#### **PHYSICAL BLOCK**

*Diabetes* is a disturbance in the metabolism from lack of insulin secreted by the pancreas, or from its inability to function normally. 85% of adults diagnosed with diabetes are overweight.

#### **EMOTIONAL BLOCK**

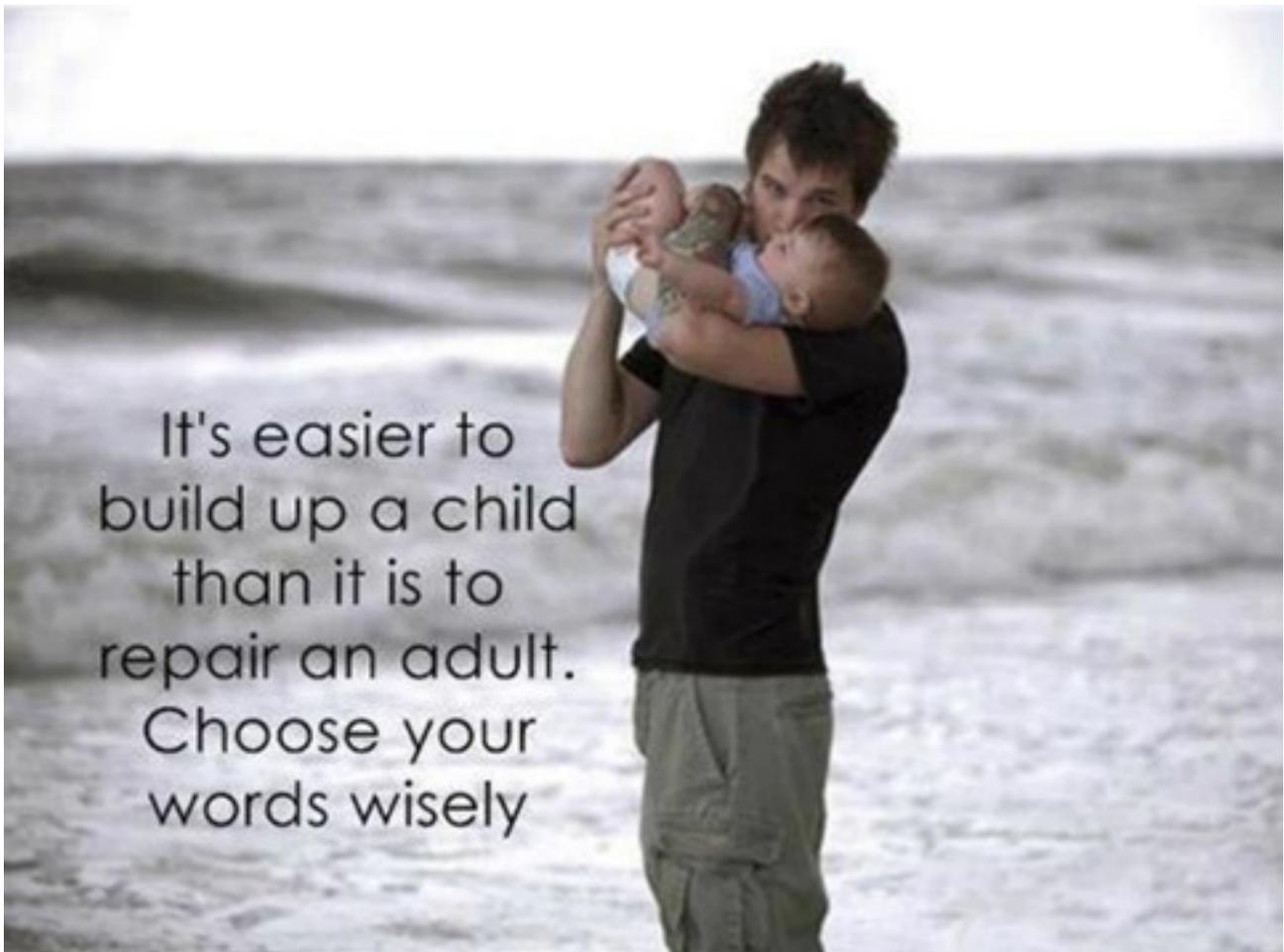
The pancreas is the gland linked with the solar plexus, which deals with emotions, desires and all intellectual activities. Pancreatic disorders indicate imbalance on the

From: [jacqueline coxtaylor <jcoxtaylor@hotmail.com>](mailto:jacqueline_coxtaylor@hotmail.com)

Date: 20 February 2013 10:43:25 PM AEDT

To: [Eloisa Lytton-hitchins <eloisalh@gmail.com>](mailto:eloisalh@gmail.com)

Hello Eloisa, This photo made me think of you. and it follows thoughts I have had repeatedly recently of how much I miss our friendship and seeing you all x



**Subject: Re:**  
**From: Eloisa Lytton-hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>**  
**Date: 13 March 2013 1:25:31 PM AEDT**  
**To: [jacqueline coxtaylor <jcoxtaylor@hotmail.com>](mailto:jcoxtaylor@hotmail.com)**

Hi Jackie

Thanks for the article. There were some interesting points I thought. Which element did you think was "more loving and from the heart than 'my view'?" I was also wondering what you felt 'my view' is.

Hope the first term is going well for you all up there.

Eloisa

PS I am still interested in your feedback to the email from france where you said:

'wow Eloisa such projection! .... I wonder do you realise how condescending you are nowadays! x' ( email dated 12 Jan 2013 in response to my email dated 11 Jan 2013)

You never responded and I would be interested in the exact parts that you felt I was condescending and what I was projecting at you, if you feel like letting me know.

**Subject: RE:**

**From:** [jacqueline coxtaylor <jcoxtaylor@hotmail.com>](mailto:jcoxtaylor@hotmail.com)

**Date:** 13 March 2013 11:06:26 PM AEDT

**To:** [Eloisa Lytton-hitchins <eloisalh@gmail.com>](mailto:eloisalh@gmail.com)

Hello Eloisa, I'm glad the article actually got to you I tried unsuccessfully to send it to my friend who is suffering depression and even though I sent it in two halves it never managed to get through. The part I felt differed to your view was the need for the wounded party(you) to feel compassion for the offender(your dad), it says you can forgive them by getting in touch with your inner child. its not reliant on the offender doing anything, otherwise its like your view of telling the offender how it was for you but without 'judgement or accusation'. i think your view is what AJ has sown which is a resentment to the offender.

I also think, (which may of course not be the case as I am not fully informed) that the DLP, seems to particularly blame some parents particularly those of females, which then puts male spouses in a stronger position as they don't seem to suffer so much. Pete seems to have been granted with having had a parent induced pain free childhood, and in the case of your friend who had the 'argument at your luncheon, her husband seemed ok yet after 5 years she was still suffering, and AJ seems OK yet Mary still suffers. Obviously I possibly only know this handful and of the many others perhaps its not the case. Just an observation, but is it a male superior thing?

I thought I replied to the email more fully after the brief French message. its difficult now to know exactly what I was referring to, but possibly its just good to know whatever offends you most is probably because its mirrored in oneself. And whilst you rightfully don't like being talked down to or feeling your Dad or I imply because we are older we know more, its also true you also only have your own views and your truths, ....

As we haven't seen A\_\_\_ C\_\_\_ or I\_\_\_ for quite a while now is it possible to have a little written catch up on their activities and a photo? We miss them.

Love to you Eloisa. x

**Subject: views**

**From:** [Eloisa Lytton-hitchins <eloisalh@gmail.com>](mailto:eloisalh@gmail.com)

**Date:** 14 March 2013 1:55:31 PM AEDT

**To:** [jacqueline coxtaylor <jcoxtaylor@hotmail.com>](mailto:jcoxtaylor@hotmail.com)

**Cc:** [Alan Drysdale <alandrys29@hotmail.com>](mailto:alandrys29@hotmail.com)

Hi Jackie

Thanks for the clarification on your views about my view.

I feel that I really need to clarify with you about a couple of things that you feel are 'AJ influenced'. I feel from what you say that you have mis interpreted and not actually got what Jesus' teachings are really about for some reason. What you say I can see how you have come to these views and conclusions if you are basing it on my personal actions, but I am really sorry if it is through my actions and my error that you are making these judgements about AJ and the Divine Love Path as they are false. If it is for other reasons it is also false. The actual Divine Love path and AJ's teachings do not teach or even encourage what you are claiming at all.

I personally have issues, judgements, can be blaming, accusatory, and hold resentment (just to use your words) I am aware around some issues - some related and some not related to you or dad personally - but I do hold these feelings within me and I am aware of that. (If you take my actions as perfect examples of Jesus' teachings then you will be getting a very bad example and mis representation of the actual teachings. I suggest you listen and watch the Youtube videos for yourself to find out the real teachings and God's Truths -they are truly life changing and incredibly beautiful.)

All the 'negative' you seem to see is not part of the teachings that Jesus is bringing to the world (He does say to heal these feelings so that we do not act them out towards ourselves or others any more and so that love can flourish in the world rather than fear, anger, hate, rage and pain.) Your statement 'i think your view is what AJ has sown which is a resentment to the offender.' Is not what AJ sows. AJ talks about forgiveness, Divine Truth (God's Truth), Divine Love (God's love) and teaching a method on how to personally connect with God (amongst a whole heap of other beautiful truths). He is very firm in healing resentments and lovingly interacting with others ALWAYS and in my experience he lives this by example.

From what you say in this email I see I fall far short from being a good example of Jesus' beautiful teachings. I feel that you have got a completely wrong interpretation of the teachings he is bringing to the Earth and for that I feel really sorry for mis interpreting 'the path' or the teachings, as I feel it is such a beautiful journey towards God that everyone on the planet could potentially engage in if they wanted to and it brings such joy and wonder to our lives if we allow God's love in.

In regards to myself I feel what I have said to you and dad has been truthful to my personal feelings but not always loving especially to dad. I can see how you feel I have no compassion for dad. At times this is true and at times this is totally not, I really feel for many harmful things that have happened to dad in his life. I can see why dad has behaved how he has under certain circumstances, i suppose for me I have been told to accept that and disregard my own feelings and make dad and mum feel good rather than being honest, this has caused me much emotional pain.

To be honest Jackie the responses I have received from you and dad completely disregard my experiences, feelings and things that happened to me. I feel you don't believe me and you want me to make things all okay between us, brush a whole heap under the carpet and make it better (that is what I feel). I don't feel encouraged to speak openly, truthfully and frankly about my feelings, thoughts, beliefs and experiences. I also don't think about all these things all the time but they do come up from time to time to indicate to me that they are unresolved and that there are still parts and aspects of the same issue for me to feel through and release.

I have been angry, fearful and it would not have felt good to be on the receiving end of that. I have not always acted ethically as I have not treated dad as I would like to be treated. I have things yet to forgive and that will happen when I experience the pain fully. I trust this. It is a process for me and I don't always get it right and I don't do it well often, this is not an excuse as every harmful act I have taken causes me pain and I know I will need to repent and I am very aware of many of my own actions and have much to heal within me. I want to reiterate this is ME though and my issues not anyone else's.

**On 13/03/2013, at 11:06 PM, jacqueline coxtaylor wrote:**

Hello Eloisa, I'm glad the article actually got to you I tried unsuccessfully to send it to my friend who is suffering depression and even though I sent it in two halves it never managed to get through. The part I felt differed to your view was the need for the wounded party(you) to feel compassion for the offender(your dad), it says you can forgive them by getting in touch with your inner child. its not reliant on the offender doing anything, otherwise its like your view of telling the offender how it was for you but without 'judgement or accusation'. i think your view is what AJ has sown which is a resentment to the offender. As said above AJ has not sown that. When I have had conversations and been angry or unloving to dad or anyone for that matter he has consistently pulled me up about it and how that is my issue to work through. He is pretty amazing in how firmly he stands for Love and Truth with EVERYONE!

I also think, (which may of course not be the case as I am not fully informed) that the DLP, seems to particularly blame some parents particularly those of females, I don't agree with this comment at all. Everyone has issues with their parents/guardians (who ever was the major influences in childhood) just because they were the ones who were there and the child spent the most time with, thus they were the most influential to the child's early development and often the behaviour was less than loving and taught the child many things that are in error with God's view. We don't have to hold on to this if we are humble and willing to feel through the pain and just allowing it out in the moment then it heals, unfortunately mostly we were shut down as children from fully expressing our emotions in the moment and as adults we are not humble and instead hold onto the pain and hurt which just creates more pain and hurt in my experience.

Also acts taken towards the child by parents at times are very much out of line but as a child it is usually un acceptable to rage at the parent as they then punish you in some way so you learn not to actually put the 'blame' for want of a better word, with the one who did it.

I don't see it as any different as if an adult smacked you in the street, I would say 'wow that person hit me' and if I was upset for a time I would be upset with them not my husband or children as they didn't do it. As a child if your parent hit you you are usually not allowed to yell and scream at them without getting another 'hit' ( that is an extreme example, but transfer it to emotions also.)

We are taught to 'love and 'obey' our earth parents no matter what' when sometimes they are highly hypocritical and perpetuate violence towards us. If we haven't put the event with the perpetrator when we were children at some point we will go through a process where this does happen rather than take it as something inherently wrong with our selves ( I talk about my self here, others may have different experiences). I think it would be better to wholeheartedly teach our children to love and obey God and teach them to connect with God's love that would be amazing for the child and the earth!! which then puts male spouses in a stronger position as they don't seem to suffer so much. Pete seems to have been granted with having had a parent induced pain free childhood, I don't agree with this. The men you speak about Peter and R\_\_\_ didn't disclose their feelings and experiences to you and also the women - K\_\_\_ and I have held onto the emotions and feelings rather than feeling through them, thus the taking such a long time and no changes.

AJ has emotionally healed much of the his error from childhood and Mary I feel is quite different now also. I suppose this is the beauty of actually growing towards God, everyone changes and grows if they have a pure desire to do so. Often we so badly want to avoid

our emotional pain or the potential of pain that we prefer to stay stagnant and holding the resentments.

Obviously there are many who don't act in love or truth and claim to be on the Divine Path but their actions demonstrate that actually they want to harbour their pain and not work through it to a more fulfilled, more joyful life. I have to say even for myself I do not live consistently the principles of love and truth or God's way (I aspire and endeavour to). I often live in fear, anger and personal pain and wish to remain there rather than move through it. I need to consistently reflect on the underlying reasons why I want to do this. But once again this is MY personal choice not the teachings of AJ and Mary.

I feel you would prefer to blame Jesus than me for some reason.

and in the case of your friend who had the 'argument at your luncheon, her husband seemed ok yet after 5 years she was still suffering, and AJ seems OK yet Mary still suffers. Obviously I possibly only know this handful and of the many others perhaps its not the case. Just an observation, but is it a male superior thing? I think this feeling is yours rather than the actuality. You have mentioned it a number of times over the course of a year or so and I suspect you have some feelings around this.

I thought I replied to the email more fully after the brief French message. its difficult now to know exactly what I was referring to, but possibly its just good to know whatever offends you most is probably because its mirrored in oneself. And whilst you rightfully don't like being talked down to or feeling your Dad or I imply because we are older we know more, I think you have more experience in many areas than I do and on many subjects I feel you both have much knowledge. What I find condescending is the feeling I get at times from you guys that I couldn't possibly know something you don't cos I am not as old as you. I personally find that people who are much younger than me are experts and know heaps more than I do. Maybe not intellectually but emotionally and often about God I feel they are often way more humble, open and real. I suppose when one is condescending we really need to ask 'why do I desire to feel superior to this person?' (me included). Its possible that someone much younger than you knows much more about you about everything!! (In the spirit world I know this to be true! I have talked to small children who know far more about God and me than I do at this time.)its also true you also only have your own views and your truths, ....

As we haven't seen Archie Charlie or Izabella for quite a while now is it possible to have a little written catch up on their activities and a photo? We miss them.

Love to you Eloisa. x

I am CC-ing this to dad also as I feel he has some similar blame towards AJ and the Divine Love Path and I feel it is most important to not mix up my error and my actions or muddle my lack of love with the beautiful teachings of Jesus.

( I am interested in what Dad actually thinks about me and this and have asked but haven't received an answer as of yet - I realise school has started so it is busy. I would much rather actually know what you think and feel than base it on assumptions. Thus asking).

What I say and do is my responsibility, my thoughts, my feelings. As said above, I am not an a very good example of living God's Way and I want to put it straight that Jesus does not teach resentment, hate, anger, punishment and the things you suggest or blame him for etc etc.

Jesus teaches what he knows and understands about God's Love and God's Truth and the method and benefits of connecting to God personally. My truth is not always The Truth and of that I am very aware, I am also not always loving which I am also very aware!

Love  
Eloisa

P.S. This is the depression article in PDF form that you sent me. If you send it to your friend she ought to be able to open it.

> **From:** [eloisalh@gmail.com](mailto:eloisalh@gmail.com)  
> **Subject:** non-visit today  
> **Date:** Mon, 13 Jan 2014 21:40:11 +1100  
> **CC:** [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)  
> **To:** **Undisclosed**

>  
> Hey Me \_\_\_\_,

>  
> I am sorry to not have seen you as you purposely pasted by this way to see me.

>  
> When you emailed I thought that there was the option of tomorrow (Tue) morning from what you said.

> That is why I emailed on Saturday to say we would be unavailable this afternoon so it was really clear and you could plan around that and if it suited you make it tomorrow morning.

>  
> You need to be really clear with what you want darling girl and tell people so everyone knows. (maybe you did but I wondered as from Jackie's text and the change of plan I wasn't sure).

>  
> Jackie is pretty annoyed/angry at me about the whole thing from the feeling in the text she sent me (not our fault). I am sorry that it got mixed up - if it did, as from the text it seemed you had planned to stay in Uralla and at the last minute decided not too.

>  
> I felt there was an expectation that I would change our plans when you called this afternoon as you and Jackie had decide to changed your plans en route. In the past I probably would have done so to avoid 'disappointing' you and Jackie. That is another reason why I sent the email on Saturday so you guys could communicate with me if need be about your plans and we could have tried to work something out. I didn't hear anything until today so assumed that tomorrow morning worked for you both.

>  
> I am sorry that it didn't work out.  
> I felt you were disappointed.

>  
> I really encourage you to ask for what you want and be really frank, clear and up front with everyone about it.

> It is okay to ask for and have what we want, I am noticing (in my experience) though that I have to ask for it rather than just expect it to happen or 'work itself out'. It saves time, energy and disappointments. On a different day it might have totally worked out - today didn't as it was pre-planned for us.

>

> Hope you are okay.  
> Love you lots,  
>  
> Love  
> Eloisa  
>  
> PS thanks to everyone for the gifts.  
> PPS I will send this to Jackie as well as she is mentioned here also (I found a contact address)

**jacqueline <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>**

**To: [eloisalh@gmail.com](mailto:eloisalh@gmail.com)**

**RE: non-visit today**

**14 January 2014 12:53AM**

Hello. Texts don't convey feelings adequately I wasn't angry with you. Frustrated yes, but more with dealing with the arrangements through a third person. As you rightly say M\_\_\_\_\_ needs to be clear about her requests. We didn't actually change our plans. I never knew when I would actually arrive at Kyabra. Having never driven the route myself before or driven in Sydney. I couldn't be accurate about time of arrival. When you chose Tuesday morning that was fine.

I thought we will get to uralkybralearningcentre by then. As it was we travelled from the airport to a motel then set off with a view to having a look at Tamworth. Well Tamworth isn't well signed we seemed to arrive and then leave, noticing nothing! So when at midday we were at the gates of Kyabra I suggested M\_\_\_\_\_ ring you to see if you were free then(perhaps your pm commitment was later).

When you weren't, free and said you were sorry then to miss us, we were a bit flat and it felt odd to think of sitting in a campsite at Uralla just waiting . I would have been happy for M\_\_\_\_\_ to just come up to the farm by herself to see you, and suggested it or that she perhaps asked to accompany you to swimming .

But she hates all the difficult feelings and declined and said let's just go. I could feel then that it's better for her to come alone, she was possibly anxious anyway about you and I together. I, suggested she talk to you to arrange about visiting you on the coach. For me I would have loved to see your beautiful children again. I feel no animosity toward you, take care x jackie

**jacqueline <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>**

**To: [eloisalh@gmail.com](mailto:eloisalh@gmail.com)**

Clarity

15 January 2014 9:11PM

Eloisa, as a mother you will identify with the bond between a mother and child ,an ability to read feelings ,of course it is also possible to misread them. M\_\_\_\_\_ is a loyal family member, she loves having 3 sisters and 4 brothers. She is only 17 and whilst strong in many ways, she is also naive, and fragile, easily hurt. She loves both you and S\_\_\_\_\_ even

though you were not raised together. You both talk to her ,write to her and intimate the feelings are mutual. Yet your actions belie this. What effort do you make to see her? She has of course had to rely on Alan and I arranging her travels,she can now independently catch public transport.

She may make arrangements to visit independently. But I am deeply concerned of your actions towards her, her body language when swimming lessons were an activity so vital they could not incorporate her, conveyed not just disappointment of not seeing you but also disappointment that she probably is insignificant to you.

I understand you feel you used to do stuff to appease and please others. I can identify with this. But don't you see it is this very fact that is so painful. You didn't want to see her. I of course could do nor say anything because voicing any empathy or sympathy would be like emphasising confirming the fact,that M\_\_\_\_\_s sister whom she adores does not care for her in the slightest.

As a mother I feel at a loss with this one how to protect my child.If she were little and being subject to this abuse I could excommunicate the offender, but she is neither child or adult ,at that very fragile crossroads and the perpetrator of the abuse is her own sister. What a mess !

jacqueline <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>

To: [eloisalh@gmail.com](mailto:eloisalh@gmail.com)

'disapproval'

6 June 2014 7:38PM

Dear Eloisa, having read your heartfelt blog on sexual abuse, the challenges presented from events in your life , I feel empathy, not disapproval as you state.

Any disagreements between us are not indicative of disapproval. yes I may have disapproved of actions you have taken recently but they are actions. It is important to separate a view of actions from a view of the person. We may not like an action a person makes ,it doesn't follow that we don't like the person.

I miss you all, hopefully you are all well and happy .We here are all in good health and busy doing the variety of activities we each are passionate about. love to you all  
xxJackie

### **Eloisa's Comment:**

***I did not reply to any of the above emails as I had gotten to the point that I didn't see any point to keep saying over and over again what Jackie did not want to hear. I blocked Jackie's emails.***

***I got tired of being attacked constantly and didn't see much point in 'battling' an abusive person who had no desire to change. I am open to absorbing A LOT of attack and abuse as can be seen in these email transactions. I am working at getting firmer from a soul perspective in no longer doing this.***

***Jackie also wrote me letters which turned into postcards so I 'had' to read them during this time, along the same vein as above, attacking, harsh and abusive, blaming me. I noticed that many came when Dad was upset about our relationship and I feel Jackie was attempting to control and manipulate me into 'coming back' and getting Dad into a 'good' space again.***

***I feel that my life is better and more enjoyable without having constantly abusive people in it. Unfortunately that has also meant that I have 'lost' my family. I am now exploring God's Truth on that matter to varying degrees of success based on my sincerity and desire.***

> From: [eloisalh@gmail.com](mailto:eloisalh@gmail.com)

> Subject: 'gifts'

> Date: Fri, 27 Jun 2014 17:35:17 +1000

> CC: [alandrys29@hotmail.com](mailto:alandrys29@hotmail.com); [robinowens@me.com](mailto:robinowens@me.com); [jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)

> To: [eloisalh@gmail.com](mailto:eloisalh@gmail.com)

>

> Hi Mum, Dad, and Jackie,

>

> The children received the gifts you sent for I\_\_\_\_'s birthday this year.

>

> I don't feel comfortable receiving 'gifts' from you guys for the kids (or me) at this time.

> They don't feel like real gifts, they feel like they have strings attached (emotionally).

>

> I feel you have a lot of emotional 'hooks' & investment into I\_\_\_\_, C\_\_\_\_ and A\_\_\_\_ as 'your' grandchildren (as you have with me as 'your' daughter) and that part of the reason for sending them things is to reinforce these attachment with them.

>

> It feels ikky to me.

>

> Your actions demonstrate that you don't really want to have anything to do with me, you don't contact the kids or us in any way except at birthday's or sometimes Christmas, and I question your intentions and motives. Your actions towards me demonstrate you don't want to deal with the issues that are still unresolved between us and the gifts often feel like a bribe with the kids.

>

> I feel to return any gifts you send to any of us at this time.

> Just wanted to let you to know so you don't waste time, money or effort in the future.

>

> Best Wishes

>

> Eloisa

jacqueline <[jcoxtaylor@hotmail.com](mailto:jcoxtaylor@hotmail.com)>

To: Eloisa Lytton-Hitchins <[eloisalh@gmail.com](mailto:eloisalh@gmail.com)>

RE: 'gifts'

27 June 2014 8:32PM

Dear Eloisa, I can't speak for Robin or Alan. I have no emotional hook into your children. just over 7 years ago I was introduced to your children, I never had any expectations, you invited me to be a grandparent. I was honoured and very happy. Spending time with them it was easy to be endeared to them, and it always seemed mutual.

I remind you ,you decided not to communicate with me, I only decided not to visit your farm. I stated I am open to spending time with all of you, but not at the farm. as you decided not to communicate with me I feel it is not right to make too much contact with your children. I would hate to compromise them , they may feel difficult relating to me knowing you disapprove of me. Birthdays and Christmases and gifting are generally a persons way of demonstrating warm thoughts for another. I would happily send to you and Peter too but you return the gifts.

The gifts for the children you will have noticed are not expensive not even always new, simply items we feel they may enjoy receiving. Perhaps to only enjoy for a short time. they do not indicate only thinking of them on birthdays, the cards are saved over time. Some items were Me\_\_\_'s and when she decides she no longer wants them, we think 'oh perhaps I\_\_\_ C\_\_\_and A\_\_\_ would like them'. because we remember how we all liked things from older relatives when we were children.

Also living remote on a farm we imagine receiving parcels to be a fun activity. I didn't know if your religion celebrates birthdays and Christmas, but felt it ok either way, as we receive parcels on friends celebratory days ,from friends who have different religious festivals to us. Eloisa, as usual it is your choice how you feel and react to what I do, but your rationale is totally your own construction.

Are you being fair to the children ?, by deciding for them are you not doing exactly what you so vehemently despise. in the guise of doing what's best for them are you really being loving or exercising control? Of course you are not being loving to me, that's ok, I accept at present the loving feelings between us are only one way. If you ever have a desire to resolve what is at odds between you and I, I am happy to engage in communication. until then my love to you all x Jackie

### **Eloisa's Comment**

***I stopped all communication with Jackie after this email. Jackie is never going to see my point of view. She wants to always have the last word and continues to attack me with her words and projections.***

***I no longer receive her emails as I have blocked them and I send any correspondence back when it comes to me.***

***I see how much I have wanted things to be different and desired to mend them, but I also see now that this is not going to happen in the near future. When***

***someone does not want to see something there is no way you can make them see until they want to. I know this from my own experience.***

***My feelings are that there are un-resolved issues with my family and until they are resolved in a real way, I do not desire to spend time with these people who are abusive, condescending, harsh and often angry to the point of raging towards me.***

***I need to get on with feeling and forgiving what has been done and seeing what happens after that.***